

# Curriculum Vitae

**NAME:** Rebecca J. Carrasco, MSN, RN, PMH-BC

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**CURRENT EMPLOYMENT:** UT Tyler School of Nursing

**POSITION:** Clinical Instructor

## PROFESSIONAL EDUCATION

| <u>Date/s</u> | <u>Institution</u>                                        | <u>Degree</u> |
|---------------|-----------------------------------------------------------|---------------|
| 1987-1989     | West-Ark Community College, AR                            | ADN           |
| 2007-2010     | Texas Tech University Health Sciences Center, TX (RN-MSN) | MSN           |

## LICENSURE, CREDENTIALING OR CERTIFICATION

- Texas RN License – compact – active
- ANCC Psychiatric/Mental Health RN-BC – active
- Satori Alternatives to Managing Aggression – expires 5/2026
- BLS (American Heart Association), expires 11/2027
- Completion of Human Subjects Training – April 21, 2014

## COURSES TAUGHT

- Summer 2026 - Psychiatric/Mental Health Nursing - University of Texas at Tyler
- Summer 2026 – Fundamentals of Nursing (Lab and Clinical) University of Texas at Tyler
- Spring 2026 - Psychiatric/Mental Health Nursing - University of Texas at Tyler
- Spring 2026 – Fundamentals of Nursing (Lab and Clinical) University of Texas at Tyler
- Fall 2025 – Fundamentals of Nursing (Lab and Clinical) - University of Texas at Tyler
- Summer 2025 - Psychiatric/Mental Health Nursing - University of Texas at Tyler
- Jan. 2024 – Oct. 2024 - Motivation Interviewing for Direct Care Psychiatric Nursing Staff - UT Health Science Center
- Aug. 2012 – Dec. 2017 - Psychiatric/Mental Health Nursing (Didactic and Clinical Instructor) – University of Texas at Tyler
- Summer 2017 – Leadership and Management in Nursing (Didactic and Clinical Instructor) – University of Texas at Tyler
- Summer 2017 - Medical Terminology – Full Online – University of Texas at Tyler
- Summer 2016 – Medical Terminology – Full Online – University of Texas at Tyler
- Aug 2011 – May 2012 - Medical Terminology – Full Online – University of Arkansas Fort Smith
- Aug. 2011-Aug. 2012 – Didactic/Clinical Instructor and Co-Coordinator of Licensed Practical Nurse Program – University of Arkansas Fort Smith

## HONORS, SCHOLARSHIPS AND SPECIAL RECOGNITION

- Certificate of Achievement – University of Texas at Tyler - Faculty and Staff Publications and Presentations Reception (February 2016)
- Children's Medical Center Dallas – Research Day Postal Presentation Award (May 2011)
- Active Member - Phi Kappa Phi

## PROFESSIONAL EXPERIENCE

| <u>Dates</u>      | <u>Employer</u>                            | <u>Position</u>                             |
|-------------------|--------------------------------------------|---------------------------------------------|
| 9/2025 to present | UT Tyler School of Nursing                 | Clinical Instructor<br>(Fulltime)           |
| 5/2025 – 8/2025   | UT Tyler School of Nursing                 | Adjunct Instructor                          |
| 6/2025 - Present  | UT Health Science Center                   | Contracted RN ETQCN<br>Agency               |
| 11/2024 – 5/2025  | Terrell State Hospital                     | Assistant Manager;<br>Child/Adolescent Unit |
| 8/2022 - 11/2024  | UTHealth - North Campus                    | Nurse Educator -<br>Behavioral Health       |
| 12/2017 - 8/2022  | UTHealth - North Campus                    | Nurse Manager -<br>Behavioral Health        |
| 11/2015 - 12/2017 | Excel Staffing                             | Psychiatric Nurse                           |
| 6/2013 - 12/2017  | Oceans Healthcare                          | Consultant                                  |
| 8/2012 - 12/2017  | University of Texas at Tyler               | Nursing Instructor                          |
| 5/2015 - 11/2015  | Integrated Psychiatric Solutions           | Psychiatric Nurse                           |
| 6/2014 - 1/2015   | LHC (Louisiana Home Care),<br>Marshall, TX | Psychiatric Nurse                           |
| 8/2011 - 8/2012   | University of Arkansas - Fort<br>Smith     | Nursing Instructor                          |
| 1/2011 - 7/2011   | University of Texas at Arlington           | Adjunct Nursing<br>Instructor-Pediatrics    |

