

Sandra Balogun
Fall 2026
Clinical Assistant Professor
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Contact Information

The University of Texas at Tyler 3900 University Blvd
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Current Position

Position: PMHNP Program Director

Current Academic Rank: Clinical Assistant Professor

Degrees

2023	D.N.P., Psychiatric Mental Health- Across the Lifespan , University of South Alabama, Mobile, Alabama, United States Dissertation: A Quality Improvement Project to Screen for and Decrease Social Anxiety in Adult Patients Using Progressive Muscle Relaxation and Liebowitz Social Anxiety Scale
2015	M.S.N., Psychiatric Mental Health Nursing- Across the Lifespan , University of South Alabama, Mobile, Alabama, United States
2013	M.S.N., Master's of Science in Women's Health Nursing , Florida Agricultural and Mechanical University, Tallahassee , Florida, United States Dissertation: MSN Scholarly Project Defense- Increasing Awareness of Postpartum Depression in Women
2010	B.S.N., Nursing, Florida State University , Tallahassee, Florida, United States

Professional Licensures & Certifications

2025	Basic Life Support (BLS) American Heart Association, Multi -State- 2025
2016	Psychiatric Mental Health Nurse Practitioner Board Certified, ANCC
2010	Registered Nurse (RN) Licensure, Compact Multi-State License – Texas

Work Experience

2024 - Ongoing

Clinical Assistant Professor- PMHNP Program Director, University of Texas at Tyler, Texas

2019 - Ongoing

Psychiatric Nurse Practitioner , KAY Psychiatric Center PLLC

2017 - 2020

Psychiatric Mental Health Nurse Practitioner, Southwest Correctional MedicalGroup, Conroe, Texas, United States

2016 - 2017

Psychiatric Mental Health Nurse Practitioner, Progressive Behavioral Health, PLLC Inpatient/ Outpatient- Part-Time, Bayton, Texas, United States

2014 - 2016

Registered Nurse, American Mobile/Aureus Travel Nurse - Agency, HOUSTON, Texas, United States

2010 - 2014

Registered Nurse, Tallahassee Memorial Healthcare Rehab Center, Tallahassee, FL

Honors

2015 Cum Laude Honors Graduate, American Psychiatric Nurses Association

Community Service/Civic Service Activities**Fall 2024 - Ongoing**

Delta Sigma Theta

Spring 2024 - Ongoing

Delta Sigma Theta School Drive