

KINE 3102: Clinical Experiences in Athletic Training I

Fall 2026

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INSTRUCTOR:

S. Andrew Cage, EdD, LAT, ATC

Office: Ball Park Athletic Training Room

Email: scage@uttyler.edu

Wednesdays 12:20-1:15pm Ballpark Athletic Training Room

OFFICE HOURS

By Appointment

CATALOG DESCRIPTION

This course is intended for students accepted into the athletic training education program with aspirations of sitting for the Texas State Athletic Training Licensure Exam. This is a laboratory-based course designed to introduce students to aspects of the athletic training profession, procedures of the UT Tyler athletic training education program, and basic level clinical skills necessary to complete upper-level clinical education requirements of the program.

REQUIRED TEXTBOOKS

- Prentice, W.E. (2013). Principles of Athletic Training: A Competency-Based Approach. New York, NY: McGraw Hill. 15th edition.
- Cage, SA (2014). University of Texas at Tyler Clinical Proficiency Assessment Tool. (Will be made available on Canvas)

COURSE OBJECTIVES

At the end of this course students should be able to do the following:

1. Demonstrate a functional knowledge of UT Tyler athletic training education program procedures.
2. Explain and demonstrate knowledge of UT Tyler athletic training policies and procedures to incoming athletic training students.
3. Obtain and record a comprehensive medical history from an injured student-athlete.
4. Demonstrate familiarity with proper open wound care procedures.
5. Demonstrate proficiency with tape jobs including, but not limited to: foot, ankle, knee, wrist, hand, shoulder
6. Demonstrate knowledge and proper use of common athletic training and medical terminology.
7. Demonstrate proficiency with correctly applying therapeutic modalities in the athletic training room.
8. Demonstrate an ability to function as a member of a spine boarding team for an athlete with a suspected cervical spine injury.

ATTENDANCE POLICY

Attendance is mandatory!!! Students are expected to attend all weekly seminars and scheduled clinical experience hours. All absences will be considered unexcused unless approved by the professor or an Approved Preceptor. Students are allowed no more than one excused absence. After this absence, each unexcused absence will result in a 20-point deduction from the attendance portion of your grade.

Artificial Intelligence Statement

UT Tyler is committed to exploring and using artificial intelligence (AI) tools as appropriate for the discipline and task undertaken. We encourage discussing AI tools' ethical, societal, philosophical, and disciplinary implications. All uses of AI should be acknowledged as this aligns with our commitment to honor and integrity, as noted in UT Tyler's Honor Code. Faculty and students must not use protected information, data, or copyrighted materials when using any AI tool. Additionally, users should be aware that AI tools rely on predictive models to generate content that may appear correct but is sometimes shown to be incomplete, inaccurate, taken without attribution from other sources, and/or biased. Consequently, an AI tool should not be considered a substitute for traditional approaches to research. You are ultimately responsible for the quality and content of the information you submit. Misusing AI tools that violate the guidelines specified for this course is considered a breach of academic integrity. The student will be subject to disciplinary actions as outlined in UT Tyler's Academic Integrity Policy. Refer to the About This Course section of the UT Tyler Syllabus Module for specific information on appropriate use of AI in your course(s).

GRADING STRUCTURE

Grading for this course is based off of an A-F scale and will be judged off of completion of all assigned proficiency worksheets, as well as scoring on said worksheets and terminology assignments. Each assignment will carry an equal weight and will be graded on a 100-point scale.

Proficiencies: 15 x 5 points = 75

Proficiency Completion: 200 points

Terminology Assignments: 4 x 10 points = 40

Quizzes: 12 x 10 points = 120

Discussion Posts: 2x20 points = 40

Final Exam : 1 x 100 points = 100

Total = ~575 points

PROFICIENCY CARDS

Following weekly lectures, students will be expected to complete the designated portion of their proficiency card, that will require initials of a peer, and initials and scores from an approved preceptor within the athletic training clinic. These assignments will test comprehension and retention of skills and information obtained through weekly lecture, as well as give students an opportunity to demonstrate their proficiency to the staff members of the athletic training department. **Please note that your clinical preceptors and staff members will be under express instructions to not sign off on any proficiencies if you do not have a copy of your own CPAT. Also, please note that your proficiencies can be completed by Zoom at the discretion of the preceptor.**

TERMINOLOGY ASSIGNMENTS

There will be 4 terminology assignments distributed throughout the course of the semester. Students will be required to type definitions of the terms given. Any evidence of plagiarism, cheating, or collaboration will result in a grade of 0 on the assignment. Two cases of cheating will result in a conversation with the department chair about further consequences.

COURSE SCHEDULE

August 26 ONLINE	- Introduction - Syllabus Review - Course Outline Syllabus Quiz Due August 28th
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September 2	- Taking a Medical History - SOAP Notes Quiz 1 Due September 5th Terminology Assignment 1 Assigned
September 9	- Therapeutic Modalities Application Quiz 2 Due September 12th Terminology Assignment 1 Due September 10th
September 16	- Wound Care Quiz 3 Due September 19th Terminology Assignment 2 Assigned
September 23	- Athletic Training Room Inventory Quiz 4 Due September 26th Terminology Assignment 2 Due September 24th
September 30	- Spine Boarding Quiz 5 Due October 4th Terminology Assignment 3 Assigned
October 7	- Upper Body Taping Quiz 6 Due October 10th Terminology Assignment 3 Due October 8th
October 14	- Lower Body Taping Quiz 7 Due October 17th Terminology Assignment 4 Assigned
October 21	- Stretching Quiz 8 Due October 24th Terminology Assignment 4 Due October 22nd

October 28	- Upper Body Soft Tissue Anatomy Quiz 9 Due October 31st
November 4	- Upper Body Bony Tissue Anatomy Quiz 10 Due November 7th
November 11	- Lower Body Soft Tissue Anatomy Quiz 11 Due November 14th
November 18	
Week of November 23	- NO CLASS, Thanksgiving Break
December 2	- Lower Body Bony Tissue Anatomy Quiz 12 Due December 5th
Final Exam	Open December 7th and Due December 10th