



STUDENT COUNSELING CENTER

SERVICES WITH A LICENSED PROFESSIONAL COUNSELOR ARE AVAILABLE TO ALL
STUDENTS ENROLLED AT THE UNIVERSITY!

LOCATED ON THE 3RD FLOOR OF THE UC
(3170)

8:00AM – 5:00PM

Common Concerns Include:

Anxiety, Depression, Study Skills, Test-Anxiety, Time-Management, Stress-
Management, Relationship Issues, Family issues, Boundaries, Communication Skills,
Relaxation Techniques, Career Counseling, Self-Care, Grief/Loss, & Trauma Recovery

TO SCHEDULE AN APPOINTMENT:
903-565-5746 OR 903-566-7254 (CRISIS HOTLINE)