



Bachelor of Science in Kinesiology
 Recommended 4-Year Course Sequence
 2018-2019 Catalog



FRESHMAN YEAR

Fall				Spring			
TJC	UT Tyler	Title	Hours	TJC	UT Tyler	Title	Hours
MATH 1342		Elementary Statistical Methods	3	ENGL 1302/2311		Composition II OR Technical & Business Writing	3
ENGL 1301		Composition I	3	HIST 1302		United States History I	3
HIST 1301		United States History I	3			Creative Arts Course	3
PHED 1306		First Aid	3	EDUC 1300		Learning Framework	3
KINE 1102		Athletics Conditioning	1	KINE 2356		Prevention and Care of Athletic Injuries	3
KINE 1136		Physical Skills of Athletic Trainers	1	KINE 1103		Athletics Conditioning	1
			14				16

SOPHOMORE YEAR

Fall				Spring			
TJC	UT Tyler	Title	Hours	TJC	UT Tyler	Title	Hours
BIOL 1406	BIOL 1307/1107	Biology for Science Majors I	4	BIOL 1407	BIOL 1307/1107	Biology for Science Majors II	4
GOVT 2305		Federal Government	3	GOVT 2306		Texas Government	3
BIOL 1322		Nutrition and Diet Therapy	3	HUMA 1301		Introduction to Humanities I	3
PSYC 2301		General Psychology	3	SPCH 1315		Public Speaking	3
KINE 2101		Athletics Conditioning	1	KINE 1301		Introduction to Physical Fitness and Sport	3
			14				16

SUMMER

Summer I				Summer II			
BIOL 2401		Anatomy & Physiology I ¹	4	BIOL 2402		Anatomy & Physiology II ¹	4
			4				4

JUNIOR YEAR

Fall				Spring			
TJC	UT Tyler	Title	Hours	TJC	UT Tyler	Title	Hours
	KINE 3306	Fitness Assessment Skills	3		KINE 3311	Physiology of Exercise	3
	KINE 3334	Biomechanics and Anatomical Kinesiology	3		KINE 3112	Physiology of Exercise Laboratory	1
	KINE 3135	Biomechanics and Anatomical Kinesiology Laboratory	1		KINE 3303	Motor Development	3
	KINE 3331	Human Motor Control and Learning	3		HECC 4308	Ethics	3
	KINE 3132	Human Motor Control and Learning Laboratory	1			Cognate Selectives ³	3
	ALHS	ALHS Requirement ²	3				
			14				13

SENIOR YEAR

Fall				Spring			
TJC	UT Tyler	Title	Hours	TJC	UT Tyler	Title	Hours
	KINE 4304	Principles of Training: Endurance	3		KINE 4305	Principles of Training: Strength and Power	3
	KINE 4321	Sports Nutrition	3		HECC 4370	Internship	3
		Upper-Division Cognate Selectives ³	3			Upper-Division Cognate Selectives ³	3

		Cognate Selectives ³	4			Upper-Division Cognate Selectives ³	3		
			13				12		
							Total Credit Hours at Tyler Junior College⁴	68	
							Total Credit Hours at UT Tyler	52	
							Total Credit Hours	120	
¹ BIOL 2401 and BIOL 2402 MUST be completed prior to your junior year.									
² Allied Health Science: Choose from 3302, 3352, 3362, or 4320									
³ Cognate Selectives: Prescribed courses with advisor approval. Pre-professional students (e.g., pre-physical therapy, pre-med, preoccupational therapy) should use these hours as much as possible to complete prerequisites for post-baccalaureate professional programs. In selecting electives, attention must be given to the University's requirement of at least 42 upper-division hours for completion of a baccalaureate degree.									
⁴ This total assumes Biology for Science Majors I and Biology for Science Majors II were taken at TJC. They can be taken at either institution.									