



**Mental Health Nursing
NURS 3311
Fall 2026**

Scheduled Class Days and Times: Tuesdays 12:00 – 01:30

TYLER CAMPUS:

Instructor's Name: Rose Guidry, DNP, RN, RD, LD

Office: Remote

Phone: 903.565.5717

Email: rguidry@uttyler.edu

Office Hours: Wednesday 11:00 AM – 2:00 PM or by appointment

***Best way to contact me: Text, Email, or call for an appointment by Zoom**

TYLER CAMPUS:

Instructor's Name: Rebecca Carrasco, MSN, RN, PMH-BC

Office: Remote

Phone: 903.727.2306

Email: rcarrasco@uttyler.edu

Office Hours: Tuesdays 9:00 AM– 12:00 PM or by appointment

***Best way to contact me: email**

Course Description:

This course utilizes theories and concepts related to human behavior and alterations in human behavior. Using a holistic nursing approach, emphasis is on communication skills, self-awareness, and therapeutic use of self (credit:3)

Prerequisites: 1301-Introduction to Nursing; 2301-Health Assess, Patho, & Pharm 1; 2302-Health Assess, Patho, & Pharm 2

Student Learning Outcomes:

Upon successful completion of this course, the student will be able to:

1. **Patient-Centered Care:** Utilize the nursing process and knowledge of mental health to provide holistic care to diverse populations across the lifespan.
2. **Safety:** Explain the importance of promoting quality and safe environments and their impact on the mental health and well-being of individuals, families, and communities.
3. **Teamwork and Collaboration:** Integrate therapeutic use of self, including therapeutic relationships, therapeutic communication, and interprofessional processes with diverse individuals, families, and communities.
4. **EBP:** Integrate evidence-based findings in the provision of mental health nursing care.

5. **Informatics & Technology:** Utilize technology and information systems to facilitate the delivery of mental health nursing care.
6. **Leadership:** Discuss the impact of health care policy and the regulatory process in the provision of mental health nursing care.
7. **Wellness and Prevention:** Promote, maintain and/or restore optimal mental health throughout the continuum
8. **Professionalism:** Demonstrate conduct that reflects core professional values and legal and ethical principles.
9. **Strengths:** Determine how Strengths (signature talent themes) influence the role of the student nurse and clinical decision-making.

Required Textbooks and Readings:

Purchase ATI Products as outlined per course requirements

1. ATI Engage Mental Health Modules
2. ATI Mental Health Content Mastery Series Review Module

Special Course Notes:

1. This course requires you to use ATI Engage Mental Health, an external website/resource, to complete homework or assessments <https://www.atitesting.com>.
2. Technical resources: Laptops/electronic devices are required for testing with ATI. Notebooks and tablets are not compatible for ATI Products.
3. Artificial Intelligence in course work: Refer to the UT Website for more details @ uttyler.edu - digital learning AI

Assignments and Weights/Percentage/Point Values

Criteria for Evaluation:	Percentage of Grade:	Additional information
		<i>Late policy: 5% will be deducted each day an assignment is past due unless prior arrangements have been made with your course faculty. Extenuating circumstances may apply. Students should email faculty if an assignment is late prior to the assignment deadline.</i>
ATI Engage Mental Health Modules and Pharmacology Review	25%	Post test for each module (19 modules) Pharm Made Easy 4.0 Review • The Neuro System Part 1 • The Neuro System Part 2

Reflection Journals	5%	See rubric in canvas
ATI Mental Health Final Grade	10%	ATI Mental Health Practice A & B and Proctored Assessments See rubric in Canvas
4 Module Proctored Exams and a Final Exam	60 %	Four multiple choice quizzes and a final comprehensive Quiz. Quizzes can only be made up for preapproved reasons. Only the first attempt will be counted for grading purposes.

Grading Scale: Specific guidelines and grading criteria for all assignments are in the Modules. Final grades for the course will be determined based upon the following point assignments:

- A - 90-100
- B - 80-89
- C - 75-79
- D - 60-74
- F - Below 60

Final course grades less than 75% are not rounded up.

The simple average of all exam grades, including a final, must first be at or above 75% in order to pass the course. Once the student has achieved a simple exam average of 75% or higher, course grades will be determined based on the weighted calculation of exams and other required course work.

Grade Appeals: Although the university policy allows 60 days for grade appeals, the School of Nursing follows a stricter timeline of 10 days to facilitate students' timely progression through the curriculum. In the case of extenuating circumstances, please consult the Associate Dean of Academic Affairs for guidance.

Academic Integrity: Cheating of any kind, as defined in Section 8 of the UT Tyler Manual of Policies and Procedures (MOPP) for Student Affairs (<https://www.uttyler.edu/mopp/>), will not be tolerated. Consequences may include:

- reprimand
- exam failure
- course failure
- expulsion from the Nursing program
- expulsion from the University
- other consequences as assigned

Exam and homework materials, questions, and problems are the intellectual property of faculty, UT Tyler, or publishers.

