

Dr. Keilah Baker Ford, APRN, DNP, FNP-C, PMHNP-BC

Qualifications

I am a Doctoral-Prepared Board-Certified Family Nurse Practitioner and Psychiatric Mental Health Nurse Practitioner. I have experience practicing medicine in the outpatient psychiatric mental health setting, psychiatric mental health hospitals, skilled nursing facilities, nursing home, assisted living, independent living, long term, and acute care hospitals. I have more than 18 years of experience in direct patient care as a Registered Nurse. I possess strong clinical skills that are enhanced by my natural ability to build rapport with patients and families. I am committed to practicing medicine by using a safe and holistic approach.

Credentials

Board Certified Psychiatric Mental Health Nurse Practitioner- *American Nurses Credentialing Center (ANCC)*

Certified Family Nurse Practitioner - *American Academy of Nurse Practitioners (AANPCP)*

Arizona State Board of Nursing APRN License with *Prescriptive Authorization*

Colorado State Board of Nursing APRN License with *Prescriptive Authorization* Texas State Board of Nursing APRN License (*Prescriptive Authorization*)

Texas State Board of Nursing Registered Nurse
License Mississippi Professional Nursing Compact
License BLS Certification

DEA and DPS Certifications (Texas)

Education

Wilmington University, Wilmington, DE
August 2023 Doctor of Nursing Practice

Midwestern State University, Wichita Falls, TX
August 2018 Post Masters *Concentration: Family Psychiatric Mental Health Nurse Practitioner*

Alcorn State University, Natchez, MS

May 2014 Masters of Science Degree in Nursing *Concentration: Family Nurse Practitioner*
Aug. 2009 Bachelors of Science Degree in Nursing (BSN), Registered Nurse

May 2006 Associate of Arts Degree in Nursing, Registered Nurse

Professional Organizations

2018- Present: Member of American Nurses Association

2017- Present: Member of the Psychiatric Nurse Practitioner Association of Houston

2017- Present: Member of the National Black Nurse Practitioner Association of Houston
2015- Present: Member of the Texas Nurse Practitioner Association

2014 - Member of the Honor Society of Nursing: Sigma Theta Tau, Tau Eta Chapter

Publications/Abstracts/Presentations

Ford, K, (2024) Developmental and evaluation of a nurse practitioner-directed mindfulness initiative among patients diagnosed with generalized anxiety disorder in an outpatient psychiatric practice, Sigma Repository

Employment History

August 2023-Present- *Owner and founder of Kadds Wellness, LLC Mental Health Clinic and Medical/Psychiatric Expert Witness. 13810 Champion Forest Drive Suite 150, Houston TX 77069*

- ❖ Provide psychiatric services to clients in the outpatient setting.
- ❖ Assess, diagnose, and treat adults, adolescents, and children experiencing symptoms of behavioral health disorders such as Depression, Chronic Insomnia, Bipolar disorder or other Mood disorders, Schizophrenia, Anxiety, Disruptive mood dysregulation disorder, Obsessive-compulsive- disorder, Attention deficient and hyperactivity disorder.
- ❖ Prescribe, recommend, or discontinue medications and treatments to treat mental, emotional, or behavioral disorders.
- ❖ Collaborate with counselors, social workers, or other treatment team members to coordinate client care.

August 2023-Present- *Adjunct Assistant Professor/Clinical Instructor*

Wilmington University, 320 N. Dupont Hwy., New Castle, DE 19720

- ❖ Provides instruction within the College of Nursing and Health Innovation.
- ❖ Reports directly to the Department Chair.

- ❖ Teaches students in online, clinical, and assist with mental health lectures for students.
- ❖ Assumes responsibility for and/or participates in the planning and organization of courses to which assigned.
- ❖ Participates in the development, implementation and evaluation of the Psychiatric Nurse Practitioner program, coursework, and student activities.

