Upon successful completion of COUN 5392 a student will be able to:

**THE SEMSETER**

Additional Materials Needed:

- Other readings posted on Canvas

**Required Texts/Readings:**


**Additional Materials Needed:** One blank SD card; Please see Ms. Linda Speed (HPR 223) to check out your card. ALL CARDS MUST BE ERASED AND RETURNED TO MS. SPEEED AT THE END OF THE SEMSESTER.
Evaluation and Grading
In all aspects of your transition from student to professional I will be supporting you and challenging you to expand your knowledge base, to increase your breadth and depth of skill, and to improve your attitudes and dispositions related to your work. In order to provide structure to this assessment the following points have been assigned to portions of your performance. It is my expectation that you can earn credit in this class if you demonstrate mastery of the appropriate skills, complete assignments in a timely fashion, demonstrate an awareness of and adherence to ethical decision making processes, and demonstrate an attitude of seeking excellence in your therapeutic skills. Points in this course can be earned through professionalism and your role plays and related assignments. Late assignments will not be accepted unless documented proof of an emergency has occurred.

Grading Scale
A (900 - 1000 points)
B (800 - 899 points)
C (700 - 799 points)
D (600 - 699 points)
F (Below 600 points)

Final Grades will be awarded on a credit (CR)/ in progress (IP)/ no credit (NC) basis.
800 – 1000 = Credit. You must earn at least 800 points to receive credit (CR) for the course. Students who earn less than 800 points will receive either a No Credit (NC) or In Progress (IP) depending on their course performance. You must earn CR for this course to progress onto practicum. Please note that ethical violations such as breaches in confidentiality and lack of professionalism can also result in receiving NC for the course.

Course Requirements:

1. Professionalism: It is expected that students will attend all classes and actively participate. Students will also be required to engage in supervision throughout the semester. The instructor will use an evaluation tool during supervision sessions to gauge progress. Available supervision meeting times will be provided by the instructor throughout the semester. All absences must be discussed with the instructor prior to the class missed. Missing more than one class will result in an “IP” or “NC” for the class unless otherwise determined by the professor (200 possible points).

2. Reading Reflections: For each week where there is assigned readings, please complete a reading reflection (Appendix A). You will only do one reading reflection for the all of the readings. Before class, upload to the weekly canvas module and include the following:
   1. Summarize 2 key points/themes/topics of interest to you. Each key point should focus on the information you read (the content) and the reason this interested you.
   2. Generate 2 (thoughtful) questions/issues/concerns you are left with after the readings (100 points total).

3. Role Plays: Throughout the semester, students are required to complete a series of five role plays to demonstrate their counseling abilities. Each role play should be approximately 50 minutes in length. Each role play will be uploaded to the assignment using Arc. Students will engage in group supervision and supervision with the instructor to review the recordings and discuss strengths along with areas of growth. The instructor will
schedule additional supervision times with the students as necessary. In addition to the recordings, students should have thoroughly reviewed their videos and the instructors’ comments on Arc and must bring a completed evaluation form (Appendix B), and a progress note for the session (Appendix C). Instructor comments on Arc may include: skills used, strengths, areas for growth, observations, questions, etc. Additional information will be discussed in class prior to each recording. The following are the list of topics of each role play/written assignment:

1. Intake (100 points)
2. Building the Relationship - Listening and Understanding (100 points)
3. Building the Relationship part 2 (100 points)
4. Termination Session (100 points)
5. Crisis Assessment (100 points)

4. Report. Students will complete a report to demonstrate their assessment and treatment planning skills. Sommers-Flanagan Chapter 8 (posted in Canvas) provides guidelines and examples. The report will be completed based on the presenting client from your first four sessions. In addition to completing a report, you will also provide a provisional diagnosis and treatment plan (200 points).

EMAIL GUIDELINES
Please note: email is the best and often the quickest method of communication. Monday through Friday I will normally respond to emails within 24 hours. A response to emails sent on Friday after 5:00pm will be returned on the following Monday.