- These materials may not be distributed without permission.

- Distributing or uploading them to online resources destroys the integrity of the assignment and the course, allowing others an unfair advantage by letting them view the materials.
- Uploading these materials to online resources is a violation of UT Tyler's academic misconduct policies and may result in formal conduct charges.
- Sanctions for uploading or otherwise divulging the contents of these materials can include:
 - a reduced or failing grade on an assignment
 - a reduced or failing grade for the course
 - removal from the Nursing program
 - removal from UT Tyler

Late Policy: 5% will be deducted each day an assignment is past due unless prior arrangements have been made with your course faculty. Extenuating circumstances may apply.

Repeating a Course: Students repeating this course may not use previously submitted assignments nor utilize the same patients for an assignment. Submitting the same or slightly modified assignments from previous semesters is considered self-plagiarism and is subject to academic discipline, including failing the assignment or the course.

Attendance and Make-up Policy: Attendance/participation is expected. Make-up for exams, quizzes, assignments, and missed clinical time is at the instructor's discretion.

Grade Replacement: Students repeating a course for grade forgiveness (grade replacement) must file a Grade Replacement Contract with the Enrollment Services Center (ADM 230) on or before the Census Date of the semester in which the course will be repeated. Grade Replacement Contracts are available in the Enrollment Services Center or at <http://www.uttyler.edu/registrar>. Each semester's Census Date can be found on the Contract itself, on the Academic Calendar, or in the information pamphlets published each semester by the Office of the Registrar.

Failure to file a Grade Replacement Contract will result in both the original and repeated grade being used to calculate your overall grade point average. Undergraduates are eligible to exercise grade replacement for only three course repeats during their career at UT Tyler; graduates are eligible for two grade replacements. Full policy details are printed on each Grade Replacement Contract.

Important Course Dates:

Classes Begin: 08/27/26

Census Date (withdraw without penalty): 09/09/26

Last Date to Withdraw: 11/02/26, please contact your advisor to discuss withdrawing from the course and notify your instructor.

Final exam: Due 12/09/26

Last day of class: 12/10/26

NURS 3311 – Mental Health

Course Opens 8/27/26	Module Topics	Activities and Exams
Pre-Week 1 Activity		Complete & submit by Sunday 08/30/26 at 11:59 pm: Undergraduate Affirmation Forms
Week 1 08/31/26-09/06/26	Foundational Concepts of Mental Health Nursing Client and Mental Health Team Member Safety: Legal & Ethical Considerations Continuum of Treatment	Due Monday, 08/31/26 at 11:59 pm Engage Mental Health Modules: 1. Foundational Concepts of Mental Health Nursing 2. Client and Mental Health Team Member Safety: Legal & Ethical Considerations 3. Continuum of Treatment Class: Tuesday 09/01/26 12:00 – 1:30 Location: BRB 1032 Due Tuesday 09/01/26 at 11:59 pm <i>Reflection Journal #1</i>
Week 2 09/07/26-09/13/26 Census Date 09/09/26	Evidence-Based Practice in Mental Health Nursing Mental Health Theories & Therapies Building Therapeutic Relationships	Due Monday, 09/07/26 at 11:59 pm Engage Mental Health Modules: 1. Evidence-Based Practice in Mental Health Nursing 2. Mental Health Theories & Therapies 3. Building Therapeutic Relationships Class: Tuesday 09/08/26 12:00 – 1:30 Location: BRB 1032 Due Tuesday 09/08/26 at 11:59 pm <i>Reflection Journal #2</i>
Module 1 Exam 9/14/26	Weeks 1-2 Content	<u>Module 1 Exam: Monday 09/14/26 at 8:00 am</u> Location: West Wing Testing Center BRB 1016 and 1017
Week 3 09/14/26-09/20/26	Psychopharmacology	Due Monday, 09/14/26 at 11:59 pm Engage Mental Health Module: 1. Psychopharmacology Class: Tuesday 09/15/26 12:00 – 1:30 Location: BRB 1032 Due Tuesday 09/15/26 at 11:59 pm <i>Reflection Journal #3</i>

Week 4 09/21/26-09/27/26	Physiological and Psychological Responses to Stress Anxiety, Obsessive-Compulsive, and Related Disorders	Due Monday 09/21/26 at 11:59 pm Engage Mental Health Modules: 1. Physiological and Psychological Responses to Stress 2. Anxiety, Obsessive-Compulsive, and Related Disorders Class: Tuesday 09/22/26 12:00 – 1:30 Location: BRB 1032 Due Tuesday 09/22/26 at 11:59 pm <i>Reflection Journal #4</i>
Week 5 09/28/26-10/04/26	Personality Disorders Eating Disorders	Due Monday 09/28/26 at 11:59 pm Engage Mental Health Modules: 1. Personality Disorders 2. Eating Disorders Class: Tuesday 09/29/26 12:00 – 1:30 Location: BRB 1032 Due Tuesday 09/29/26 at 11:59 pm <i>Reflection Journal #5</i>
Module 2 Exam 10/05/26	Weeks 3-5 Content	<u>Module 2 Exam: Monday 10/05/26 at 8:00 am</u> Location: West Wing Testing Center BRB 1016 and 1017
Week 6 10/05/26-10/11/26	Mood Disorders and Suicide	Due Monday 10/05/26 at 11:59 pm Engage Mental Health Module: 1. Mood Disorders and Suicide Mid Semester Survey Class: Tuesday 10/06/26 12:00 – 1:30 Location: BRB 1032 Due Tuesday 10/06/26 at 11:59 pm <i>Reflection Journal #6</i>
Week 7 10/12/26-10/18/26	Abuse, Aggression, and Violence Trauma, Crisis, Disaster, and Related Disorders	Due Monday 10/12/26 at 11:59 pm Engage Mental Health Modules 1. Abuse, Aggression, and Violence 2. Trauma, Crisis, Disaster, and Related Disorders Class: Tuesday 10/13/26 12:00 – 1:30 Location: BRB 1032 Due Tuesday 10/13/26 at 11:59 pm

		<i>Reflection Journal #7</i>
Week 8 10/19/26-10/25/26	Schizophrenia Spectrum Disorders and Psychosis	Due Monday 10/19/26 at 11:59 pm Engage Mental Health Module Schizophrenia Spectrum Disorders and Psychosis Class: Tuesday 10/20/26 12:00 – 1:30 Location: BRB 1032 Due Tuesday 10/20/26 at 11:59 pm <i>Reflection Journal #8</i>
Module 3 Exam 10/26/26	Weeks 6-8 Content	<u>Module 3 Exam: Monday 10/26/26 at 8:00 am</u> Location: West Wing Testing Center BRB 1016 and 1017
Week 9 10/26/26-11/01/26	Disruptive Behavioral Disorders Substance-Related and Addiction Disorders	Due Monday 10/26/26 at 11:59 pm Engage Mental Health Module - Disruptive Behavioral Disorders - Substance-Related and Addiction Disorders <i>Pharm Made Easy Part 1</i> (Continuation of Psychopharmacology Lesson and Activities) <i>ATI Mental Health Practice A</i> Class: Tuesday 10/27/26 12:00 – 1:30 Location: BRB 1032 Due Tuesday 10/27/26 at 11:59 pm <i>Reflection Journal #9</i>
Week 10 11/02/26-11/08/26	Neurocognitive Disorders Grief and Loss	Due Monday 11/02/26 at 11:59 pm Engage Mental Health Modules: - Neurocognitive Disorders - Grief and Loss Class: Tuesday 11/03/26 12:00 – 1:30 Location: BRB 1032 Due Tuesday 11/03/26 at 11:59 pm <i>Reflection Journal #10</i>
Module 4 Exam 11/09/26	Weeks 9-10 Content	<u>Unit 4 Exam: Monday 11/09/26 at 8:00 am</u> Location: West Wing Testing Center BRB 1016 and 1017

Week 11 11/09/26-11/15/26	Neurodevelopmental Disorders	Due Monday 11/09/26 at 11:59 pm Engage Mental Health Module: 1. Neurodevelopmental Disorders <i>Pharm Made Easy Part 2</i> <i>ATI Mental Health Practice B</i> Class: Tuesday 11/10/26 12:00 – 1:30 Location: BRB 1032 Due Tuesday, 11/10/26 at 11:59 pm <i>Reflection Journal #11</i>
Week 12 11/16/26-11/22/26	PROCTORED ATI MH EXAM: <u>MANDATORY ATI PROCTORED EXAM:</u> Location: West Wing Testing Center BRB 1016 and 1017	<u>MANDATORY ATI PROCTORED EXAM:</u> <u>Monday 11/16/26 at 10:30 am</u> (After Exam, Run MH ATI Proctored Assessment Report, complete Remediation and Submit prior to Retake)
11/23/26-11/27/26	Thanksgiving Holidays	
Week 13 11/30/26-12/06/26	ATI RETAKE Location: West Wing Testing Center BRB 1016 and 1017	<u>ATI Proctored RETAKE EXAM: Monday 11/30/26 at 8:00</u> (No remediation due after the retake. Submit your report for a Final ATI Grade)
Week 14 12/09/26-12/15/26	Comprehensive FINAL EXAM	<u>Comprehensive FINAL EXAM: Wednesday 12/09/26 at 8:00 am:</u> Location: West Wing Testing Center BRB 1016 and 1017