

Tanya Schlemmer, DNP, MHA, MSN-Ed, RN, APRN, AG-ACNP-BC, CCRN-CMC, RN-BC

Fall 2026

Clinical Associate Professor

tschlemmer@uttyler.edu

Contact Information

BRB
3900 University Blvd.
Tyler, Texas 75799

tschlemmer@uttyler.edu

Current Position

Position: Clinical Associate Professor

Position: Clinical Assistant Professor

Current Academic Rank: Clinical Associate Professor

Degrees

2015	M.Ed., Nursing, The University of Texas at Tyler, Tyler, Texas, United States
2014	AGACNP--Post Master's Adult Gerontologic Acute Care Nurse Practitioner Certification Program, Nursing, Texas Tech University Health Science Center , Lubbock, Texas, United States
2009	DNP, Nursing, Texas Christian University, Fort Worth, Texas, United States Dissertation: Evaluation of Anticoagulation Therapy Safety after Formal Clinician (Nurses and Physical Therapists) Education in Home Healthcare
2004	M.S.N., Nursing, Texas Woman's University, Denton, Texas, United States Dissertation: Strategic Plan for a CD-ROM Health Education Program for Adolescents
1990	MHA, Healthcare Administration, Des Moines University [The University of Osteopathic Medicine and Health Sciences], Des Moines, Iowa, United States Dissertation: Guidelines for organizing stroke clubs & cardiac support groups Support Group Newsletter development for the American Heart Association.
1988	B.S.N., Nursing, Grand View University [Grand View College], Des Moines, Iowa, United States Dissertation: Job satisfaction in relation to nurses' perception of their manager's leadership ability Job satisfaction in relation to salaries and fringe benefits
1985	ADN, Nursing, Western Iowa Tech Community College, Sioux City, Iowa, United States

Professional Licensures & Certifications

2023	Integrative Medicine , Goldings Institute
2014	AGACNP , ANCC
2006	TNCC-P, AHA ENPC-P, AHA
2005	FNP , AANP CMC , AACN RN-BC , ANCC APRN , Texas Board of Nursing
1992	CCRN , AACN

1990 [RN](#), Texas Board of Nursing

1987 [ACLS](#), AHA

1986 RN, Iowa Board of Nursing; Texas Board of Nursing

1984 LPN, Iowa Board of Nursing

1983 [BLS](#), AHA

Work Experience

2025 - Ongoing

[Nurse Practitioner](#) , Primary Care Clinic of Texas, Lewisville, Texas, United States

2022 - 2025

[Nurse Practitioner](#), Gary Goff, MD, Internal Medicine, Dallas, Texas, United States

2022 - Ongoing

[Clinical Associate Professor](#), University of Texas at Tyler, Tyler, Texas, United States

2020 - 2022

Nurse Practitioner Hospitalist, Medical Experts of Texas, PA, Denton, Texas, United States

2016 - 2022

[Clinical Assistant Professor](#), University of Texas at Tyler, Tyler, Texas

2015 - 2023

[Nurse Practitioner](#), DNP Health Net, LLC, Flower Mound, Texas

2015 - 2016

[FNP Visiting Professor](#), Chamberlain University, College of Nursing, DeVry Education Group, online, Texas, United States

2015 - Ongoing

[Owner/President/Provider](#), DNP Health Net, LLC , Flower Mound, Texas, United States

2009 - 2015

Nurse Practitioner, SW Pulmonary Associates, LLC, Irving , Texas, United States

2007 - 2009

Adjunct Clinical Faculty, College of Nursing, BSN program Texas Woman's University , Dallas, Texas, United States

2005 - 2009

Nurse Practitioner, Fossil Creek Family Medical Center, Fort Worth, Texas, United States

1999 - 2000

Instructor, Sterling Massage Therapy School, Addison, Texas, United States

1997 - 2014

Level VI RN, Home Health Care - Weekend Team Texas Health Presbyterian Hospital of Dallas , Dallas, Texas, United States

