

Melinda Hermanns, PhD, RN, PMH-BC, CNE, PN/FNP, ANEF

Fall 2026

Professor

mhermanns@uttyler.edu

Contact Information

Texas

mhermanns@uttyler.edu

Current Position

Position: Professor

Current Academic Rank: Professor

Degrees

2008	Ph.D., Nursing, The University of Texas Health Science Center at Houston, Houston, Texas Dissertation: The Illness Experience of Persons with Parkinson's Disease
2004	Post Master's Certificate in Nursing Education, Nursing, The University of Texas at Tyler, Texas
1998	M.S.N., Nursing, The University of Texas at Tyler, Tyler, Texas Dissertation: Scholarly Project
1995	B.S.N., Nursing, The University of Texas at Tyler, Tyler, Texas
1992	A.D.N., Nursing, Tyler Junior College, Tyler, Texas

Professional Licensures & Certifications

2025	Citi Training - Social and Behavioral Research - Basic/Refresher Certificate 2025-2028 , UT Tyler
2024	Responsible Conduct of Research (RCR) Humanities, Social, Behavioral, and Educational Sciences 2024-2027
2023	Certificate in Effective College Instruction (ACUE) , The Association of College and University Educators (ACUE) and the American Council on Education
2022	Responsible Conduct of Research (RCR) Humanities, Social, Behavioral, and Educational Sciences 2022-2025 , The University of Texas at Tyler Citi Training - Social and Behavioral Research 3 - Refresher Certificate 2022-2025 , The University of Texas at Tyler
2021	Self-Paced Teaching Online Academy for Online Teaching , The University of Texas at El Paso Stop the Bleed , American College of Surgeons Committee of Trauma- The University of Texas at Tyler
2020	Allied Team Training for Parkinson's Disease Alumni , Parkinson's Foundation Post-Bachelor's Certificate in Nursing Informatics, Quality & Safety, The University of Texas at Tyler
2019	Institute for Healthcare Improvement (IHI) Certifications , Institute for Healthcare Improvement Citi Training - Social and Behavioral Research Certificate - Protection of Human Subjects 2019 - 2022 , Citi Training - The University of Texas at Tyler
2017	Certified Instructor: Parkinson's Exercise , GZ Sobol Parkinson's Network

2016	Citi Training - Social and Behavioral Research Certificate - Protection of Human Subjects 2016 - 2019 , Citi Training - The University of Texas at Tyler
2015	Level One and Two Certificate in Teaching Excellence and Innovation Online Teaching The University of Texas at Tyler
2014	Foundations in Online Learning, Instruction, and Outcomes (FOLIO) Certificate – UT Tyler, UT Tyler
2013	Parish Nursing Certificate , Bellarmine University
2009	Certified Nurse Educator (CNE) , National League for Nursing
2005	Court Appointed Special Advocate (CASA) Certification, Court Appointed Special Advocate (CASA) Parkinson's Disease Advanced Training Certificate, Heartland Foundation
2004	Post-Master's Nursing Education Certification, The University of Texas at Tyler
2003	NETnet Room Operators Certification, The University of Texas at Tyler Teaching and Learning in Web-based Courses, Indiana University, Certificate Program
1999	Board Certified Psychiatric Mental Health , American Nurses Credentialing Center
1993	Registered Nurse, Texas Board of Nursing

Work Experience

2025 - 2026

[Interim Assistant Dean for Professional Development](#), The University of Texas at Tyler, School of Nursing

2020 - Ongoing

[Professor](#), School of Nursing

2017 - 2021

[MSN Program Director](#), The University of Texas at Tyler School of Nursing

2015 - 2017

[Associate Director](#), Institute for Integrated Healthcare, The University of Texas at Tyler

2015 - 2016

[Interim Director](#), The University of Texas at Tyler, Executive Certificate in Nursing Informatics

2014 - 2020

[Associate Professor with Tenure](#), The University of Texas at Tyler, School of Nursing, Tyler, Texas

2008 - 2014

Assistant Professor, The University of Texas at Tyler, College of Nursing, Tyler, Texas

2000 - 2008

Clinical Instructor and Course Coordinator, The University of Texas at Tyler, College of Nursing, Tyler, Texas

