CURRICULUM VITAE

Olga V. Berkout
Assistant Professor
University of Texas at Tyler
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LICENSURE & CERTIFICATIONS

Licensed Psychologist Texas #37551

EDUCATION & TRAINING

Computer Science Coursework	Del Mar College C++ fundamentals of structured and object-oriented programming	2019-2020
Research Fellowship	NIMH-T32 National Research Scholar Award Western Psychiatric Institute & Clinic University of Pittsburgh School of Medicine Research Mentors: David J. Kolko, Ph.D., ABPP, Howard Aizenstein, M.D., Ph.D.	2014-2016
Clinical Internship	University of Vermont Clinical Psychology Internship Program	2013-2014
Ph.D.	University of Mississippi Clinical Psychology Advisor and Dissertation Chair: Alan M. Gross, Ph.D. Doctoral Dissertation: *Identifying dysfunction in persistent social deviance: Perspective taking as a mediator of the relationship between psychopathy and social aggression*	2014
M.A.	University of Mississippi Clinical Psychology Thesis Chair: Alan M. Gross, Ph.D. Master's Thesis: *The impact of relationship context on evaluations of the sexual behavior of men and women*	2011
B.A.	University of Maryland, College Park Psychology	2007

EMPLOYMENT

Assistant Professor	University of Texas at Tyler	2020-Present
Assistant Professor	Texas A&M Corpus Christi	2016-2020

T32 Postdoctoral Research Scholar	Western Psychiatric Institute & Clinic, University of Pittsburgh School of Medicine	2014-2016

CURRENT GRANT SUPPORT

PAST GRANT SUPPORT

Title: Automated Assessment of Psychological Flexibility in Unstructured Text Data: Development and Validation of the PsychFlex Dictionary
Date: 08/01/2018-07/31/2019
Funding Source: Texas A&M University Corpus Christi
Amount: $5,000
Role: Principal Investigator

Title: "Child & Adolescent Mental Health Research"
Funding Source: NIMH, 2T32MH018951-24
Date: 08/01/2014-7/31/2016
Amount (Total Direct Costs): $365,922
PI: David Brent
Role: T32 Trainee

Title: "Characterizing Neurocognitive Dysfunction Among Child Physical Abuse Perpetrators"
Funding Source: Western Psychiatric Institute and Clinic & Magnetic Resonance Research Center, University of Pittsburgh, School of Medicine
Date: 7/25/15-12/27/15
Amount: 10 hours of fMRI scanning time
PI: Olga Berkout
Role: Principal Investigator

Title: "Refugee Children School Impact Grant Program**"**
Funding Source: Vermont Refugee Resettlement Program
Date: 12/01/2013-07/31/2014
Amount (Total Direct Costs): $11,000
PI: Karen Fondacaro, Ph.D.
Role: Grant Coordinator

SUBMITTED GRANT SUPPORT

Title: "Characterizing Neurocognitive Dysfunction and Probing Its Modification Among Aggressive Caregivers"
Funding Source: NICHD
Amount (Total Direct Costs): $618,493
PI: Olga Berkout
Role: Principal Investigator
Outcome: Not funded

Title: Water for Life: Reducing Health Disparities In a Vulnerable Population of Colonia Residents
Funding Source: Robert Wood Johnson Foundation
Amount: $1,134,159
PI: Paul Zimba
Role: Co-Investigator
Outcome: Not funded

Title: Integrated Trust Systematic Understanding of Trust in Automation with Affective Perspective – Development of an Integrated Scale of Trust in Automation
Funding Source: Department of Defense
Amount: $585,727
Role: Co-Investigator
Outcome: Not funded

PEER REVIEWED PUBLICATIONS *denotes student coauthor

1. **Berkout, O.V.,** Cathey, A.J. & Berkout, D.V. (2020). Inflexitext: A program assessing psychological inflexibility in unstructured verbal data. *Journal of Contextual Behavioral Science, 18*, 92-98. https://doi.org/10.1016/j.jcbs.2020.09.002

2. McGuier, E. A., Kolko, D. J., Ramsook, K. A., Huh, A. S., **Berkout, O. V.,** & Campo, J. V. (2020). Effect of primary care provider characteristics on changes in behavioral health delivery during a collaborative care trial. *Academic Pediatrics, 20*(3), 399-404. https://doi.org/10.1016/j.acap.2019.11.008

3. Flynn, M.K., Bordieri, M.J. & **Berkout, O.V.** (2019) Symptoms of social anxiety and depression: Acceptance of socially anxious thoughts and feelings as a moderator. *Journal of Contextual Behavioral Science, 11,* 44-49.