1995 - 1997

RN, Cardiac Home Health , Cardiac Solutions, Dallas, Texas, United States

1993 - 1995

RN, Level III, Texas Health Presbyterian Hospital of Dallas, Dallas, Texas, United States

RN, Criti-Care, Dallas Metroplex, Texas, United States

1990 - 1993

Unit Director, Texas Health Presbyterian Hospital of Dallas , Dallas, Texas, United States

Scholarly Contributions and Creative Productions

Creative Production

In Progress

Schlemmer, T. (2025, Summer). Skill check-off rubric and quiz for Neuropathic conditions using monofilament or tuning fork. *University of Texas at Tyler PC3 course* Graduate Nursing FNP program N5455 course: University of Texas at Tyler. [\[Attachment\]](#)

Poster Presentation

Submitted

Schlemmer, T. (2024, April). *The Evaluation of Oxygen Need. 2024 TUHS Nursing Research & EBP Conference*. Philadelphia, PA: Temple Health. [\[Attachment\]](#)

Schlemmer, T. (2024, April). *Impact of Social Isolation on Dementia 2024 TUHS Nursing Research & EBP Conference*. Temple University, Philadelphia, PA: Temple Health. [\[Attachment\]](#)

Schlemmer, T. (2024, April). *Impact of Strokes: The Burden of Care, Post-CVA Fatigue & Caregiver Role Strain. 2024 TUHS Nursing Research & EBP Conference* Temple University, Philadelphia, PA: Temple Health. [\[Attachment\]](#)

Presentation

Submitted

Schlemmer, T. (2026). *PolyPharmacy in the Elderly & Deprescribing. AANP Annual Conference 2027*. New Orleans, Louisiana: AANP. [\[Attachment\]](#)

Honors

2017	50 Most Outstanding Alumni , Western Iowa Tech Community College National Engaged Leader Award, National Society of Leadership and Success (NSLS)
2014	Phi Kappa Phi induction , Phi Kappa Phi - Texas Tech University Health Science Center
2011	Member of the Year, Sigma Theta Tau- Beta Beta Chapter Clinical Level VI - NCAP , Texas Health Presbyterian Hospital of Dallas
2010	Clinical Level VI - NCAP, Texas Health Presbyterian Hospital of Dallas
2009	Member of the Year, Sigma Theta Tau- Beta Beta Chapter Clinical Level VI - NCAP, Texas Health Presbyterian Hospital of Dallas
2008	Clinical Level VI - NCAP, Texas Health Presbyterian Hospital of Dallas
2006	Nursing Excellence Scholarship Award, Texas Health Presbyterian Hospital of Dallas

Community Service/Civic Service Activities

Fall 2025 - Ongoing

[Volunteer Nurse Practitioner](#), Primary Care Clinics of Texas - Lewisville

Fall 2024 - Ongoing

[Reviewer of Candidate Applications](#), UTAH Academy of Health Science Educators'

Fall 2023 - Ongoing

[Community Educator](#), Alzheimer's Association

Complete vita

1992, 2012, Development and Presentation for Continuing Education Units (CEUs):

I. Presbyterian Hospital of Dallas:

- *Physiologic Responses to Pain, 1.25 CEU
- *Strategies for Developing Trust with the Hispanic Client, Patient Care First, 1.25 CEU
- *IABP Introductory Course, 8.5 CEU
- *IABP Renewal Course, 4.4 CEU
- *Critical Care Internship, courses: (CHF, MI, Cardiomyopathy, EKGs)

II. Presbyterian Home Health:

- *Heart Failure-Identification & Management in the Homecare Arena 1.25 CEU
- *Nutrition and Types of Diets, 1.25 CEU
- *Common Laboratory Data, 1.25 CEU
- *Becoming a Certified RN, 1.25 CEU
- *CHF: New Perspectives in Evaluation and Management, 1.3 CEU
- *CHF in the Home Care Arena, 1.2 CEU
- *Cor Pulmonale: Assessment & Management, 1.2 CEU