In an attempt to provide a framework for professional communication, emails must contain the following:
- Subject Line: Course (e.g., COUN 5392); additional information if desired (e.g., Intake Interview)
- Address the reader: Open with Dr. Flowers
- Adhere to writing mechanics rules; use correct punctuation, capitalization, spelling, and grammar
- If asking for assistance with an issue, please list at least 3 things you have done to try and remediate the issue prior to contacting me (these should probably include looking at the syllabus/course rubrics/Canvas, contacting a friend, and checking your textbook, etc.).
- Close with your name
- Please send emails from your University accounts and/or through Canvas.
- Please understand that you will be redirected to the email guidelines should you choose not to implement them during your first attempt at contact.

ASSUMPTIONS
I am operating on the “assumption” that you want to gain the most you can from the class and will therefore come to every class prepared to engage fully. I trust you will work to balance effectively your personal, academic, and professional commitment.

I assume the following:
You will take responsibility for your own learning
You will contribute to others’ learning
You will ask for help when you need it

You can assume the following:
I care deeply about your success---personally, academically, and professionally
I want you to gain the most possible from this experience
I am committed to my role in this venture
I want to hear your experiences, ideas, and feedback
I will hold you accountable to high (and reasonable) academic standard
## Tentative Course Schedule

(Instructor reserves the right to change the following calendar as needed. Changes will be announced and you are responsible for knowing of any changes.)

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Readings</th>
<th>Assignment Due</th>
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| Week 1 1/17| Introduction and Overview Therapeutic Relationship | Syllabus  
Young Ch. 2         | **Must be submitted prior to start of class** |
| Week 2 1/24| Therapeutic Relationship (Cont’d) - Skills Review | Young Ch. 5  
Young Ch. 2 | Reading Reflection  
(RR 1) |
| Week 3 1/31| Intake Interviewing & Goal Setting - Skills Review | Young Ch. 8 & Ch. 6 | (RR 2 & 3) |
| Week 4 2/7 | GROUP SUPERVISION                          |                                   | Role Play #1  
(Intake) |
| Week 5 2/14| Challenging Skills                         | Young Ch. 5  
Young Ch. 2 | (RR 4 & 5) |
| Week 6 2/21| GROUP SUPERVISION                          |                                   | Role Play #2  
(Relationship I) |
| Week 7 2/28| Clinical Documentation Note Taking and Report Writing | Cameron & Turtle-Song (2002) Learning to write case notes using the SOAP format | (RR 6) |
| Week 8 3/7 | GROUP SUPERVISION                          |                                   | Role Play #3  
(Relationship II) |
| Week 9 3/14| SPRING BREAK!                               | No class!                         |                                                                 |
| Week 10 3/21| Change Techniques Pt. 1 Diagnosis & Treatment Planning | Young Ch. 9  
Readings posted on Canvas | (RR 7) |
| Week 11 3/28 (ACA Conf.) | Termination                                | Young Ch. 11  
Readings posted on Canvas | (RR 8) |
| Week 12 4/4 | GROUP SUPERVISION                          |                                   | Role Play #4  
(Termination) |
| Week 13 4/11| Suicide Assessment Crisis Intervention      | Granello (2010). The process of suicide risk assessment: Twelve core principles. | (RR 9) |
| Week 14 4/18| GROUP SUPERVISION                          |                                   | Role Play #5  
(Crisis Assessment) |
| Week 15 4/25| Psychological First Aid Evaluation & Reflection | Young Ch. 11 | Report Due  
(RR 10) |
| Week 16 5/2 | Final Individual Supervision                |                                   | Meet for Individual Supervision this week – Times TBD |

*Finals Week*
Course Policies

**Informed Consent Statement:** Faculty members are dedicated to the educational, personal, and professional growth and development of our students. Faculty are in a unique position as both instructors who assess students’ academic skills and members of the counseling profession with an ethical obligation to the profession. In both of these roles, it is the faculty’s responsibility to evaluate student competencies within the realm of professional counseling and to address any concerns regarding students’ professional competence. As such, please be aware of the following information regarding this course:

- The counseling profession encourages that counselors fully integrate their own personal attributes and identity, as well as their strengths and weaknesses, into therapeutic processes. Therefore, self-awareness is critical because this knowledge relates to being an effective therapist.
- There will be an emphasis in many courses on self-awareness/exploration, as well as giving feedback to peers. Although uncomfortable at times, we encourage students to be open to self-exploration, since we frequently ask clients to do so.
- At times, class may include experiential and self-awareness exercises. It is important to distinguish between sharing one’s emotional reactions to such experiential class activities and revealing information about one’s personal history. Self-disclosure of personal history is not required in order to successfully pass any course; however, students may be expected to share their reactions to experiential activities.
- Self-disclosures will not be used as a basis for grading in any course. However, should a student disclose information indicating impairment or the potential for harm to clients, the faculty member may take appropriate action in accordance with the ACA Code of Ethics (2014).
- Students often experience personal growth as they progress through the program. **However, the courses are not meant to be a means of personal therapy.** The focus in classes is on self-awareness and the enhancement and growth of necessary counselor skills.
- Please be aware that, although all instructors strive to create a safe environment for any personal disclosures, we cannot guarantee that other students will maintain the confidentiality of any such disclosures that are made.
- It is each student’s responsibility to determine an appropriate level of self-disclosure (i.e. the content and depth of personal information that you share) in experiential learning activities.

**Counseling Role Play Policies.** Role play in the classroom setting is essential to simulating the counseling experience and demonstrating the traditional counseling format. Role plays will be conducted in dyads, outside of class, and videotaped in the training clinic for supervision purposes. It will be necessary for students to perform the role of counselor and client to create authenticity in content, verbal, and non-verbal behaviors in the role play sessions. Portions of role plays will be shown in small groups in class for group supervision. If a student portraying the client does not want a portion of the role play shown in class for confidentiality reasons, that student can inform the instructor.

Information shared during role plays is considered confidential. Students should not discuss role plays outside of class with other students of the class or with others. It should be remembered that students/counselors-in-training are not providing personal counseling or therapy. In order to maintain proper academic boundaries and not move into the realm of personal counseling, students are encouraged not to use current personal issues that may cause embarrassment or unnecessary emotional distress to themselves or others. Students who find themselves needing further services due to issues which arise in the practice of role play should take advantage of services offered at the UT-Tyler Student Counseling Center or pursue private services.

**Diversity Statement.** Students are expected to be sensitive to individual and multicultural differences and to treat one another with respect during their experience in this course. Sensitivity to
gender/race/ethnicity/ability/sexuality is expected and disrespectful language and/or behavior will not be tolerated.

The American Counseling Association has explicit policies, standards, and ethical guidelines regarding diversity issues. In this class, you will be expected to reflect the standards and ethics of the counseling profession, especially in the area of diversity. Any use of written or verbal language should be consistent with the respect and tolerance that are the cornerstone of the counseling profession and should reflect the ACA Human Rights Committee’s 1987 statement on tolerance, which states:

In order to guarantee that each individual is free to pursue his/her potential, each member of ACA is charged to (a) engage in ongoing examination of his/her own attitudes, feelings, stereotypic views, perceptions and behaviors that might have prejudicial or limiting impact on others; (b) contribute to an increased sensitivity on the part of other individuals, groups or institutions to the barriers to opportunity imposed by discrimination; (c) advocate equal rights for all individuals through concerted personal, professional, and political activity.

**Technology Statement.** Cell phones are to be turned off or put in silent mode during class. Cell phones should not be visible during class, so please keep them in your pants, purse, backpack, etc. If you are experiencing an emergency or extenuating circumstance where you need to check your phone during class, please inform me of this before class begins. Please be respectful and **DO NOT TEXT MESSAGE.**

Students who chose to use a laptop computer should only do so for taking notes. **Students who use laptop computers are prohibited from (a) surfing the internet, (b) checking email, and (c) working on other assignments during class.** If the instructor becomes aware of a student using their laptop for any reason other than taking notes, he may ask that student to cease bringing their computer into the classroom.

**Social Media Statement:** Use of social media, or anything in this category is not allowed during class. If you need to contact someone in the case of an emergency, please step out of the classroom to do so and return as quickly as possible. Students are expected to be engaged with course material during class time. Counselors need to be focused on their clients for extended periods—this will be good training.

**Communication Statement:** University policy requires that all e-mail correspondence between students and instructor be done via the Patriot account. Check your Patriot E-Mail frequently. Announcements pertaining to class or departmental business will be sent to the student’s Patriot account. In accord with university policy your instructor will respond only to student correspondence sent via Patriot E-mail. Please do not contact the instructor via the Canvas messaging system. My email address is sflowers@uttyler.edu Typically, I will be able to respond to your emails within 24 hours Monday – Thursday.

