

**The University of Texas at Tyler**  
**Department of Health and Kinesiology**  
**Course Information**  
**Spring 2021**

**Course Title:** Biomechanics and Anatomical Kinesiology Laboratory

**Course Number:** KINE 3135

**Credits:** 1.00

**Co-requisite:** KINE 3334

**Days/Hours of Lab:**

KINE 3135.001      Tuesday 9:30am – 11:30am

KINE 3135.002      Tuesday 11:30am – 1:30pm

KINE 3135.003      Thursday 9:30am – 11:30am

**Lab Room:** HPC 2165

**Instructor Information**

**Name and Title:** Yayoi S. Jones, MS

**Office location:** HPC2165

**Email address:** yjones@uttyler.edu

**Office hours:** By appointment

**Teaching Assistants Information**

**Name:** Nara Asgari

**Email address:** nasgari@uttyler.edu

**Communication with instructor**

You may contact me throughout the semester using the messaging feature in Canvas. It is your responsibility to check your Patriots account email and Canvas message.

Note on message

Every message you send to me should include your first and last name, section number, and group number. If you do not include your name at the end of the message, the message will be discarded without reply. I check emails and Canvas message regularly on weekdays and try to respond within 24-48 hours. I do not respond immediately on weekends.

**Canvas**

Important class materials including syllabus, course schedule, assignments, announcements, and reminders will be posted in the Canvas course page. It is your responsibility to check the course page frequently.

Announcements

I will post announcements frequently during the semester. You will be able to see these announcements on your course page. Please check these frequently so you do not miss any important information.

E-mail communication from me to you

E-mail communications will be sent through the messaging feature in Canvas. You are responsible for knowing course information sent via announcements and emails sent through the Canvas site.

### E-mail communication from you to me

You may contact me throughout the semester using the messaging feature in Canvas. If you email me without going through the Canvas site, please include the course number in the subject line. If you do not include your name at the end of the message, the message will be discarded without reply.

### **Course Format**

This class will consist of both online learning and face to face instruction. For face to face, each lab section will be divided into 3 groups. You are expected to come to the lab at the designated time. See the course Canvas page for details.

### **Textbook**

NOT required but recommended:

R.T. Floyd. (2017) Manual of Structural Kinesiology (20<sup>th</sup> Edition). McGraw Hill Publishing. ISBN-13: 978-1259870439.

### **Catalog description**

Laboratory and field analyses related to mechanics and musculoskeletal involvement in movement.

### **Methods of Instruction**

Student learning experiences include but are not limited to: a) problem solving situations and laboratory experiences, b) observations and analysis of movement performances, c) reading designated readings and supplementary materials upon assignment.

Student Learning Outcomes: After the full completion of this course the student will be:

1. Able to decide what biomechanical questions should be asked and studied related to activities of daily living, sports, basic movements and work related tasks.
2. Able to develop research to answer the biomechanical questions asked related to activities of daily living, sports, basic movements and work related tasks.
3. Able to list and explain the differences between qualitative and quantitative analysis.
4. Able to develop and implement kinetic and electromyography (EMG) research.

### **Evaluation**

The students will be evaluated on the basis of completing of laboratory experiences, and participation in analysis projects. A percentage of total points possible will determine the course grade.

90 – 100	A
80 – 89	B
70 – 79	C
60 – 69	D
0 – 59	F

### **Course Structure:**

55 points	Attendance (5 points for each face to face lab, 15 points for attendance of oral presentation)
100 points	Project Proposal
75 points	Peer Evaluation within Group Members

100 points	Project Final Paper
100 points	Oral Final Presentation
70 points	Online Assignments

Total Possible Points: 500 points

### **Biomechanics Project:**

The purpose of the project is to allow the students the opportunity to utilize the biomechanics equipment to help answer interesting questions relating to movement. The students will be able to use Electromyography and a Force Plate to investigate movement. These projects, together with the principles acquired throughout class projects, will provide students a unique prospective to human movement. These projects will be written as well as presented orally via PowerPoint and poster presentation style.

EMG Project: Each laboratory group will be responsible for collecting EMG data on a selected topic (e.g., different abdominal exercises) and subsequent presentation of the findings in both written and oral form. Although both class lectures and laboratory times will be set aside for this project, significant out of class time will be required for the successful completion of this project. I feel that this project will not only be fun, but will give you, as students, a distinct advantage when applying for graduate schools, or jobs requiring movement analysis. Additional information will be forthcoming regarding EXACTLY what this project entails.

Kinetic Force Plate Project: Each laboratory group will be responsible for collecting kinetic force plate data on a selected topic (e.g., ground reaction forces) and subsequent presentation of the findings in both written and oral form. Although both class lectures and laboratory times will be set aside for this project, significant out of class time will be required for the successful completion of this project. I feel that this project will not only be fun, but will give you, as students, a distinct advantage when applying for graduate schools, or jobs requiring movement analysis. Additional information will be forthcoming regarding EXACTLY what this project entails.

## Course Outline

Note: The following schedule is tentative. It may be adjusted, as needed, during the semester to better serve the educational needs of those enrolled in the class.