June 2021- August 2023

Tranquility Behavioral Health Clinic and TMS Center, Psychiatric Mental Health Nurse Practitioner. 201 Kingwood Medical Dr., Ste. A500, Kingwood TX 77339

- ❖ Provide psychiatric services to clients in the outpatient setting.
- ❖ Assess, diagnose, and treat adults, adolescents, and children experiencing symptoms of a behavioral health disorders such as Depression, Chronic Insomnia, Bipolar disorder or other Mood disorders, Schizophrenia, Anxiety, Disruptive mood dysregulation disorder, Obsessive- compulsive- disorder, and Attention deficient and hyperactivity disorder.
- ❖ Perform ADHD screening by utilizing Test of Variables of Attention (TOVA) Testing
- ❖ Prescribe, recommend, or discontinue medications and treatments to treat mental, emotional, or behavioral disorders.
- ❖ Collaborate with counselors, social workers, or other treatment team members to coordinate client care.

March 2021- Present FasPsych,LLC/ Emergence Health Network (Tele-psych services)

- ❖ Provide immediate stabilization, medication management, and crisis management to patients on an as needed basis remotely with mental illnesses such as Bipolar disorder, Anxiety, Depression, Acute psychosis, and Schizophrenia.

Sept 2020- May 2021 Med Options Behavioral Health Services, Psychiatric Mental Health Nurse Practitioner

55 Hatchetts Hill Road, Old Lyme, CT 06371

- ❖ Provide comprehensive psychiatric medication management services to geriatric patients in skilled nursing, assisted living and independent living settings.
- ❖ Managed illnesses such as Depression, Adjustment disorder, Anxiety, Acute psychosis, Delirium and Dementia.

Sept 2018-Sept 2020 CHA Behavior Healthcare 201 Kingwood Medical Drive, Kingwood TX 77339

- ❖ Works inpatient at multiple psychiatric/mental health hospitals; Kingwood Pines

Hospital and Cypress Creek in collaboration with Psychiatrist where I provide psychiatric and medication management to patients ages 12y/o- 65 y/o seeing up to 35 + patients daily.

- ❖ Provide immediate stabilization, medication management, and crisis management to patients with mental illnesses such as Bipolar disorder, Anxiety, Depression, Acute psychosis, and Schizophrenia.
- ❖ Collaborate treatment plans in the inpatient setting with Supervising Psychiatrist, Clinical Therapist, Clinical Psychologist, and Utilization reviewers.
- ❖ Provided psychiatric medication management services to patients ages 12y/o to 65y/o in the out- patient setting at CHA behavior healthcare seeing up to 18 patients a day.

Sept 2019- Present

*Sam Houston State University- Adjunct RN Nursing Instructor
3380 College Park Dr, The Woodlands, TX 77384*

- ❖ *Provide BSN Registered Nursing students clinical instruction in their designated clinical specialty; (Mental health clinical setting)*
- ❖ *Maintain clinically current in their designated clinical specialty.*
- ❖ *Attend Nursing Faculty meetings as required by the Director;*
- ❖ *Keep adequate records of grades, attendance, clinical performance, and anecdotal notes, and submit as necessary to the Course Clinical Coordinator.*
- ❖ *Coordinated and participated in scenarios and skills in the school's Simulation Lab to enhance the students' hands on learning and mental health knowledge in preparation for the clinical setting.*
- ❖ *Keep current evidence of licensure and education on file with the College and Health Sciences Department.*

May 2017- Sept 2018 *Texas Pain Physicians/Texas Psychiatry
2243 Park Ave Pearland TX 77581*

- ❖ Worked in inpatient behavior health Hospital at Kingwood Pines Hospital alongside the Supervising Psychiatrist where I assisted in rounding on up to 30 patients a day ages 5y/o- 65 y/o and provided immediate stabilization, medication management, and crisis management of patients with mental illnesses such as ADHD, ODD, Conduct disorders, Bipolar disorder, Anxiety, Depression, Acute psychosis, and Schizophrenia.
- ❖ Assisted Psychiatrist by scribing psychiatric notes/ documentation such as psychiatric evaluations, psychiatric progress notes, and discharge summaries by using dictation.
- ❖ Collaborated treatment plans in the inpatient setting with Supervising Psychiatrist, Clinical Therapist, Clinical Psychologist, and Utilization reviewers.
- ❖ Provided psychiatric medication management services to patients ages 5y/o to 65y/o in an out- patient setting at Texas Psychiatry seeing up to 18 patients a day.