|                  |                                          |                                     |
|------------------|------------------------------------------|-------------------------------------|
| 12/2002 - 8/2011 | Children's Medical Center<br>Dallas      | Charge Nurse/Clinical<br>Educator   |
| 7/2001 - 9/2004  | Osteopathic Medical<br>Center Fort Worth | RN Psychiatric Unit/ECT<br>Recovery |
| 5/1995 - 7/2001  | Harris Methodist HEB<br>Springwood       | Charge Nurse                        |
| 7/1992 - 5/1995  | Dallas County MHMR                       | Charge Nurse Adult Unit             |
| 9/1991 - 1/1992  | Baylor Medical Center –<br>Grapevine     | RN – Med/Surg Unit                  |
| 3/1990 - 7/1992  | Psychiatric Institutes of<br>America     | Charge<br>Nurse/House<br>Supervisor |
| 7/1989 - 3/1990  | High Plains Baptist Hospital             | RN - Med/Surg Unit                  |

## PROFESSIONAL MEMBERSHIPS

2011 - present - American Nurses Association/Texas Nurses Association

2018 - present - American Psychiatric Nurses Association

## RESEARCH/GRANTS

- University of Texas at Tyler - IRB accepted nursing research proposal: *Nursing Student Engagement within Mental Health Course Work*, IRB #Sp2014-100.
- Tidwell, D.J., Le Vieux, J., Maurice, C. & Carrasco, R. (2011). *Developing High Risk Behavior Standards of Care for Pediatric Patients* (poster presentation for Children's Medical Center Dallas, Research Day, April 2011 and The Advanced Practice Convention for Nurses, Austin-May 2011).

## PUBLICATIONS

- Hudson, K., Carrasco, R. (2015). Researching nursing Students' engagement: Successful findings for nursing. *International Journal of*

*Nursing & Clinical Practices*, 2:15.

- Hudson, K., Carrasco, R. (2015). Nursing student engagement: Student, classroom, and clinical engagement. *International Journal of Nursing*, 4: 44-52.
- Tidwell, D. J., Carrasco, R., Le Vieux, J., & Maurice, C. (2012). Developing High Risk Behavior Standards of Care for Pediatric Patients, *Clinical Nurse Specialist*, 26. E16-

## PROFESSIONAL PRESENTATIONS

- Aug. 2017 - Symptoms of Schizophrenia: Useful Interventions for Mental Health Technicians and Certified Nursing Assistants. Provider: Oceans Behavioral Hospital, Longview, TX.
- 2010-2011 Clinical Educator Presentations (Children's Medical Center Dallas, TX): Service Excellence Presentation for Clinical Orientation
  - Overview of Pediatric Psychiatry Services
  - Allied Health Competencies
  - Health Literacy
  - The Joint Commission Requirements for Language and Cultural Assessment
  - Psychiatric Emergencies
  - High Risk Behavior Guidelines
  - Safety Device Policy
  - Pediatric Prevention and Management of Aggressive Behavior

## PROFESSIONAL AND COMMUNITY ACTIVITIES

|             |                                                                            |                           |
|-------------|----------------------------------------------------------------------------|---------------------------|
| Summer 2026 | Undergraduate Mental Health Nursing Course Transition Development          | Coordinator               |
| 04/02/2026  | Nursing Pathways to Wellness & Success Summit                              | Volunteer                 |
| 10/04/2025  | Paint Palestine Pink Run and Walk– Breast Cancer Awareness and Fund Raiser | Volunteer and Participant |

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|------------------|----------------------------------------------------------------------------------------|-------------------------------------------|
| 9/2025 - present | Shared Governance School of Nursing,<br>UT Tyler                                       | Member of the Governance<br>Council       |
| 9/2016 - 8/2018  | Texas Nurses Association – District 19                                                 | Treasurer                                 |
| 1/2016 - 8/2017  | Shared Governance School of Nursing<br>Task Force, UT Tyler                            | Chair of the Governance<br>Council        |
| 9/2015 - 12/2016 | Shared Governance School of Nursing<br>Task Force, UT Tyler                            | Member                                    |
| 9/2014 - 8/2015  | Evaluation Committee                                                                   | Chair                                     |
| 9/2013 - 8/2014  | Undergraduate Academic<br>Affairs Committee- UT Tyler                                  | Member                                    |
| 11/2013          | NLN Unfolding Case Study<br>Research Site                                              | Instructor/facilitator Chair              |
| 9/2012 - 8/2013  | Undergraduate Student<br>Progression Committee-<br>UT Tyler                            | Member                                    |
| 9/2011 - 8/2012  | Self-study preparation for initial<br>NLNAC accreditation visit for UAFS<br>PN program | Member of Development<br>Committee/Writer |