4. **Berkout, O.V.,** Tinsley, D.,* & Flynn, M.K. (2019). A review of anger, hostility, and aggression from an ACT perspective. *Journal of Contextual Behavioral Science, 11,* 34-43. doi:10.1016/j.jcbs.2018.12.001

5. **Berkout, O.V**. & Gross, A.M. (2018). Barriers and opportunities: Examining attitudes towards traditional and mobile health services in a non-clinical sample of Non-Hispanic White and Latino/a undergraduates. *Journal of Technology in Behavioral Science, 3*(4), 253-258. doi:10.1007/s41347-018-0059-1

6. **Berkout, O.V.,** Cathey, A.J., & Kellum K.K. (2018). Scaling-up assessment from a Contextual Behavioral Science perspective: Potential uses of technology for analysis of unstructured text. *Journal of Contextual Behavioral Science*. Advance online publication. doi:10.1016/j.jcbs.2018.06.007

7. Flynn, M. K., Kurz, A. S., & **Berkout, O. V.** (2018). Psychological inflexibility among Hispanic college students: Introducing the 6-item Acceptance and Action Questionnaire for weight-related difficulties. *Journal of Latina/o Psychology.* Advance online publication. doi:10.1037/lat0000110

8. Chen, K., Cheng, Y., **Berkout, O.V**., & Lindhiem, O. (2016). Analyzing proportion scores as outcomes for prevention trials: A statistical primer. *Prevention Science*, *18*(3), 312–321. doi:10.1007/s11121-016-0643-6

9. **Berkout, O. V.** & Kolko, D. J. (2016). Understanding child directed caregiver aggression: An examination of characteristics and predictors associated with perpetration. *Child Abuse & Neglect, 56,* 44-53. 10.1016/j.chiabu.2016.04.004

10. Flynn, M.F., **Berkout, O.V.,** & Bordieri, (2016). Cultural considerations in measurement of psychological flexibility: Validation of the Acceptance and Action Questionnaire-II among Hispanic individuals. *Behavior Analysis: Research and Practice*, *16*(2), 81-93. doi: 10.1037/bar0000035

11. Khalaf, A., Karim, H., **Berkout, O.V.,** Andreescu, C., Tudorascu, D., Reynolds, C.F., & Aizenstein, H. (2016). Altered functional magnetic resonance imaging markers of affective processing during treatment of late life depression, *The American Journal of Geriatric Psychiatry*. http://dx.doi.org/doi: 10.1016/j.jagp.2016.03.012.

12. **Berkout, O. V.,** Gross, A. M., & Young, J. (2014). Why so many arrows? Introduction to structural equation modeling for the novitiate user. *Clinical Child & Family Psychology Review*, *17*(3), 217-229.

13. **Berkout, O. V.,** Gross, A. M., & Kellum K. K. (2013). Behaving badly: A perspective on mechanisms of dysfunction in psychopathy research. *Aggression and Violent Behavior*, *18*(6), 620-629.

14. **Berkout, O. V.** & Gross A. M. (2013). Externalizing behavior challenges within primary care settings. *Aggression and Violent Behavior*, *18*(5), 491-495.

15. **Berkout, O. V**. & Gross, A. M. (2013). Treating attention maintained behavior in a high school student. *Clinical Case Studies*, *12*(4), 322-329.

16. **Berkout, O. V.,** Kim, E. H., Gross, A. M., & Young, J. N. (2012). From the Ivory Tower to an underserved rural population: Overcoming treatment barriers in public schools. *The Behavior Therapist*, *35*(6), 110-113.

17. **Berkout, O. V.,** Young, J. N., & Gross, A. M. (2011). Mean girls and bad boys: Recent research on gender differences in conduct disorder. *Aggression and Violent Behavior, 16*(6), 503–511.

