

International Travel & Cruise Ship Travel Guidelines

International Travel

If you have been outside of the United States within the last 14 days and visited an area that currently has a CDC Level 3 travel notice, you should self-quarantine for 14 days.

<https://wwwnc.cdc.gov/travel/notices>

Cruise Ship Travel

If you have traveled on a cruise ship or river cruise within the last 14 days, you should follow the CDC guidelines, including the 14-day self quarantine.

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/returning-cruise-voyages.html>

Overall Precautions

- Stay home, avoid contact with others for 14 days from the date of your return to the country or from the cruise.
- Do not come to campus.
- Take your temperature two times a day to monitor for fever and write down your results.
- Watch for cough, trouble breathing or other COVID-19 symptoms.
- Review the COVID-19 daily health assessment on uttyler.edu/coronavirus.
- Do not take any form of public transportation.
- Keep 6 feet physical distance from others.