



Department of Health and Kinesiology
Bachelor of Science Degree in Kinesiology (Athletic Training)*

2018-2019 Curriculum; 120 semester hours

University Core Requirements (42 Hours)

Communication (6 hrs) ENGL 1301 and SPCM1315 Recommended	Language, Philosophy, and Culture (3 hrs)
Math (3 hours) MATH1342 Stats I (Recommended)	Social/Behavioral Sciences (3 hrs) PSYC 1301 Recommended
Creative Arts (3 hrs)	Government/Political Science (6 hrs)
American History (6 hrs) HIST 1301 United States History I HIST 1302 United States History II	POLS 2306 Intro Texas Politics POLS 2305 Intro American Government
Life and Physical Sciences (6 hrs) Science lectures (See Departmental Science Requirements Listed Below)	Component Area Option (6 hrs) Human Expression: ENGL1302 STEM: Math Recommended

Departmental Lower-Division Requirements (16 Hours)

2 hours of corresponding labs paired with 6 hours of Life Physical Sciences (noted in core) required: BIOL1306/1106 & BIOL1307/1107 or CHEM1311/1111 & CHEM1312/1112 or PHYS1301/1101 & PHYS1302/1102

ALHS 1300 Personal & Community Wellness	BIOL 2301/2101 Anatomy & Physiology I/Lab
KINE 2337 Care and Prevention of Athletic Injuries	BIOL 2302/2102 Anatomy & Physiology II/Lab

Kinesiology Core Courses (36 Hours)

KINE 3303 Motor Development	KINE 4321 Sports Nutrition
KINE3306 Fitness Assessment Skills	KINE 4304 Training: Endurance
KINE 3331/3132 Human Motor Control and Learning/Lab	KINE 4305 Training: Strength and Power
KINE3334/3135 Biomechanics & Anatomical Kinesiology/Lab	HECC 4308 Ethics
KINE 3311/3112 Physiology of Exercise/Lab	HECC 4370 Internship; HECC4371 Internship

Cognate Courses (26 Hours)

Required for Athletic Training (13 hours):

KINE 3301 Assessment of Athletic Injuries I: Lower Extremity	KINE3102 Clinical Experience in Athletic Training I
KINE 3302 Assessment of Athletic Injuries II: Upper Extremity	KINE3103 Clinical Experience in Athletic Training II
KINE 3342 Therapeutic Modalities for Athletic Trainer	KINE4101 Clinical Experience in Athletic Training III
	KINE4102 Clinical Experience in Athletic Training IV

Choose one: (3 hours)

ALHS3352 Consumer Health	ALHS3362 Behavioral Health
ALHS 4320 Principles of Epidemiology	ALHS 3302 Human Diseases

Choose a minimum of 10 hours:

Recommended options are listed below. In addition, any other ALHS, HECC, KINE, PYED class taken in residence at UT Tyler. (Maximum of 4 hours Fitness and Sports Activities)

The following courses are recommended options:

ALHS2301 Medical Terminology	ALHS 3315 Nutrition in Health and Performance
ALHS 3302 Human Diseases	ALHS 4324 Drugs and Health
ALHS 4317 Theoretical and Clinical Aspects of Weight Management	ALHS 4333 Stress Management

*Required to meet with Andrew Cage, Head Athletic Trainer for advising. scage@uttyler.edu. Additional application required.

Substitutions within the degree plan made with advisor and department chair approval only. The final responsibility for the selection, scheduling, and satisfactory completion of the degree requirements rests with the student.