



AS in Health Studies to Bachelor of Science in Health Sciences

Recommended 4-Year Course Sequence
2024-2025 Catalog



FRESHMAN YEAR

Fall				Spring			
TJC	UT Tyler	Title	Hours	TJC	UT Tyler	Title	Hours
MATH 1314		College Algebra	3	ENGL 1302 OR ENGL 2311		Composition II OR Technical and Business Writing	3
ENGL 1301		Composition I	3	BIOL 2402		Anatomy and Physiology II	4
BIOL 2401		Anatomy and Physiology I	4	PHED 1304		Personal/Community Health I [UT Tyler ALHS 1300]	3
PSYC 2301		General Psychology	3	PHED 1306 OR PSYC 2314		First Aid OR Lifespan Growth and Development	3
EDUC 1300		Learning Framework	3			Component Area Option Core	3
			16				16

SOPHOMORE YEAR

Fall				Spring			
TJC	UT Tyler	Title	Hours	TJC	UT Tyler	Title	Hours
HIST 1301		United States History I	3	BIOL 1322		Nutrition and Diet Therapy [UT Tyler ALHS 1315]	3
GOV'T 2305		Federal Government	3	HIST 1302		United States History II	3
PHED 1346		Drug Use & Abuse	3	GOV'T 2306		Texas Government	3
		Language, Philosophy, and Culture	3	SPCH 1321		Communication	3
KINE 1164 OR		Microbiology for Non-Science Majors OR	4			Creative Arts Core	3
			16				15

JUNIOR YEAR

Fall				Spring			
TJC	UT Tyler	Title	Hours	TJC	UT Tyler	Title	Hours
	ALHS 3302	Human Diseases	3		ALHS 3360	Principles of Com/Pub Health	3
	ALHS 3301	Environmental Health	3		ALHS 3362	Behavioral Health	3
	ALHS 4335	Global Health	3		ALHS 4326	Sexual Health	3
		KINE 3311/3112 or 3331/3132 or 3334/3135	4			Community Health SPCM Course	3
					MCOM 2311	Writing for the Mass Media	3
			13				15

SENIOR YEAR

Fall				Spring			
TJC	UT Tyler	Title	Hours	TJC	UT Tyler	Title	Hours
	ALHS 4320	Principles of Epidemiology	3		ALHS 4306	Health Care Delivery System	3
	HECC 4333	Introduction to Biostatistics	3		ALHS 4304	Needs, Processes, and Outcomes	3
	HECC 4308	Ethics	3		KINE 3315	Nutrition through the Lifespan	3
	HECC 4155	CHES Prep	1		HECC 4370	Internship	3
		Cognate Elective	4			UD Elective	3
			14				15

Total Credit Hours at Tyler Junior College 63
Total Credit Hours at UT Tyler 57
Total Credit Hours 120

Community and Health Education Track (22 Hours)

MCOM 2311 Writing for Mass Media

Choose one:

SPCM 3322 Small Group Communication

SPCM 3325 Persuasive Communication

Choose one:

KINE 3311/3112 Physiology of Exercise/Lab

KINE 3331/3132 Human Motor Control and Learning/Lab

SPCM 4326 Public Speaking

SPCM 4331 Intercultural Communication

KINE 3334/3135 Biomechanics and Anatomical Kinesiology/Lab

Cognate Electives (15 Hours)

Some options are listed below. Any ALHS, HECC, KINE, or PYED course offered at UT Tyler, and not already taken for this degree, may be utilized. (Maximum of 4 hours Fitness and Sports Activities)

ANTH 3330 Cultural Anthropology

BIOL 4300/4101 Microbiology/Lab

BIOL 4350 Immunology

COSC 3385 Database Design

ECON 4340 Economics of Growth & Development

EPSY 3340 Educational Psychology

LATN 1301 Beginning Latin

MCOM 3350 Video Production

PSYC 2320 Lifespan Development

PSYC 3311 Psychology of Gender

PSYC 4311 Abnormal Psychology

PSYC 4315 Cognitive Psychology

SOCI 3302 Deviant Behavior

SOCI 3315 Social Stratification

SOCI 3321 Multicultural Studies

SOCI 3345 Medical Sociology