Week	Date	Lab Topic
1	Section 1: 1/12 Section 2: 1/12 Section 3: 1/14	Introduction to Biomechanics Lab; syllabus (Canvas) -Complete Module in Canvas
2	Section 1: 1/19 Section 2: 1/19 Section 3: 1/21	Electromyography Lab (Face to face) -Complete Module in Canvas
3	Section 1: 1/26 Section 2: 1/26 Section 3: 1/28	Force Plate Lab (Face to face) -Complete Module in Canvas
4	Section 1: 2/2 Section 2: 2/2 Section 3: 2/4	Forming Hypothesis for Group Project (Face to face) -Group Discussion in class -Complete Module in Canvas
5	Section 1: 2/9 Section 2: 2/9 Section 3: 2/11	Forming Hypothesis for Group Project (Canvas) <b>-Proposal is due</b>
6	Section 1: 2/16 Section 2: 2/16 Section 3: 2/18	Collecting Data (Face to face)
7	Section 1: 2/23 Section 2: 2/23 Section 3: 2/25	Collecting Data (Face to face)
8	Section 1: 3/2 Section 2: 3/2 Section 3: 3/4	Collecting Data or Data Analysis (Face to face)
		Spring Break: 3/8-3/12
9	Section 1: 3/16 Section 2: 3/16 Section 3: 3/18	Data Analysis (Face to face) -Complete Module in Canvas
10	Section 1: 3/23 Section 2: 3/23 Section 3: 3/25	Results (Canvas) -Complete Module in Canvas -Results and Introduction is due
11	Section 1: 3/30 Section 2: 3/30 Section 3: 4/1	Discussion and Abstract (Face to face) -Complete Module in Canvas -Discussion is due
12	Section 1: 4/6 Section 2: 4/6 Section 3: 4/8	Discussion and Abstract (TBD) -Complete Modules in Canvas -Abstract is due
13	Section 1: 4/13 Section 2: 4/13 Section 3: 4/15	Working on the project (TBD) -Work on final paper and presentation
14	Section 1: 4/20 Section 2: 4/20 Section 3: 4/22	Final Presentation (Face to face) <b>-Final Paper is due</b> <b>-Final Oral presentation is due</b>
15	Final Week	No Labs

## University Policies

### *UT Tyler Honor Code*

Every member of the UT Tyler community joins together to embrace: Honor and integrity that will not allow me to lie, cheat, or steal, nor to accept the actions of those who do.

### *Students Rights and Responsibilities*

To know and understand the policies that affect your rights and responsibilities as a student at UT Tyler, please follow this link: <http://www.uttyler.edu/wellness/rightsresponsibilities.php>

### *Campus Carry*

We respect the right and privacy of students 21 and over who are duly licensed to carry concealed weapons in this class. License holders are expected to behave responsibly and keep a handgun secure and concealed. More information is available at

<http://www.uttyler.edu/about/campus-carry/index.php>

### *UT Tyler a Tobacco-Free University*

All forms of tobacco will not be permitted on the UT Tyler main campus, branch campuses, and any property owned by UT Tyler. This applies to all members of the University community, including students, faculty, staff, University affiliates, contractors, and visitors. Forms of tobacco not permitted include cigarettes, cigars, pipes, water pipes (hookah), bidis, kreteks, electronic cigarettes, smokeless tobacco, snuff, chewing tobacco, and all other tobacco products. There are several cessation programs available to students looking to quit smoking, including counseling, quitlines, and group support. For more information on cessation programs please visit [www.uttyler.edu/tobacco-free](http://www.uttyler.edu/tobacco-free).

### *Grade Replacement/Forgiveness and Census Date Policies*

Students repeating a course for grade forgiveness (grade replacement) must file a Grade Replacement Contract with the Enrollment Services Center (ADM 230) on or before the Census Date of the semester in which the course will be repeated. Grade Replacement Contracts are available in the Enrollment Services Center or at <http://www.uttyler.edu/registrar> . Each semester's Census Date can be found on the Contract itself, on the Academic Calendar, or in the information pamphlets published each semester by the Office of the Registrar.

Failure to file a Grade Replacement Contract will result in both the original and repeated grade being used to calculate your overall grade point average. Undergraduates are eligible to exercise grade replacement for only three course repeats during their career at UT Tyler; graduates are eligible for two grade replacements. Full policy details are printed on each Grade Replacement Contract.

The Census Date is the deadline for many forms and enrollment actions of which students need to be aware. These include:

- Submitting Grade Replacement Contracts, Transient Forms, requests to withhold directory information, approvals for taking courses as Audit, Pass/Fail or Credit/No Credit.
- Receiving 100% refunds for partial withdrawals. (There is no refund for these after the Census Date)
- Schedule adjustments (section changes, adding a new class, dropping without a "W" grade)

- Being reinstated or re-enrolled in classes after being dropped for non-payment
- Completing the process for tuition exemptions or waivers through Financial Aid

### *State-Mandated Course Drop Policy*

Texas law prohibits a student who began college for the first time in Fall 2007 or thereafter from dropping more than six courses during their entire undergraduate career. This includes courses dropped at another 2-year or 4-year Texas public college or university. For purposes of this rule, a dropped course is any course that is dropped after the census date (See Academic Calendar for the specific date).

