

Current Position

Position: Adjunct Professor of Nursing

Current Academic Rank: Adjunct Lecturer

Degrees

2013	Ph.D. in Nursing, Nursing, The University of Texas at Tyler, Tyler, Texas, United States Dissertation: FIT to Care: An Action Research Study Exploring the Use of Communication Theory to Strengthen Caring Relationships Between Teachers and Students
2004	M.S.N., Nursing, The University of Texas at Tyler, Tyler, Texas, United States Dissertation: Transformation : Student nurses' experiences in learning the caring process in nursing
1975	B.S.N., Nursing, Texas Woman's University, Denton, Texas, United States

Professional Licensures & Certifications

2014	AHN-BC, AHNCC
2009	Caritas Coach®, Watson Caring Science Institute
2007	International Program in Human Caring and Healing, University of Colorado at Denver
1975	RN, Texas Board of Nursing

Work Experience

2019 - Ongoing

Associate Professor, The University of Texas at Tyler, Tyler, Texas, United States

2013 - 2025

Assistant Professor of Nursing, The University of Texas at Tyler, Tyler, Texas

2008 - 2013

Cinical Instructor, The University of Texas at Tyler, Tyler, Texas

2007 - 2008

Clinical Instructor, University of Colorado at Denver, Denver, Colorado

2004 - 2007

Senior Lecturer, The University of Texas at Tyler, Tyler, Texas

1999 - 2004

Clinical Instructor, Tyler Junior College, ADN Program, Tyler, Texas

Scholarly Contributions and Creative Productions

Journal Article

In Progress

Lake, P. K., Rowan, L., & Rodgers, E. (2024). Scoping Review of Auricular Vagus Neuromodulation (AVN) Effects on Anxiety. *Frontiers in Neurosciences*.

Other

Completed/Published

Lake, P. K. (2023). Fit to Care: Holistic Self-Care to Prevent Nurse Burnout. *Research Study/Funded through Christus Endowment (\$9,738)*.

In Progress

Lake, P., Kang, H.-Y., & Duke, G. (2016). The Effects of Aromatherapy on Stress and Anxiety in Pre-Clinical Simulation Lab Nursing Students: A Feasibility-Pilot Study. *Collaborated with Visiting Nurse Scholar, Dr. Hee-Young Kang, from Korea and Dr. Pamela Lake; Manuscript Completed and Waiting on One Author to Complete Her Work for Submission*.

Presentation

Accepted

Guidry, R. L., & Lake, P. K. (2004, October). *Fit to Care: Holistic Self-Care to Manage Nursing Burnout by Strengthening Resilience*. Trinity Mother Frances Hospital. Tyler: Trinity Mother Frances Hospital. [Attachment]

Grants

Funded - In Progress

Fit to care : Nurse Burnout, Funded by Christus Mother Frances Hospital (August 18, 2023 - August 17, 2024), awarded August 18, 2023 (**\$9,738.00**), Funded - In Progress, Summer 2024, PI Pamela Lake

Honors

2022	Daisy Awards for Faculty, The Daisy Foundation
2016	Certificate of Achievement, The University of Texas at Tyler
2008	Pamela Lake Caring in Nursing Award, Northwestern Oklahoma State University
2005	Rising Star of Research Award, Sigma Theta Tau

Community Service/Civic Service Activities

Spring 2023 - Fall 2025

Fit to Care: Holistic Self-Care to Manage Nurse Burnout by Strengthening Resilience, Christus Trinity Mother Francis Hospital (CTMF)