1996, 2012, Educational Presentations topics completed:

Presbyterian Home Health:

- * Heart Failure
- * Dietary Interaction w/Coumadin
- * Atrial Fibrillation Management
- * Current Issues in Wound Care
- * Acute Renal Failure
- * Informatics Proposal
- * Oxygen Needs & Safety
- * Anticoagulation Therapy Safety
- * Nutrition on Immunity & Aging
- * Coordination of Care in Home Health
- * Physiologic Responses to Pain
- * Burnout Recognition & Reduction

Cardiac Solutions:

- * Heparin/Coumadin Therapy Conversion program protocols
- * The Role of the Cardiac Home Care Nurse

1993, 2010, Research completed:

2008 - 2010: Presbyterian Home Health, Principal Investigator:

1. Oxygen Safety in Home Care
2. Anticoagulation Therapy Safety Program for clinicians in Home Health

2006: Presbyterian Hospital of Dallas: Research Department - ENDORSE DVT Study; data collection participant

2002 - 2003: TCU (Texas Christian University) research grant - Care-giver Role Strain, interventional group research participant

2000 - 2001: Medicare Home Health Practice Variations Study - E.P.I.C., data collection participant

1993: Presbyterian Hospital of Dallas: Cardiac ICU research project coordinator & Principal Investigator - Noise: Does Carpet Make a Difference?

1987, 2009, Scholarly Work & Unpublished Manuscript:

2009: Texas Christian University, DNP program, Unpublished Manuscript: Evaluation of an anticoagulation therapy safety education program for clinician's in the homecare environment

2008: Texas Christian University, DNP program, Unpublished Manuscripts:

1. A research synthesis paper: Chronic anticoagulation management, self-testing.
2. Situational analysis with project plan for chronic oral anticoagulation therapy (OAT), self-testing: A patient self-testing program for home health.
3. A project implementation plan paper: Plan for project implementation, quality management, and measurement: Chronic oral anticoagulation therapy (OAT), self-testing, a patient self-testing program for home health.

2004: Texas Woman's University Professional Paper, Unpublished Manuscript: Strategic plan for a CD-ROM health education program for adolescents

1991 – 1993: Presbyterian Hospital of Dallas: Cardiac Intensive Care Unit, The Communicator, a monthly Newsletter

1990: Des Moines University MS Practicum, Unpublished Manuscript:

1. Guidelines for organizing stroke clubs & cardiac support groups
2. Support Group Newsletter development for the American Heart Association.

1989 – 1990: Mercy Hospital Medical Center, Hospital-wide Intensive Care Heartbeat, a monthly Newsletter

1987 – 1988: Grandview University BSN Research Publications, Unpublished Manuscripts:

1. Job satisfaction in relation to nurses' perception of their manager's leadership ability
2. Job satisfaction in relation to salaries and fringe benefits

1986, 2017, Advanced Clinical Skills/Certificates:

2017: Medical Spanish I, 3 Credit Hours, University of Texas at Tyler, Tyler, TX

2008: Post Master's Certificate Course in Nursing Education, Rutgers University, Newark, NJ, Presented by Diane Billings

2006 – 2010: Trauma Nurse Core Course (TNCC-P) Provider

2006 – 2010: Emergency Nurse Pediatric Core Course (ENPC-P) Provider

1986 – Present: Advanced Cardiac Life Support (ACLS)

1984 – Present: Basic Cardiac Life Support (BCLS)

1988 – 1996: Total artificial heart device and Ventricular heart device experience; Pediatric Open Heart/ Pediatric Heart Transplants/ ECHMO; Kidney, Heart, Lung Transplant experience (Adult/ Pediatric)

1997 – 2005: PICC/midline repair

1997 – Present: ABIs (Ankle-Brachial Index), *VAC wound closure