1998 - 2000

Skills Lab and Computer Coordinator, The University of Texas at Tyler, College of Nursing, Tyler, Texas

1995 - 1999

Staff/Charge Nurse, East Texas Medical Center Behavioral Health Center

1993 - 1994

Staff Nurse, Tyler Rehabilitation Hospital

Scholarly Contributions and Creative Productions

Journal Article

Accepted

Murley, B., Hermanns, M., Song, H., Nelson, J. M., Fairbrother, T., Mama, S. K., & Haas, B. K. (2025). "My Path Back": A Mixed Methods Study of a Community-Based Exercise Program for Adults with Chronic Illness". *Journal of the American Nurses Association of New York (JANANY)* [\[Attachment\]](#)

Submitted

Jeon, W., Hermanns, M., & Dalby, A. (2026). Impact of Aging and Foot Position on Balance Control and Neuromechanical Adaptations During Stair Descent. *PLOS ONE*.

Hermanns, M., Murley, B., Haas, B. K., & Rodgers, E. G. (2025). Community-Based Exercise Programs for Adults with Chronic Disease: A Scoping Review. *Chronic Illness*. [\[Attachment\]](#)

In Progress

Jeon, W., Dalby, A., & Hermanns, M. (2026). Neuromechanical Deficits During Single-Limb Support Under Perturbed Descent Conditions in Inclusion Body Myositis, Older Adults, and Young Adults. *Scientific Reports*.

Grants

In Preparation - Not Submitted

Mechanisms of Descending Balance Instability: Implications for Clinical Assessment in Inclusion Body Myositis and Aging, Funded by R15 National Institutes for Health (May 3, 2027), awarded February 16, 2027 (\$375,000.00), In Preparation - Not Submitted, Fall 2026, PI Wooyoung Jeon with CoPI Ashley Dalby, CoPI Manuel Lubinus, CoPI Melinda Hermanns

Honors

2026	Parkinson's Foundation Volunteer Service Award , Parkinson's Foundation To Be Inducted as a Fellow in the American Academy of Nursing American Academy of Nursing
2025	Recognized for Volunteerism & Invited to attend the Parkinson's Foundation Volunteer Leadership Summit (VLS) from the Parkinson's Foundation , Parkinson's Foundation Inducted as a Fellow in the New York Academy of Medicine New York Academy of Medicine Certificate of Professional Development_2024-2025 Academic Year , The Center for Excellence in Teaching and Learning; The University of Texas at Tyler
2024	Certificate of Professional Development_2023-2024 Academic Year , The Center for Excellence in Teaching and Learning; The University of Texas at Tyler
2023	Distinguished Teaching Professor , Academy of Distinguished Teachers Honorific Title Selected as a Member of The University of Texas Kenneth I. Shine, M.D., Academy of Health Science Education (Shine Academy) , The University of Texas System Kenneth I. Shine, M.D. Academy of Health Science Education A Celebration of Scholarship and Creativity , UT Tyler - Annual Report of Faculty Scholarship - September 2022 - August 2023
2022	Certificate of Professional Development (was acknowledged for First Place CTEL Professional Development)_2021-2022 Academic Year , The University of Texas at Tyler

