Department of Health and Kinesiology
Bachelor of Science Degree in Kinesiology (Athletic Training)*
2016-2017 Curriculum; 120 semester hours

University Core Requirements (42 Hours)

Communication (6 hrs)                                      Language, Philosophy, and Culture (3 hrs)
ENGL 1301 and SPCM1315 Recommended                          Social/Behavioral Sciences (3 hrs)
Math (3 hours)                                                PSYC 1301 Recommended
MATH1342 Stats I (Recommended)                               Government/Political Science (6 hrs)
Creative Arts (3 hrs)                                        Component Area Option (6 hrs)
American History (6 hrs)                                     Human Expression: ENGL1302
HIST 1301 United States History I                            STEM: Math Recommended
HIST 1302 United States History II                           
Life and Physical Sciences (6 hrs)                           
Science lectures (See Departmental Science Requirements Listed Below)

Departmental Lower-Division Requirements (16 Hours)

2 hours of corresponding labs paired with 6 hours of Life Physical Sciences (noted in core) required: BIOL1306/1106 &
BIOL1307/1107 or CHEM1311/1111 & CHEM1312/1112 or PHYS1301/1101 & PHYS1302/1102
ALHS 1300 Personal & Community Wellness                   BIOL 2301/2101 Anatomy & Physiology I/Lab
KINE 2337 Care and Prevention of Athletic Injuries          BIOL 2302/2102 Anatomy & Physiology II/Lab

Kinesiology Core Courses (36 Hours)

KINE 3303 Motor Development                                   KINE 4321 Sports Nutrition
KINE3306 Fitness Assessment Skills                           KINE 4304 Training: Endurance
KINE 3331/3132 Human Motor Control and Learning/Lab          KINE 4305 Training: Strength and Power
KINE3334/3135 Biomechanics & Anatomical Kinesiology/Lab      HECCE 4308 Ethics
KINE 3311/3112 Physiology of Exercise/Lab                    HECCE 4370 Internship; HECCE4371 Internship

Cognate Courses (26 Hours)

Required for Athletic Training (13 hours):
KINE 3301 Assessment of Athletic Injuries I: Lower Extremity  KINE3102 Clinical Experience in Athletic Training I
KINE 3302 Assessment of Athletic Injuries II: Upper Extremity  KINE3103 Clinical Experience in Athletic Training II
KINE 3342 Therapeutic Modalities for Athletic Trainer         KINE4101 Clinical Experience in Athletic Training III
Choose one: (3 hours)                                        KINE4102 Clinical Experience in Athletic Training IV
ALHS3352 Consumer Health                                      ALHS3362 Behavioral Health
ALHS 4320 Principles of Epidemiology                          ALHS 3302 Human Diseases

Choose a minimum of 10 hours:
Recommended options are listed below. In addition, any other ALHS, HECCE, KINE, PYED class taken in residence at UT Tyler.
(Maximum of 4 hours Fitness and Sports Activities)
The following courses are recommended options:

ALHS2301 Medical Terminology                                   ALHS 3315 Nutrition in Health and Performance
ALHS 3302 Human Diseases                                       ALHS 4324 Drugs and Health
ALHS 4317 Theoretical and Clinical Aspects of Weight Management ALHS 4333 Stress Management

*Required to meet with Andrew Cage, Head Athletic Trainer for advising. scage@uttyler.edu. Additional application required.

Substitutions within the degree plan made with advisor and department chair approval only. The final responsibility for the selection,
scheduling, and satisfactory completion of the degree requirements rests with the student.