

# SHELETA LEWIS, DNP, APRN, FNP-C, NRCME

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## Objective

Seeking a Nurse Educator position with a well-respected university to utilize my nursing skills and advanced knowledge, positively impacting nursing education and preparing the next generation of nurses. Pursuing an employer that fosters professional development and continuing education.

## Nursing Philosophy

My nursing philosophy focuses on adapting and meeting the students where they are. It is important to know that everyone does not learn the same way. I am very passionate about teaching. I teach with enthusiasm and a sense of purpose. I strive to role model the values of caring, diversity, inclusivity, integrity and excellence.

## Education

### **DOCTOR OF NURSING PRACTICE | MAY, 2023 | UNIVERSITY OF TEXAS AT ARLINGTON**

- Major: Family Nurse Practitioner
- DNP Project: A Cardiovascular Wellness Assessment in an Underserved African American Community

### **MASTER OF SCIENCE IN NURSING | MAY, 2013 | ALCORN STATE UNIVERSITY**

- Major: Family Nurse Practitioner
- Related coursework: Research Project: Brochure on Breast Health Among African American Women in Southwest Mississippi

### **BACHELOR OF SCIENCE IN NURSING | MAY, 2011 | ALCORN STATE UNIVERSITY**

- Major: Nursing

### **ASSOCIATES DEGREE OF APPLIED SCIENCE | MAY, 2005 | HINDS COMMUNITY COLLEGE**

- Major: Nursing (A.D.N)

## Skills & Abilities

- **PROFICIENT IN COMPUTER & TECHNOLOGY USE**
- **EDUCATIONAL PRECEPTING**
- **CANVAS AND BLACKBOARD**
- **TEAM LEADERSHIP**
- **ADJUNCT STAFFING**

## Experience

### **CLINICAL NURSING ADJUNCT- FNP|UNIVERSITY OF TEXAS TYLER| MAY 2024-AUG 2024**

- Teach on-line courses for the Family Nurse Practitioner (FNP) Program
- Evaluate student progress and provide clear, timely feedback reflecting program learning outcomes and departmental expectations
- Provide teaching and mentoring services to students
- Participate in program meetings as required

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## **FAMILY NURSE PRACTITIONER-CONTRACT | WILLOW WELLNESS | JULY 2025-FEB 2026**

- Deliver preventive care, screenings, and patient education to support wellness
- Diagnose and manage acute and chronic conditions using evidence-based care
- Prescribe and monitor medications, treatments, and diagnostic tests per protocols
- Order appropriate labs and imaging for chronic conditions

## **FAMILY NURSE PRACTITIONER| VESTA HEALTHCARE | AUGUST 2024-JULY 2025**

- Provide chronic care management to a specific patient panel
- Conduct acute care visits for patients with remote patient monitoring devices
- Provide professional oversight to health coaches, registered nurses and medical assistants
- Conduct synchronous telehealth visits to specific patient panel

## **FAMILY NURSE PRACTITIONER- PRN| EASYHEALTH | FEBRUARY 2024-NOVEMBER 2025**

- Provide education on chronic diseases, management of disease and medications
- Conduct synchronous/asynchronous telehealth visits for annual wellness exams
- Collaborate with multiple disciplines to ensure an adequate treatment plan
- Perform thorough assessments, medication reviews, and assess (STARS/HEDIS) gaps

## **INSTRUCTOR| AMERICAN HEART ASSOCIATION | JULY 2017-AUGUST 2023**

- Instruct students on CPR/AED and First Aid techniques
- Lead discussions, demonstrations, and hands-on practice sessions
- Offer constructive feedback to students during practice sessions and skill assessments
- Evaluate students' knowledge and skills through written and practical assessments

## **FAMILY NURSE PRACTITIONER| MEDARRIVE | JULY 2023-NOVEMBER 2023**

- Educate patients via synchronous/asynchronous telehealth visits to reduce emergency room visits
- Address chronic and acute primary care illnesses to determine medical urgency
- Perform thorough assessments, medication reviews, and assess (STARS/HEDIS) gaps
- Manage a patient panel of 50, supervise LCSW's and EMT's performing in-home visits

## **FAMILY NURSE PRACTITIONER| OPTUM HOUSECALLS | JUNE 2019-JULY 2023**

- Provide education on chronic diseases, management of disease and medications
- Offer Face-to-Face and Telehealth risk assessments to adult/geriatric in-home or facilities
- Interpret laboratory data, perform in-home A1C, PAD and Hep C testing
- Collaborate with physicians, case managers and social workers

## **FAMILY NURSE PRACTITIONER| MATRIX MEDICAL NETWORK | JUNE 2014-JUNE-2019**

- Offer in-depth adult/geriatric health risk assessments in homes and/or facilities
- Provide education on chronic diseases, management of disease and medications
- Obtain in-home lab testing

## **FAMILY NURSE PRACTITIONER-PRN| UT HEALTH EAST TEXAS | NOV 2018-MAY 2019**

- Float Provider for primary care and acute care in various clinics
- Develop a medical plan of care for patients ages 6 months and older; EPIC medical records
- Provide education on chronic diseases, management of disease and medications

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## **FAMILY NURSE PRACTITIONER | TAKE CARE HEALTH CLINIC | APRIL 2016-JUNE 2018**

- Single provider in retail clinic managing primary and acute care for 18 months and older
- Educated patients on chronic disease process, HIV PEP/PrEP and the required testing and treatment
- Lead Preceptor for all new hires

## **FAMILY NURSE PRACTITIONER| BUREAU OF FEDERAL PRISONS | JUNE 2015-APRIL 2016**

- Secondary Preceptor for Physician Assistant students attending University of North Texas
- Provided primary, acute and emergency care to all female inmates
- Completed simple procedures: (toenail removal, I&D, suturing and trigger point injections)

## **FAMILY NURSE PRACTITIONER| QUINN HEALTHCARE | APRIL 2014-MAY 2015**

- Lead preceptor for NP students in family practice setting, while sustaining a load of 15-18 pts/day
- Assessed, diagnosed and treated acute/chronic illnesses for pediatric-geriatric population
- Incorporated education on overall wellness through lifestyle modification

## **FAMILY NURSE PRACTITIONER| PEAK HEALTHCARE | AUGUST 2013-APRIL 2014**

- Single Primary care provider rounding in multiple Skilled Nursing facilities and Assisted living centers
- Provided educational In-services to nursing home staff on wound care, I.V. pumps and lab draw
- Performed ongoing evaluations and treatments of acute and chronic illnesses

## **REGISTERED NURSE| MISSISSIPPI HOMECARE| MAY 2007-OCTOBER 2013**

- Lead preceptor for newly hired Case Managers trained each for 2-3 weeks
- Implemented 24-hour callback program for patients discharged from ER to prevent re-hospitalization
- Educated home health staff on medical equipment and wound closure equipment

## **LICENSURE AND CERTIFICATIONS**

- Certified Family Nurse Practitioner- American Academy of Nurse Practitioner, exp. 6/2028
- CME/DOT certification by National Registry of Certified Medical Examiners, exp. 11/2027
- BLS certification by American Heart Association exp. 2/2028

## **AFFILIATIONS**

- Member, American Academy of Nurse Practitioners, 2013-Present
- Member, Texas Nurse Practitioner Association, 2015-Present
- Instructor for American Heart Association, 2017-2023
- Member, Sigma Theta Tau International Honor Society 2023-Present
- U.S. Army Veteran