

## **Dr. Raigina L. Preston, DNP, APRN, PMHNP-BC**

### **Professional Summary**

Psychiatric Mental Health Nurse Practitioner with a unique blend of advanced clinical expertise and academic leadership. Known for integrating real-world psychiatric practice with innovative teaching methods to inspire and equip nursing students. Extensive experience in managing complex mental health cases, in various clinical settings, and mentoring students to achieve excellence in both clinical and academic settings.

### **Core Competencies**

- Expertise in advanced practice psychiatric nursing and psychopharmacology
- Evidence-based practice and research integration
- Multidisciplinary collaboration and mentorship
- Curriculum adherence and implementation
- Graduate and post graduate level clinical precepting
- Strong communication and student engagement

### **Academic Experience**

Clinical Adjunct Instructor

Maryville University, St. Louis, MO

August 2018–December 2018

- Delivered graduate-level coursework for master-level nursing students.
- Assisted students in achieving course objectives.
- Moderated and guided student interactions in course-related group work.
- Integrated clinical expertise into classroom instruction.
- Evaluated student performance and provided constructive feedback to support learning.
- Integrated clinical expertise into classroom instruction.
- Scheduled and hosted office hours via conferencing tools.

Preceptor for MSN and DNP Nursing Students

Various Institutions: Chamberlain College of Nursing, University of Texas @ Arlington, Walden University, and Wilmington University

Ongoing

- Supervised and mentored master's and doctoral-level nursing students in clinical settings.
- Provided guidance on psychiatric evaluations, medication management, and patient care.
- Fostered critical thinking and evidence-based practice in student learning.

### **Professional Experience**

Psychiatric Mental Health Nurse Practitioner

Best You Mental Health Clinic, McKinney, TX

07/2021–Present

Prime Psychiatry, Frisco, TX  
05/2017-07/2021

LifePath Systems, McKinney and Plano, TX  
10/2015-05/2017

Southern Area Behavioral Crisis Center, Dallas, TX (Part-Time)  
12/2014-01/2016

Regenesis Behavioral, Arlington, TX  
05/2015-11/2015

Lifenet Behavioral, Dallas, TX  
04/2014-03/2015

Metrocare Services, Dallas, TX  
09/2013-03/2014

Mental Health Consultant  
NOC Counseling, McKinney, TX  
01/2018-07/2021

## **Education**

Doctor of Nursing Practice (DNP)  
Chamberlain University, 2018

Master of Science in Nursing (MSN), Psychiatric Mental Health Nurse Practitioner  
University of Texas at Arlington, 2013

Bachelor of Science in Nursing (BSN)  
Clayton State University, 2009

Associates of Science in Nursing (ADN)  
Excelsior College, 2007

Associates of Applied Science in Respiratory Therapy  
Southern University, 2000

## **Licenses & Certifications**

Advanced Practice Nurse, Texas Board of Nursing (Exp 02/2026)  
Advanced Practice Nurse, Arizona Board of Nursing (Exp 02/2026)  
Psychiatric Mental Health Nurse Practitioner, ANCC (Exp 09/2028)  
DEA License (Exp 03/2025)