

NURS 4323/5323
Summer 2018

**THE UNIVERSITY OF TEXAS AT TYLER
SCHOOL OF NURSING**

**NURS 4323/ 5323
Holistic Health:
The Art and Science of Caring and Healing
Summer 2018**

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The content of this syllabus/WEB site is subject to change at the discretion of the faculty leaders according to current learning needs.

NURS 4323/5323

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TITLE: NURS 4323/ 5323: Holistic Health: The Art and Science of Caring and Healing

SEMESTER CREDIT HOURS: Three (3)

COURSE DESCRIPTION:

Explores the application of holistic philosophy and theory to practice. Included will be on-line discussion, presentation, demonstration, and experiential sessions on alternative/complementary therapies to promote health and healing; analyses of current and projected trends, theory, research, and practice roles in holistic based care; the role of the informed consumer in health care; and comparative study of traditional and alternative medicine.

STUDENT LEARNING OUTCOMES:

Upon Successful completion of the course, students will have demonstrated the ability to:

1. Differentiate between the philosophy of holistic health and that of contemporary western medicine.
2. Examine the knowledge base/theory for understanding the history, current practice, and future of holistic health practice as complement/supplement to modern techno-medicine.
3. Implement strategies for health promotion, healing, and change within self and clients
4. Propose alternative methods/strategies to promote health and healing.
5. Analyze the relationship of self-care/self-responsibility to the role of the informed consumer.
6. **Graduate (NURS 5323) students only:** Evaluate research methods/studies of holistic practice and contemporary western medicine.
7. **Graduate (NURS 5323) students only:** Analyze the application of holistic nursing principles to education, research, and healthcare policy.

TEACHING METHODS

This course is didactic and experiential and will include such methods as on-line lecture/discussion, demonstration/participation, media illustrations, journaling, holistic health information assignments, student major project presentations, and/or a project paper.

COURSE EXPECTATIONS

1. Success in the course is dependent upon the student's class attendance, positive participation in class activities, and interaction with all course faculty and other students.
2. Students are expected to use course resource material, references, and scholarly on-line or other sources to prepare for class discussion and exercises.

3. All assignments are expected to be turned in as assigned unless prior arrangements have been made with faculty.

GRADING POLICY

Completion of NURS 4323 / 5323 is based on satisfactory attainment of course criteria.

1. Course grades will be calculated based on the weighted calculation of assignments. The values are:

Module Assignments & Discussions (4 Modules each 10%)	40%
Holistic Practice and Weekly Journal	30%
On-line Presentation	30%

2. Letter grades will be assigned on the following scale. Graduate students are expected to achieve a grade of B or higher to successfully complete the course:

A	90-100
B	80-89
C	70-79
D	60-69
F	< 60

REQUIRED TEXTS: None

Course text: Dossey, B. & Keegan, L. (2015). Holistic nursing: A handbook for practice. (7th edition). Sudbury, MA: Jones and Bartlett. (ISBN-13: 978-1284072679)

COURSE ASSIGNMENTS

1. **Module Assignments and Discussions:** Respectful and professional participation in on-line discussions and activities as specified in modules is required. Assignments are described on-line in each Holistic Module. (See assignment guidelines for NURS 4323 and NURS 5323 as provided on-line.)
2. **Holistic Practice and Weekly Journal:** Journaling on your chosen personal alternative or complimentary therapy practice is required. (See assignment guidelines for NURS 4323 and NURS 5323 as provided on-line.)
3. **On-line Presentation:** Presentation will consist of an individual or group exploration of a chosen complimentary or alternative therapy. This is expected to be a professional presentation using PowerPoint slides with appropriate resources. (See assignment guidelines for NURS 4323 and NURS 5323 as provided on-line.)