PUBLICATIONS UNDER REVIEW

1. **Berkout, O.V.** & Clair, S.R. (Under Review). Facing the COVID-19 Challenge: Helping Healthcare Workers Cope

2. **Berkout O.V.** (Under Review). Working with values: An overview of representative exercises.

PUBLICATIONS IN PREPARATION

1. **Berkout, O.V.** Psychological inflexibility in a digital world: Interactions with technology use

2. Cathey, A.J. **Berkout, O.V.** Ecological momentary assessment of depression and anxiety in relation to experiential avoidance.

BOOK CHAPTERS

1. Kolko, D. J. & **Berkout, O.V**. (2018) Physical abuse of children. In Kilka, J.B & Conte, J.R. (Eds). *APSAC Handbook on Childhood Maltreatment* (pp. 111-126). Thousand Oaks, CA: Sage.

2. Kolko, D. J. & **Berkout, O.V.** (2017) Child physical abuse. In Gold, S.N. (Ed.), *APA Handbook of Trauma Psychology: Foundations in Knowledge* (pp. 99-115). Washington, DC: American Psychological Association. doi:10.1037/0000019-006

PAPER & PANEL PRESENTATIONS *denotes student coauthor

1. **Berkout, O.V.,** Kozar, B.,* & Hamblin, R.J. (Accepted) A meaningful life while struggling: An examination of valued living in relation to loneliness and depression. In Science of Caring: Examining values in the context of behavioral approach tasks, loneliness, and veteran-centered care. Symposium to be presented at the annual meeting of the Association for Contextual and Behavioral Sciences World Conference (July, 2020 COVID-19 permitting).

2. **Berkout, O.V.,** Miller, M., Cathey, A., Vilardaga, R., & Moran, O., (Accepted). Textible & Flexible, Panel to be presented at the annual meeting of the Association for Contextual and Behavioral Sciences World Conference. Although this panel was accepted, it was not given due to conference limitations associated with changing format to online in response to COVID-19.

3. Hamblin, R.J., **Berkout, O.V.,** & Calvert, B (2019, June). Using functional contextual interventions for private events when private events are hard to name: A pilot study of ACT interventions in youth with Autism and anxiety. In Zelick, K (chair) Cutting edge research on Acceptance and Commitment Therapy and with Children, Adolescents and Parents. Symposium presented at the annual meeting of the Association for Contextual and Behavioral Sciences World Conference, Dublin, Ireland.

4. DeLeon, D.,* **Berkout, O.V.,** & Hamblin, R.J. (2019). Examining the psychological flexibility model in relation to coping with stress among Latinos and Non-Hispanic Whites. Paper presented at Louisiana Mississippi Association for Contextual Behavioral Science, Oxford, MS July, 27, 2019.

5. Bordieri, M., **Berkout, O.V.,** Drake, C., Slater, R., & Weinstein, J.W. (2019). World Domination through Peace, Love, and Skype. Panel presented at Louisiana Mississippi Association for Contextual Behavioral Science, Oxford, MS July, 26, 2019.

6. **Berkout, O.V.,** Cathey, A.J., & Barnes, S.* (2019). PsychFlex: Developing an Automated Assessment of Psychological Flexibility and Its Processes. Paper presented at Louisiana Mississippi Association for Contextual Behavioral Science, Oxford, MS July, 26, 2019.

7. Tinsley, D.T.* & **Berkout, O.V.** (2017). Measuring psychologically flexible behavioral responding to anger provocation. Presented at Southeast Association for Contextual Behavioral Science, Tampa, FL, October 28, 2017.

8. Tinsley, D.,* Barnes, S.,* & **Berkout O.V.** (2017) Interventions at your fingertips: Overcoming treatment barriers through mobile health. Presented at the Texas A&M Corpus Christi Psychology Department Spring Colloquium, Corpus Christi, TX.

9. Abaldaro, R., **Berkout, O.V.,** Drescher, C., Bordieri, M., Boone, M., & Sandoz, E. (2017). CBS in diverse settings: Challenges and opportunities. Panel Presented at Southeast Association for Contextual Behavioral Science, Tampa, FL, October, 27, 2017.

10. James, K. K., