# KINE 4101: Clinical Experiences in Athletic Training III

**Department: Health & Kinesiology** 

Class Schedule: August 22<sup>nd</sup> – December 9<sup>th</sup>

Dates: Mondays 12:20 pm – 1:15 pm

Location: UT Tyler Ballpark Athletic Training Clinic

# **INSTRUCTOR:**

S. Andrew Cage, EdD, ATC, LAT, CES

Office: HPC 1045

Email: acage@uttyler.edu

### **OFFICE HOURS**

By Appointment

# CATALOG DESCRIPTION

This course is intended for students accepted into the athletic training education program with aspirations of sitting for the Texas State Athletic Training Licensure Exam. This is a laboratory based course designed to introduce students to aspects of the athletic training profession, procedures of the UT Tyler athletic training education program, and basic level clinical skills necessary to complete upper level clinical education requirements of the program.

#### **TEXTBOOKS**

Recommended Text: Prentice, W.E. (2013). <u>Principles of Athletic Training: A</u> Competency-Based Approach. New York, NY: McGraw Hill. 15<sup>th</sup> edition.

Cage, SA (2014). <u>University of Texas at Tyler Clinical Proficiency Assessment Tool.</u> (Will be made available on BlackBoard)

### **PREREQUISITES**

KINE 3103: Clinical Experiences II

# **COURSE OBJECTIVES** At the end of this course students should be able to do the following:

- Demonstrate a functional knowledge of UT Tyler athletic training education program procedures.
- 2. Explain and demonstrate knowledge of UT Tyler athletic training policies and procedures to incoming athletic training students.
- 3. Demonstrate proficiency with crutch and brace fitting
- 4. Demonstrate knowledge of the theory behind use of therapeutic modalities.
- 5. Effectively prepare an athletic training room budget and inventory.
- 6. Demonstrate knowledge of how to design an athletic training room.
- 7. Demonstrate knowledge of blood born pathogens.

### ATTENDANCE POLICY

Attendance is mandatory!!! Students are expected to attend all weekly seminars and scheduled clinical experience hours. All absences will be considered unexcused unless approved by the professor or an Approved Preceptor. Students are allowed no more than three unexcused absences.

# **GRADING STRUCTURE**

Grading for this course is based off of an A-F scale, and will be judged off of completion of all assigned proficiency worksheets, as well as scoring on said worksheets and terminology assignments. Each assignment will carry an equal weight, and will be graded on a 100 point scale.

Proficiencies: 16 x 5 points = 80 points Proficiency Completion: 200 points

Anatomy Assignments: 4 x 10 points = 40 points

Quizzes: 12x10 points = 120 points Discussion Posts: 3x20 = 60 points

Final: 100 points

Total = 600 points

# **PROFICIENCY CARDS**

Following weekly lectures, students will be expected to complete the designated portion of their proficiency card, that will require initials of a peer, and initials and scores from an approved preceptor within the athletic training clinic. These assignments will test comprehension and retention of skills and information obtained through weekly lecture, as well as give students an opportunity to demonstrate their proficiency to the staff members of the athletic training department. If deadlines are not met for proficiencies as listed, students will be only be able to receive a maximum of a 3 on those proficiencies. Please note that your clinical preceptors and staff members will be under express instructions to not sign off on any proficiencies if you do not have a copy of your own CPAT.

## **ANATOMY ASSIGNMENTS**

There will be 4 anatomy assignments distributed throughout the course of the semester. Students will be required to label diagrams of various parts/regions of the body. Any evidence of plagiarism, cheating, or collaboration will result in a grade of 0 on the assignment. Two cases of cheating will result in a conversation with the department chair about further consequences.

## **ATTENDANCE**

Please not that tardiness and no shows will also be counted regarding practice coverage. 1 no show or 3 tardies to practice with result in 10 points being deducted from your attendance grade. It is important to know that you can receive a negative attendance score.

Week of August 22 <sup>nd</sup> <b>ONLINE</b>	- Introduction
	- Syllabus Review
	- Course Outline
	Syllabus Quiz Due August 26 <sup>th</sup>
	Discussion Post 1 Due August 28 <sup>th</sup>
August 29 <sup>h</sup>	- Budget
_	Discussion Post 1 Responses Due September 2 <sup>nd</sup>
	Quiz 1 Due September 4 <sup>th</sup>
	Anatomy Assignment 1 Assigned
September 5 <sup>th</sup>	- NO CLASS: LABOR DAY
September 12 <sup>th</sup>	- Advanced Wound Care
	Quiz 2 Due September 11 <sup>th</sup>
	Anatomy Assignment 1 Due September 11 <sup>th</sup>
September 19 <sup>th</sup>	- Advanced Rehab: Ankle
_	Quiz 3 Due September 18 <sup>th</sup>
	Discussion Post 1 Due September 18 <sup>th</sup>
September 26 <sup>th</sup>	- Advanced Rehab: Knee
-	Discussion Post 1 Responses Due September 23rd
	Quiz 4 Due September 25 <sup>th</sup>
	Discussion Post 2 Due September 25 <sup>th</sup>
October 3 <sup>rd</sup>	- Advanced Rehab: Hip
	Discussion Post 2 Responses Due September 30 <sup>th</sup>
	Quiz 5 Due October 2 <sup>nd</sup>
	Discussion Post 3 Due October 2 <sup>nd</sup>
October 10 <sup>th</sup>	- Spine Boarding
	Discussion Post 3 Responses Due October 7th
	Quiz 6 Due October 9 <sup>th</sup>
	Anatomy Assignment 2 Assigned
October 17 <sup>th</sup>	- Designing an Athletic Training Room
	Anatomy Assignment 2 Due October 16th
	Designing an Athletic Training Room Project
	Assigned
October 24 <sup>th</sup>	- Blood Borne Pathogens
	Quiz 7 Due October 27 <sup>th</sup>
	Anatomy Assignment 3 Assigned
October 31 <sup>st</sup>	- Crutch Fitting
	Quiz 8 Due November 3 <sup>rd</sup>
	Anatomy Assignment 3 Due November 4 <sup>th</sup>
November 7 <sup>th</sup>	- Advanced Anatomy Upper Body
	Quiz 9 Due November 10 <sup>th</sup>
	Anatomy Assignment 4 Assigned
	Designing an Athletic Training Room Project Due

	November 11 <sup>th</sup>
November 14 <sup>th</sup>	- Cryotherapy/Thermotherapy Theory
	Quiz 10 Due November 17 <sup>th</sup>
November 21 <sup>st</sup>	NO CLASS, Thanksgiving Break
November 28 <sup>th</sup>	- Ultrasound/Electrotherapy Theory
	- Quiz 11 Due November December 1st
Final Exam	Open December 5th and Due December 8th