**Note:** make sure that you **do not** send emails to sflowers@patriots.uttyler.edu, as I will not receive these messages.**

**Attendance Statement:** Attendance is expected at all scheduled class sessions. If unable to attend a class, please speak with the instructor beforehand. It is also expected that students will arrive at class on time. Problems with tardiness will be addressed by the instructor individually as needed. **Missing more than one class, or excessive tardiness will result in a student receiving “IP” or “NC” for the class.**

**University Policies**

**Students Rights and Responsibilities.** To know and understand the policies that affect your rights and responsibilities as a student at UT Tyler, please follow this link:

http://www.uttyler.edu/wellness/rightsresponsibilities.php
Grade Replacement/Forgiveness and Census Date Policies. Students repeating a course for grade forgiveness (grade replacement) must file a Grade Replacement Contract with the Enrollment Services Center (ADM 230) on or before the Census Date of the semester in which the course will be repeated. Grade Replacement Contracts are available in the Enrollment Services Center or at http://www.utttyler.edu/registrar. Each semester’s Census Date can be found on the Contract itself, on the Academic Calendar, or in the information pamphlets published each semester by the Office of the Registrar. Failure to file a Grade Replacement Contract will result in both the original and repeated grade being used to calculate your overall grade point average. Undergraduates are eligible to exercise grade replacement for only three course repeats during their career at UT Tyler; graduates are eligible for two grade replacements. Full policy details are printed on each Grade Replacement Contract.

The Census Date is the deadline for many forms and enrollment actions of which students need to be aware. These include:

- Submitting Grade Replacement Contracts, Transient Forms, requests to withhold directory information, approvals for taking courses as Audit, Pass/Fail or Credit/No Credit.
- Receiving 100% refunds for partial withdrawals. (There is no refund for these after the Census Date)
- Schedule adjustments (section changes, adding a new class, dropping without a “W” grade)
- Being reinstated or re-enrolled in classes after being dropped for non-payment
- Completing the process for tuition exemptions or waivers through Financial Aid

State-Mandated Course Drop Policy. Texas law prohibits a student who began college for the first time in Fall 2007 or thereafter from dropping more than six courses during their entire undergraduate career. This includes courses dropped at another 2-year or 4-year Texas public college or university. For purposes of this rule, a dropped course is any course that is dropped after the census date (See Academic Calendar for the specific date). Exceptions to the 6-drop rule may be found in the catalog. Petitions for exemptions must be submitted to the Enrollment Services Center and must be accompanied by documentation of the extenuating circumstance. Please contact the Enrollment Services Center if you have any questions.

Student Accessibility and Resources. In accordance with Section 504 of the Rehabilitation Act, Americans with Disabilities Act (ADA) and the ADA Amendments Act (ADAAA) the University offers accommodations to students with learning, physical and/or psychiatric disabilities. If you have a disability, including non-visible disabilities such as chronic diseases, learning disabilities, head injury, PTSD or ADHD, or you have a history of modifications or accommodations in a previous educational environment you are encouraged to contact the Student Accessibility and Resources (SAR) office and schedule an interview with the Accessibility Case Manager/ADA Coordinator, Cynthia Lowery Staples. If you are unsure if the above criteria applies to you, but have questions or concerns please contact the SAR office. For more information or to set up an appointment please visit the SAR office located in the University Center, Room 3150 or call 903.566.7079. You may also send an email to cstaples@uttyler.edu

Student Absence due to Religious Observance. Students who anticipate being absent from class due to a religious observance are requested to inform the instructor of such absences by the second class meeting of the semester.

Student Absence for University-Sponsored Events and Activities. If you intend to be absent for a university-sponsored event or activity, you (or the event sponsor) must notify the instructor at least two weeks prior to the date of the planned absence. At that time the instructor will set a date and time when make-up assignments will be completed.

