

# Manual of Policies and Procedures for Student Affairs

## Subchapter 3.4 Student Health and Wellness

### Subchapter 3.4-100. General Provisions

#### Sec 3.4-101. Purpose

a. The mission of Student Health and Wellness is to support student learning by creating opportunities, programs and policies that empower students to reach their full potential, take responsibility for themselves and others, and contribute to the creation of a healthy, safe and socially just learning environment.

#### Sec. 3.4-102. Definitions

a. In this chapter, unless the context requires a different meaning,

1. "chief student affairs officer" means the chief student affairs officer or their designee;
2. "hearing officer" means a person appointed by the president to conduct hearings of alleged violations of a regents' rule, university regulation, or administrative rule;
3. "organization" means a student group holding a valid registration;
4. "president" means the president of The University of Texas at Tyler;
5. "student" means a person currently enrolled in residence at the university, or who is accepted for admission or readmission to the university, or who has been enrolled at the university in a prior semester or summer session and is eligible to continue enrollment in the semester or summer session that immediately follows, or who is attending an educational program sponsored by the university while that person is on campus;
6. "university" means The University of Texas at Tyler;
7. "university facility" means a classroom, auditorium, student housing, other building, or outdoor area owned or controlled by the university;
8. "weekday" means Monday through Friday except for official university holidays; "day" means calendar day;
9. "faculty or staff" means a current employee of The University of Texas at Tyler.

#### Sec. 3.4-103 Introduction

a. Student Health and Wellness services are available for all currently enrolled students of The University of Texas at Tyler. Certain programs, such as health fairs and presentations are also open for UT Tyler faculty and staff. Programming and services are provided upon request on the Longview and Palestine campuses.

b. Services are made available through the Medical Service Fee. A fee may also be charged for participating in a judicial sanction program. There is no additional charge for other programs.

c. Student Health and Wellness is located in the University Health Clinic. Judicial sanction appointments are scheduled and conducted by wellness professionals or practicum students in the Student Counseling Center in UC 3170. Student Health and Wellness professionals may be contacted weekdays from 8:00 am – 5:00 pm. Presentations for various student groups may be available after hours by request.

#### Sec. 3.4-104. Student Health and Wellness Programs

a. Mandated Programs

1. Alcohol, Tobacco, and Other Drugs (ATOD) Programs: Meets the requirements of the Drug Free Schools and Communities Act Amendments of 1989 including annual notifications, evaluation, and the Biennial Review
2. Safety Programs: Contributes to the Cleary Act by providing educational programs that promote various safety issues such as AOD and sexual assault

3. Interpersonal Violence Programs: Addresses Title IX, a federal civil rights law that prohibits discrimination in educational programs and activities on the basis of sex; discrimination can include sexual violence—such as rape, sexual assault, sexual battery, and sexual coercion—domestic and dating violence, stalking, and harassment.
  - A. Prevention and response programs include Campus Assault Response Effort (CARE) and Safety-Net Training.

b. Other Health Programs include but are not limited to:

1. Annual Health Fair: Collaboration with The College of Nursing and Health Sciences, Recreational Sports, University Health Clinic, Campus Police, Environmental Health and Safety, Community Relations, and Human Resources
2. Sexual Responsibility
3. Recreational Sports Wellness Education Lunch speakers
4. Safe Spring Break
5. Bystander Intervention

c. Student Health 101

1. Student Health 101 is a monthly health and wellness magazine for UT Tyler students and their families, as well as faculty and staff. Each issue contains valuable information that will help students make better decisions and can help others gain a better understanding of the health and wellness challenges that face today's students.
2. Each month, an e-mail with the latest issue of Student Health 101 will be sent to all student e-mails, the campus bulletin board, and parents registered with the Parent and Family Programs.

d. Alcohol EDU and Haven

1. As part of our comprehensive prevention program for new students, freshmen are required to complete on-line programs on alcohol abuse prevention (Alcohol EDU) and sexual assault prevention (Haven).

2. All new students are expected to complete Haven prior to arriving on campus.

3. This program is also available to any UT Tyler student, faculty, and staff.

**Sec. 3.4-105. Judicial Programs**

a. Students may be referred to Student Health and Wellness as a part of a judicial sanction related to a violation of campus policy regarding alcohol, drugs, or other health education issues. Referral sources may consist of the Assistant Vice President of Student Affairs, the Director of Residence Life, Housing Coordinators, Resident Assistants, Athletic Coaches and others.

b. Students may be referred to an individual prevention education program that may consist of completing a substance abuse screening, participating in a computer-based educational program, and/or meeting with a counselor or health educator to discuss healthy decision-making issues. Students who complete a judicial program must sign a release of information in order for a letter to be sent to the referral source regarding participation in the program.

c. There is a \$55 fee for judicial programs, and sessions are by appointment only.

**Sec. 3.4-106. Peer Education and Internships**

a. Peer Educators are trained students who are interested in communicating with other students in order to encourage a change in behavior or improvement in knowledge about various student issues. Students have the option of working as peer educators independently or by creating a student organization. We are an affiliate of the NASPA BACCHUS Initiatives, an international student organization for peer education.

b. Internship positions are open to students in various majors. Past examples are Psychology Undergraduate Internship and Health Studies Internship.

**Sec. 3.4-106. Consultation and Outreach**

a. Student Health and Wellness collaborates with other campus entities to provide resources and programming as needed, and serves as a referral resource for the University Health Clinic for sexual health, interpersonal violence, and substance abuse education.

b. Health-related issues may include sexual responsibility, stress management, life balance, bystander intervention, personal safety, and others.

c. Wellness may provide support and information for various campus activities, such as homecoming, new student orientation, and Patriot Days.

d. Student Health and Wellness works closely with community resources with similar goals and objectives

Revised: 08/12/2014