COURSE CONTENT OUTLINE

Module 1:

- Introductions
- Module 1: Self-Assessments (Chapter 30)
- Community Experiential Activity
- Journal #1

Module 2:

- Module 2: Overview of Holistic Perspective, Theory, and Research (Chapters 1 and 28)
- Practice of Chosen Holistic Modality (5 hours per week minimum)
- Journal #2
- Research for Final Presentation

Module 3:

- Module 3: Transpersonal Human Caring and Healing (Chapter 4)
- Practice of Chosen Holistic Modality (5 hours per week minimum)
- Weekly Journal #3
- Research for Final Presentation

Module 4:

- Module 4: Self Development (Chapter 29)
- Practice of Chosen Holistic Modality (5 hours per week minimum)
- Journal #4
- Research for Final Presentation

Module 5:

- Student On-line Presentations
- Weekly Practice of Chosen Holistic Modality (5 hours per week minimum)
- Weekly Journal #5

UNIVERSITY POLICIES

University policies regarding students' rights and responsibilities, absence for religious observance, absence for university-supported trips, services to students with disabilities, grade replacement, state mandated course drop policy, social security and privacy, and emergency evacuation may be found at

<http://www.utt Tyler.edu/academicaffairs/files/syllabuspolicy.pdf> and University Student Handbook: <https://www.utt Tyler.edu/mopp/>

Last Day to Drop Any or All Classes: July 10, 2017

Courses may be dropped online through MyUTTyler until 4 p.m. on the last day of online (early) registration. After that time, all drops and/or withdrawals must be completed through the Registrar's Office, either in person, by fax or by mail. Dropping or withdrawing from classes may affect financial aid eligibility, veteran's benefits, athletic eligibility, or

international student status. Students should consult with those departments prior to dropping or withdrawing.

ACADEMIC INTEGRITY

1. Students are expected to assume full responsibility for the content and integrity of all academic work submitted as assignments and examinations.
2. Students are advised to review the Scholastic Conduct and Discipline Policy in the current SON [Baccalaureate Student Guide](#) and [UT Tyler Student Conduct and Discipline Policy](#). These policies are fully endorsed and enforced by all faculty members within the School of Nursing.
3. Plagiarism, cheating and collusion are unacceptable and if found violating any of these standards the student will be disciplined accordingly (see Guide for Baccalaureate Students for definitions).
4. The SON has the right to dismiss students from the program for any infraction of a legal, moral, social, or safety nature, pursuant to the procedures detailed in the Regent's Rules.
5. Repeating a course: Students repeating a course may not use previously submitted assignments in the current course or previous courses nor utilize the same patients for an assignment. Submitting the same or slightly modified assignments from previous semesters is considered self-plagiarism and is subject to academic discipline, including failing the assignment or the course
6. It is the student's responsibility to abide by and be aware of The University of Texas at Tyler's academic dishonesty policies:
 - a. <http://www.uttyler.edu/judicialaffairs/scholasticdishonesty.php>
 - b. See <http://www.uttyler.edu/mopp/documents/8-student-conduct-discipline.pdf>
For Chapter 8 Student Conduct and Discipline

EXPECTATIONS OF STUDENTS IN NURS 4323/5323

1. Students are responsible for all course assignments and content, including announcements, that are posted to Canvas.
2. Weekly module content, including virtual classroom lectures and interactive learning material are posted on Canvas. Students are responsible for completion of reading assignments, viewing lecture videos and any other required videos, and for completing all activities/assignments. To succeed in the course, it is imperative that all materials are reviewed.
3. All classes are taught in an online environment
4. Specific information and requirements for the course assignments are posted to Canvas.
5. **Late assignments** will only be accepted at the discretion of faculty:
There will be a 5 point penalty each day for assignments submitted after the due date unless special permission is obtained from faculty.
6. All submitted written material (papers, assignments, examinations, etc.) are the property of the School of Nursing.
7. Communication with faculty will be via phone, *email (preferred method)*, or scheduled appointment. Students are required to use their student Patriot email accounts for all correspondence.

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8. **Email communication should include “NURS 4323/5323.and section #” in the subject line. Students are expected to check their university email at least every two business days**

NETIQUETTE GUIDE

"Netiquette" is network etiquette, the do's and don'ts of online communication. Netiquette covers both common courtesy online and informal "rules of the road" of cyberspace. Review and familiarize yourself with the guidelines provided. See

<http://www.learnthenet.com/learn-bout/netiquette/index.php>