Social Security and FERPA Statement. It is the policy of The University of Texas at Tyler to protect the confidential nature of social security numbers. The University has changed its computer programming so that all students have an identification number. The electronic transmission of grades (e.g., via e-mail) risks violation of the Family Educational Rights and Privacy Act; grades will not be transmitted electronically.
Emergency Exits and Evacuation. Everyone is required to exit the building when a fire alarm goes off. Follow your instructor’s directions regarding the appropriate exit. If you require assistance during an evacuation, inform your instructor in the first week of class. Do not re-enter the building unless given permission by University Police, Fire department, or Fire Prevention Services.

Student Standards of Academic Conduct. Disciplinary proceedings may be initiated against any student who engages in scholastic dishonesty, including, but not limited to, cheating, plagiarism, collusion, the submission for credit of any work or materials that are attributable in whole or in part to another person, taking an examination for another person, any act designed to give unfair advantage to a student or the attempt to commit such acts.

i. “Cheating” includes, but is not limited to:
- copying from another student’s test paper;
- using, during a test, materials not authorized by the person giving the test;
- failure to comply with instructions given by the person administering the test;
- possession during a test of materials which are not authorized by the person giving the test, such as class notes or specifically designed “crib notes”. The presence of textbooks constitutes a violation if they have been specifically prohibited by the person administering the test;
- using, buying, stealing, transporting, or soliciting in whole or part the contents of an unadministered test, test key, homework solution, or computer program;
- collaborating with or seeking aid from another student during a test or other assignment without authority;
- discussing the contents of an examination with another student who will take the examination;
- divulging the contents of an examination, for the purpose of preserving questions for use by another, when the instructors has designated that the examination is not to be removed from the examination room or not to be returned or to be kept by the student;
- substituting for another person, or permitting another person to substitute for oneself to take a course, a test, or any course-related assignment;
- paying or offering money or other valuable thing to, or coercing another person to obtain an unadministered test, test key, homework solution, or computer program or information about an unadministered test, test key, home solution or computer program;
- falsifying research data, laboratory reports, and/or other academic work offered for credit;
- taking, keeping, misplacing, or damaging the property of The University of Texas at Tyler, or of another, if the student knows or reasonably should know that an unfair academic advantage would be gained by such conduct; and
- misrepresenting facts, including providing false grades or resumes, for the purpose of obtaining an academic or financial benefit or injuring another student academically or financially.

ii. “Plagiarism” includes, but is not limited to, the appropriation, buying, receiving as a gift, or obtaining by any means another’s work and the submission of it as one’s own academic work offered for credit.

iii. “Collusion” includes, but is not limited to, the unauthorized collaboration with another person in preparing academic assignments offered for credit or collaboration with another person to commit a violation of any section of the rules on scholastic dishonesty.

iv. All written work that is submitted will be subject to review by SafeAssignTM.

UT Tyler Honor Code. Every member of the UT Tyler community joins together to embrace: Honor and integrity that will not allow me to lie, cheat, or steal, nor to accept the actions of those who do.

Students Rights and Responsibilities. To know and understand the policies that affect your rights and responsibilities as a student at UT Tyler, please follow this link:
http://www.uttoylert.edu/wellness/rightsresponsibilities.php
Campus Carry. We respect the right and privacy of students 21 and over who are duly licensed to carry concealed weapons in this class. License holders are expected to behave responsibly and keep a handgun secure and concealed. More information is available at http://www.uttyler.edu/about/campus-carry/index.php

UT Tyler a Tobacco-Free University. All forms of tobacco will not be permitted on the UT Tyler main campus, branch campuses, and any property owned by UT Tyler. This applies to all members of the University community, including students, faculty, staff, University affiliates, contractors, and visitors. Forms of tobacco not permitted include cigarettes, cigars, pipes, water pipes (hookah), bidis, karets, electronic cigarettes, smokeless tobacco, snuff, chewing tobacco, and all other tobacco products. There are several cessation programs available to students looking to quit smoking, including counseling, quitlines, and group support. For more information on cessation programs please visit www.uttyler.edu/tobacco-free.

UT Tyler Resources for Students
- UT Tyler Writing Center (903.565.5995), writingcenter@uttyler.edu
- UT Tyler Tutoring Center (903.565.5964), tutoring@uttyler.edu
- The Mathematics Learning Center, RBN 4021, this is the open access computer lab for math students, with tutors on duty to assist students who are enrolled in early-career courses.
- UT Tyler Counseling Center (903.566.7254)

College of Education and Psychology Mission Statement:
Vision. The College of Education and Psychology is nationally recognized and respected for its academic programs and opportunities. It is a center of academic excellence, scholarly inquiry, and public service. The College prepares leaders to meet the critical challenges of the 21st Century, to make significant contributions to local and global communities, and to work toward individual and cultural equity.

