

THE UNIVERSITY OF TEXAS AT TYLER  
COLLEGE OF NURSING AND HEALTH SCIENCES  
DEPARTMENT OF HEALTH AND KINESIOLOGY

ALHS 5326 (001 AND 060)

HEALTH AND HUMAN SEXUALITY  
COURSE SYLLABUS

SPRING 2021

Instructor  
Cheryl M. Cooper PhD R.N. MSN

Professor Health Sciences



*The Bed* - Toulouse-Lautrec  
French 1864-1901

**ALHS 5326: Sexual Health – Spring 2020**

**Time:** 5:00- 7 PM F-F (or virtual)

**Place:** HPC 3010

**INSTRUCTOR & CONTACT INFORMATION**

- Cheryl M. Cooper, PhD, RN  
Associate Professor  
Health Sciences  
**Email:** ccooper@uttyler.edu  
**Phone:** (903) 566-7263
- Office Hours – by appointment

## **COURSE REQUIREMENTS**

- REQUIRED TEXT: none
- Internet access (to the web and to UT Tyler CANVAS )
- Patriot email account (no other is acceptable for this course)

**THIS COURSE IS CURRENTLY UNDER REVISION. THE INFORMATION BELOW IS TENTATIVE .**

**The course will be organized into 4 categories, each of which will have assigned readings and other learning activities.**

- **The History of Sexuality :** looks at the emergence of sexuality as a subject to be studied and discussed . Will include reading about studies conducted by the early sex researchers, as well as early beliefs and attitudes about many aspects of human sexuality,
- **The Science of Sexuality:** will include reading and discussing scholarly recent/current research related to sex and sexuality .The physical and mental health aspects of sex and sexuality will be emphasized. Social/cultural perspectives will be included.
- **The Philosophy of Sex:** will address questions related to sexual morality, the value of sexual desire, and the forms that it takes. Legal aspects of sexuality will be included.
- **Sex in the Arts and in Literature :** depictions of sex and sexuality in novels, short stories, paintings, photographs and films .

## **COURSE OVERVIEW**

ALHS 5326 involves the study of biological, psychological, sociocultural, ethical and legal aspects of human sexual behavior, as they relate to health.

*Instructional Methods:*

- Lecture
- In class and on- line group discussions
- Other learning activities (inside and outside of class) including films, audio tapes, and guest speakers

*Course Expectations:*

- Complete assigned readings and learning activities as specified
- Actively participate in class discussions and activities

*Student Learning Objectives:* \*Depending on other learning opportunities that might become available during the semester, the instructor may eliminate some of the learning objectives listed below and associated reading assignments to allow the opportunity for other learning activities that are deemed equally valuable and appropriate to the overall aims of the course .

**\*At the end of this course, students should be able to:**

**\* may be revised**

1. Define and/or explain the fundamental terms and concepts related to the study of human sexuality, including the following:
  - Sex, sexuality, gender, gender identity, gender roles, sexual identity, sexual behavior, and sexual orientation
2. Explain the impact of the social and cultural influences on sexual attitudes and behaviors
3. Discuss the concept of normalcy as it relates to sexual behavior
4. Research Describe and analyze some of the contributions early sex researchers. Discuss some contemporary research being conducted and some emerging issues that will direct future research
5. \*\*Identify anatomical structures related to sexual function
6. Describe and compare the sexual response cycle in women and men
7. Discuss current theories about love and its relationship to sex and sexuality
8. Describe how various surgical procedures, health conditions, medications, alcohol, and other drugs may affect sexual performance
9. Describe the socio-sexual development of men and women and the developmental changes that occur over the life cycle

10. Discuss the range of human sexual behaviors (including the paraphilias) and explain the health implications of various behaviors
11. Describe the most common sexually transmitted infections including etiology, natural history, treatment, and effects on pregnancy and fertility
12. Describe and discuss methods of contraception and birth control including.
  - current knowledge (facts) about these methods
  - Explain the underlying beliefs, attitudes, and values that are associated with these methods
  - Infertility: Describe the most common causes for and current methods for treating infertility
13. Define “sexual dysfunction,” and describe some of the more common sexual dysfunctions including causes and treatment
14. Describe approaches to discussing sex and sexuality as a health professional with clients (Ex: taking a sexual history or addressing a risky sexual behavior).

\*\* For independent study

#### REQUIRED LEARNING EXPERIENCES:

- Reading ( and sometimes critiquing scholarly research articles).
  - Reading novels, short stories, or poetry related to sexuality
  - Viewing paintings, photographs, videos , films
  - Participating in group discussions
  - Presenting a selected topic either in the classroom or as a studio video
  - **Class discussions are based on the assumption that students have read the assigned chapters/readings before class.**
2. Regular attendance and participation in class discussions/activities

#### \*EVALUATION

Evaluation activities will be developed on an individual basis and the criteria for success will be worked out collaboratively between the student and the instructor.