Feb. 2016-June 2017 *Vericare/MedOptions Behavioral Health Services, Family Nurse Practitioner*

55 Hatchedts Hill Road, Old Lyme, CT 06371

- ❖ Provide comprehensive psychiatric medication management services to geriatric patients in skilled nursing, assisted living and independent living settings.
- ❖ Managed illnesses such as Depression, Adjustment disorder, Anxiety, Acute psychosis, Delirium and Dementia.

May.2015- Feb 2016 *Texas Family and Geriatric Clinic, Family Nurse Practitioner*
902 Frostwood Dr Ste 246 Houston TX 77024

- ❖ Provide medical care to patients in the Nursing Home, Acute Hospital and LTAC facilities
- ❖ Round on patients and treat medically at West Houston Medical Center, Kindred Hospital, and Atrium Hospital
- ❖ Provide urgent care to patients in the clinic setting seeing up to 15+ patients a day
- ❖ Provide wellness exams, physical exams, and proficient in performing pap smears and additional preventative screenings
- ❖ Provide Hospice referrals through Altus Hospice by providing face to face evaluations
- ❖ Educate the patient as well as the family on health maintenance and prescribe the appropriate medications or resources to facilitate their needs holistically.

April 2012 – May 2015 *Promise Specialty Hospital, Registered Nurse (PRN)*

- ❖ Provide Nursing care to patients in a longer care setting.
- ❖ Provide Wound care to patients.
- ❖ Provide management and care of central/Picc lines.
- ❖ Administer invasive antibiotic medications on patients with chronic conditions.
- ❖ Educate patients as well as their family on health related issues and treatment regimens.

Jan. 2013 – March 2015 *Baton Rouge General Hospital, Registered Nurse (PRN)*

- ❖ Provide nursing care to patients on Medical/Surgical and Psychiatric/Behavioral Health Unit.
- ❖ Maintained a calm, caring and positive environment.
- ❖ Educate the patient as well as the family on health related situations to enhance recovery.

Nov. 2010-Oct. 2012 *Our Lady of the Lake College-HCI, Practical Nursing Instructor*

- ❖ Coordinator of skill lab schedules and hands on skill preparation for HCI department.
- ❖ Provide educational resources to Practical Nursing Students through lectures, case studies, and skills.
- ❖ Assist in hands on nursing skills in the lab as well as the clinical area.
- ❖ Provide all students with access codes to pyxis and computer systems for clinical

- preparation.
- ❖ Provide educational material such as uploading lectures, case studies, and modules using Blackboard and Moodle.
- ❖ Geriatric nursing and Medical surgical nursing instructor.

May 2010 – Aug. 2012 *Ochsner Medical Center of Baton Rouge, In-house Pool Staff Nurse (per-diem)*

Provide nursing care in areas such as Mother/Baby, Endoscopy Medical/Surgical, ER, and Telemetry.

- ❖ Maintained a calm, caring and positive environment.
- ❖ Educate the patient as well as the family on health-related situations to enhance recovery.

Sept. 2007 – May 2010 *Baptist Medical Center, Jackson, MS, Float Pool Staff Nurse*

- ❖ Provide nursing care in areas such as Mother/Baby, Geri Psych Medical/Surgical, Neurology, Oncology, Urology, and Telemetry.
- ❖ Float to various areas to provide nursing care in a calm, caring, and positive manner.
- ❖ Educate patients and family members on health care measures for recovery enhancement.
- ❖ Assign accounts of patient, patient care, unit operation and staff care to the team members.

Jun. 2006 – Sept. 2007 *Baptist Medical Center, Jackson, MS, Orthopedics/Neurology units Staff Nurse*

- ❖ Counseled post- surgical patients when needed.
- ❖ Provide care to patients following joint replacements.
- ❖ Rehabilitated patient with severe injuries.
- ❖ Provide post-op teaching to patient and family prior to discharge.

Resources

Electronic Medical Record (EMR) documentation Systems: *Tebra, Epic, Allscripts, Patient Keeper Meditec, Practice Fusion, and Salesforce*

Professional and Personal References Available Upon Request

Keilah Ford, DNP, FNP-BC, PMHNP-BC
Family and Psychiatric Mental Health Nurse Practitioner