Mission. The mission of the College of Education and Psychology is to provide a positive environment that fosters the acquisition of knowledge and skills. The mission is individually and collectively realized through a community of scholars that contributes to knowledge through scholarly inquiry, organizes knowledge for application, understanding and communication, and provides leadership and service. Additionally, the College is committed to affirming and promoting global perspectives, cultural diversity, social justice, ethical practice and respect for individual differences as a means of enhancing learning, service, leadership and scholarship.

Clinical Mental Health Counseling Program Mission Statement. The Master of Arts in Clinical Mental Health Counseling (CMHC) is intended to prepare students to counsel persons experiencing psychological disturbance due to developmental, educational, career, cognitive, emotional, behavioral, cultural, relational, or environmental issues. Students develop competencies in diagnosis and assessment, evidence-based counseling/psychotherapy techniques, group processes, human development, cultural diversity, and career counseling. Students who complete their degrees and meet state certification or licensing requirements may be employed in a variety of mental health settings.
APPENDIX A
READING REFLECTION

For each week where there is assigned readings, please complete one reading reflection for all of the readings. Before class, upload to the weekly canvas module (also bring a print out to class) and include the following:

1. Summarize 2 key points/themes/topics of interest to you. Each key point should focus on the information you read (the content) and the reason this interested you.

2. Generate 2 (thoughtful) questions/issues/concerns you are left with after the readings (these will be used during class as part of our class discussion).

Be sure to include the titles and authors at the beginning of each of your reflections.
# APPENDIX B
## COUNSELING SKILL EVALUATION / ROLE PLAY REFLECTION

<table>
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<th>Tape #: ______________</th>
<th>Date: __________</th>
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<td>(e.g., eye contact, facilitative</td>
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<td>body position)</td>
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<td>to stay with your clients topic)</td>
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<td>Activity/Summarization</td>
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FLOWERS – COUN 5392

Role Play Reflection Questions:

Three phrases to describe how you felt before the session:

Three phrases to describe how you felt during the session:

Three phrases to describe how you felt after the session (or when reviewing):

Things I learned about myself personally or professionally:

Provide at least a one paragraph response to each question (one paragraph is 5-7 sentences)

1. What did you do well (areas of strength) as the counselor during the session?

2. What are some areas which you can improve (areas for growth) on in the next session? How do you think these areas will impact the counseling session?

3. My plan of action to address areas of growth and continue to grow personally and professionally
APPENDIX C
SESSION PROGRESS NOTE

Date: ______  Client: ___________________________  Counselor: ____________

Session #: ______  Time: _______ am / pm (___ on time; ___ late ___ minutes)

Reason for Counseling/Presenting Concern: __________________________________________________________
Diagnosis (if applicable): __________________________________________________________________________

Subjective: ______________________________________________________________________________________
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Next appointment:  Date: _______________  Time: _______________

Counselor Signature (with credentials)/Date  Supervisor Signature (with credentials)/Date
FLOWERS – COUN 5392

COUN 5392 Student Information Sheet

Name (and preference): _______________________________________________________

Program Track/Major: _______________________________________________________

Telephone number(s): _______________________________________________________

Email address (UT Tyler): ___________________________________________________

Email address (Gmail): _____________________________________________________
(For Google calendar clinic scheduling)

Current Job Title/Employer: ________________________________________________

* Guiding theory / theoretical orientation to counseling: _________________________
________________________________________________________________________

* Ideal counseling work setting (e.g. school, agency, private practice, etc.) after graduation:
________________________________________________________________________

* Ideal counseling client population (e.g. adolescents, couples, families, adults) after graduation:
________________________________________________________________________

Other counseling courses you have successfully completed prior to this course:
________________________________________________________________________

What other course(s) are you taking along with this course this semester?
________________________________________________________________________

*What do you hope to gain/learn from the experience of taking this course (right before practicum)?

What questions do you have for the professor?

Is there anything else that I need to know about you to help me to teach you more effectively?