Exceptions to the 6-drop rule may be found in the catalog. Petitions for exemptions must be submitted to the Enrollment Services Center and must be accompanied by documentation of the extenuating circumstance. Please contact the Enrollment Services Center if you have any questions.

### *Disability/Accessibility Services*

In accordance with Section 504 of the Rehabilitation Act, Americans with Disabilities Act (ADA) and the ADA Amendments Act (ADAAA) the University of Texas at Tyler offers accommodations to students with learning, physical and/or psychological disabilities. If you have a disability, including a non-visible diagnosis such as a learning disorder, chronic illness, TBI, PTSD, ADHD, or you have a history of modifications or accommodations in a previous educational environment, you are encouraged to visit

<https://hood.accessiblelearning.com/UTTyler> and fill out the New Student application. The Student Accessibility and Resources (SAR) office will contact you when your application has been submitted and an appointment with Cynthia Lowery, Assistant Director of Student Services/ADA Coordinator. For more information, including filling out an application for services, please visit the SAR webpage at <http://www.uttyler.edu/disabilityservices>, the SAR office located in the University Center, # 3150 or call 903.566.7079.

### *Student Absence due to Religious Observance*

Students who anticipate being absent from class due to a religious observance are requested to inform the instructor of such absences by the second class meeting of the semester.

### *Student Absence for University-Sponsored Events and Activities*

If you intend to be absent for a university-sponsored event or activity, you (or the event sponsor) must notify the instructor at least two weeks prior to the date of the planned absence. At that time the instructor will set a date and time when make-up assignments will be completed.

### *Social Security and FERPA Statement*

It is the policy of The University of Texas at Tyler to protect the confidential nature of social security numbers. The University has changed its computer programming so that all students have an identification number. The electronic transmission of grades (e.g., via e-mail) risks violation of the Family Educational Rights and Privacy Act; grades will not be transmitted electronically.

### *Emergency Exits and Evacuation*

Everyone is required to exit the building when a fire alarm goes off. Follow your instructor's directions regarding the appropriate exit. If you require assistance during an evacuation, inform your instructor in the first week of class. Do not re-enter the building unless given permission by University Police, Fire department, or Fire Prevention Services.

### *Student Standards of Academic Conduct*

Disciplinary proceedings may be initiated against any student who engages in scholastic dishonesty, including, but not limited to, cheating, plagiarism, collusion, the submission for credit of any work or materials that are attributable in whole or in part to another person, taking an examination for another person, any act designed to give unfair advantage to a student or the attempt to commit such acts.

- i. “Cheating” includes, but is not limited to:
  - copying from another student’s test paper;
  - using, during a test, materials not authorized by the person giving the test;
  - failure to comply with instructions given by the person administering the test;
  - possession during a test of materials which are not authorized by the person giving the test, such as class notes or specifically designed “crib notes”. The presence of textbooks constitutes a violation if they have been specifically prohibited by the person administering the test;
  - using, buying, stealing, transporting, or soliciting in whole or part the contents of an unadministered test, test key, homework solution, or computer program;
  - collaborating with or seeking aid from another student during a test or other assignment without authority;
  - discussing the contents of an examination with another student who will take the examination;
  - divulging the contents of an examination, for the purpose of preserving questions for use by another, when the instructors has designated that the examination is not to be removed from the examination room or not to be returned or to be kept by the student;
  - substituting for another person, or permitting another person to substitute for oneself to take a course, a test, or any course-related assignment;
  - paying or offering money or other valuable thing to, or coercing another person to obtain an unadministered test, test key, homework solution, or computer program or information about an unadministered test, test key, home solution or computer program;
  - falsifying research data, laboratory reports, and/or other academic work offered for credit;
  - taking, keeping, misplacing, or damaging the property of The University of Texas at Tyler, or of another, if the student knows or reasonably should know that an unfair academic advantage would be gained by such conduct; and
  - misrepresenting facts, including providing false grades or resumes, for the purpose of obtaining an academic or financial benefit or injuring another student academically or financially.
- ii. “Plagiarism” includes, but is not limited to, the appropriation, buying, receiving as a gift, or obtaining by any means another’s work and the submission of it as one’s own academic work offered for credit.
- iii. “Collusion” includes, but is not limited to, the unauthorized collaboration with another person in preparing academic assignments offered for credit or

collaboration with another person to commit a violation of any section of the rules on scholastic dishonesty.

iv. All written work that is submitted will be subject to review by plagiarism software.

#### UT Tyler Resources for Students

- UT Tyler Writing Center (903.565.5995), [writingcenter@uttyler.edu](mailto:writingcenter@uttyler.edu)
- UT Tyler Tutoring Center (903.565.5964), [tutoring@uttyler.edu](mailto:tutoring@uttyler.edu)
- The Mathematics Learning Center, RBN 4021, this is the open access computer lab for math students, with tutors on duty to assist students who are enrolled in early-career courses.
- UT Tyler Counseling Center (903.566.7254)

**Note: This syllabus is subject to change based on the needs of the class.**