2021	Marquis Who's Who in America 75th Anniversary Edition, Marquis Who's Who Faculty Mentors: Drs. Beth Mastel Smith and Melinda Hermanns for honors students - First Place Poster Sixth Annual Lyceum Research Showcase , UT Tyler Lyceum Faculty Mentors: Drs. Mastel-Smith and Hermanns for Honors student - The John Britt Award for best poster, Great Plains Honors Council conference A Celebration of Scholarship and Creativity, UT Tyler - Annual Report of Faculty Scholarship - September 2019 - August 2020 UT Tyler 2020-2021 Provost Annual Report, The University of Texas at Tyler 2021 Notable Nurse of East Texas, Notable Nurses of East Texas UT Tyler 2021-2022 Provost Annual Report , UT Tyler
2019	2019 University of Texas at Tyler Executive Leadership Fellow, The University of Texas at Tyler 2018-2019 DAISY Award Faculty Nominee, The University of Texas at Tyler Teaching Fellow, The University of Texas at Tyler's Academy of Distinguished Teachers, The University of Texas at Tyler Recognition of Faculty Scholarship, The University of Texas at Tyler Academy of Nursing Education Fellow (ANEF), National League for Nursing 2018-2019 Teaching Award, College of Nursing and Health Sciences
2018	The List of East Texas' Healthcare Heroes - Nurses, The University of Texas at Tyler - published in October/November 2018 edition of the Tyler Today Crystal Quill Award, The University of Texas at Tyler Robert R. Muntz Library Excellence in Nursing Research Award, Sigma, Iota Nu at-Large Chapter Leadership for Academic Nursing Program (LANP) Fellow, American Association of Colleges of Nursing Parkinson's Foundation Alumni Nurse Scholar, Parkinson's Foundation - Edmond J. Safron Visiting Nurse Faculty Scholar Program Marquis Who's Who in America, Marquis Who's Who Recognition of Faculty Scholarship, The University of Texas at Tyler Robert R. Muntz Library Outstanding Faculty Award, Texas Xi Chapter of Alpha Chi Edmond J. Safron Visiting Nurse Faculty Scholar, Parkinson's Foundation
2017	Beta Alpha Chapter of Sigma Theta Tau, Texas Christian University 2017-2018 DAISY Award Faculty Nominee, The University of Texas at Tyler
2016	Outstanding Distance Learning Faculty, Northeast Texas Consortium of College and Universities Recognition of Faculty Scholarship, The University of Texas at Tyler Robert R. Muntz Library
2015	Outstanding Faculty Award, Texas Alpha Xi Chapter of Alpha Chi Recognition of Faculty Scholarship, The University of Texas at Tyler Robert R. Muntz Library National League for Nursing (NLN) Ambassador, National League for Nursing
2014	Recognition of Faculty Scholarship, The University of Texas at Tyler Robert R. Muntz Library Recognition Certificate of Promotion to Associate Professor, The University of Texas at Tyler
2013	Iota Nu Chapter of Sigma Theta Tau Online Poster Award Iota Nu Chapter of Sigma Theta Tau
2012	Research Award, Iota Nu Chapter of Sigma Theta Tau International Honor Society in Nursing The President's Volunteer Service Award , Corporation for National and Community Service from President Obama Development of the ETAPDA Logo, East Texas Chapter of the American Parkinson's Disease Association (ETAPDA) Innovation Award, East Texas Chapter of the American Parkinson's Disease Association (ETAPDA)
2011	The President's Volunteer Service Award, Corporation for National and Community Service from President Obama

2010	Innovation Teaching Award, Texas Organization of Baccalaureate and Graduate Nursing Education (TOBGNE) Excellence in Research, Iota Nu Chapter Sigma Theta Tau International Honor Society in Nursing Distinguished Young Alumni Award, The University of Texas at Tyler
2004	Outstanding Faculty, Texas Xi Chapter Alpha Chi Honor Society
2003	Outstanding Distance Educator Recognition, North East Texas Consortium and Centers for Education Technology Partner Scholarship, The University of Texas Health Science Center at Houston
1998	Nursing Honor Society, Sigma Theta Tau International All American Scholar
1995	Honor Society, Texas Xi Chapter of Alpha Chi Magna Cum Laude, The University of Texas at Tyler

Community Service/Civic Service Activities

Spring 2026 - Spring 2029

Two CBS-19 Live Interviews: Parkinson's Foundation Walk at UT Tyler, CBS-19
Proclamation for Parkinson's Disease Awareness 2026 for Tyler Texas, City of Tyler

Spring 2025 - Ongoing

Nurse Honor Guard, East Texas Chapter Nurse Honor Guard

Summer 2024 - Ongoing

Research Council, Kourage Health

Spring 2023 - Ongoing

[Volunteer Rock Steady Boxing](#), Tyler Kung Fu

Fall 2021 - Ongoing

Parkinson's Foundation Ambassador, Parkinson's Foundation

Fall 2017 - Ongoing

Volunteer, Helping Hands and Caring Heart

Fall 2016 - Ongoing

Create New Parkinson's Disease Educational Material, Parkinson's Foundation

Fall 2015 - Ongoing

Music Crew , KVNE 89.5 Volunteer Crew