\*These selected activities will include the following

\* this may be revised as the revision of the course progresses

Areas

A a selected historical issue or event related to human sexuality

B a sexually transmitted infection: history, epidemiology, pathophysiology, treatment and prevention

C a legal /ethical issue relating to human sexuality: e.g. pornography, prostitution, sex trafficking, genital mutilation, rape, sexual harassment

D. another issue of interest for e.g. specific cultural attitudes /beliefs r/t sexuality and reproduction ; depictions of sex and sexuality in art literature ( film, book , short story, poetry, paintings, photographs) .

4. \* maybe - Final exam (**35% of course grade** ) – (individualized) based on student's selected focus area and presentation topics as they relate to basic concepts and ideas in the assigned readings from the text.

#### *Grading Scheme*

90-100%= A

80-89%= B

70-79%= C

## **UNIVERSITY POLICIES FROM THE HANDBOOK OF OPERATING PROCEDURES**

### **Class Attendance**

Responsibility for class attendance rests with the student. A student shall make every attempt to notify each instructor in advance, or as soon as possible thereafter, when there is a legitimate (unforeseen or unavoidable) reason for being absent.

### **Student Code of Conduct**

...Disciplinary proceedings may be initiated against any student for any of the following acts or omissions:

...Scholastic dishonesty, including, but not limited to, cheating, plagiarism, collusion, the submission for credit of any work or materials that are attributable in whole or in part to another person, taking an examination for another person, any act designed to give unfair advantage to a student or the attempt to commit such acts.

(i) "Cheating" includes, **but is not limited to:**

- copying from another student's test paper;
- using during a test, materials not authorized by the person giving the test;
- failure to comply with instructions given by the person administering the test;
- possession during a test of materials which are not authorized by the person giving the test, such as class notes or specifically prohibited by the person administering the test;
- using, buying, stealing, transporting, or soliciting in whole or part the contents of an unadministered test, test key, homework solution, or computer program;
- collaborating with or seeking aid from another student during a test or other assignment without authority;
- discussing the contents of an examination with another student who will take the examination;
- divulging the contents of an examination, for the purpose of preserving questions for use by another, when the instructor has designated that the examination is not to be removed from the examination room or not to be returned or to be kept by the student;
- substituting for another person, or permitting another person to substitute for oneself to take a course, a test, or any course-related assignment;
- paying or offering money or other valuable thing to, or coercing another person to obtain an unadministered test, test key, homework solution, or computer program, or information about an unadministered test, test key, homework solution or computer program;
- falsifying research data, laboratory reports, and/or other academic work offered for credit;
- taking, keeping, misplacing, or damaging the property of U. T. Tyler, or of another, if the student knows or reasonably should know that an unfair academic advantage would be gained by such conduct; . . .

"Plagiarism" includes, but is not limited to, the appropriation, buying, receiving as a gift, or obtaining by any means another's work and the submission of it as one's own academic work offered for credit.

"Collusion" includes, but is not limited to, the unauthorized collaboration with another person in preparing academic assignments offered for credit or collaboration with another person to commit a violation of any section of the rules on scholastic dishonesty.

## **Food and Drink in Classrooms**

Consumption of food and drink in university classrooms is prohibited.

## **Indoor Smoke-Free Campus**

The University of Texas at Tyler is an indoor smoke-free campus. No smoking will be permitted in any building, hallway, classroom, laboratory, restroom, lounge, or other indoor location.

## **Religious Holy Days**

In accordance with Texas Education Code, Section 51.911, a student may be excused from exams or assignments in observance of a religious holy day if at least 5 days before the date of absence the student delivers written notice of the absence to the instructor(s) of the class(es) by either (1) personal hand-delivery, with acknowledgement of receipt by instructor(s) or (2) certified mail, return receipt requested.

"Religious holy day" means a holy day observed by a religion whose places of worship are exempt from property taxation under section.

A student shall be allowed to take an examination or complete an assignment scheduled for that day within a reasonable time after an absence due to observance of a religious holy day provided the student has met the conditions listed above.

## **Disability Support Services**

If you have a disability, including a learning disability, for which you request disability support services/accommodation, please contact Ida MacDonald in the Disability Support Services office so that the appropriate arrangements may be made. In accordance with federal law, a student requesting disability support services/accommodation must provide documentation of his/her disability to the Disability Support Services counselor. For more information, call or visit the Student Services Office located in the University Center, Room 282. The telephone number is 566-7079 (TDD 565-5579).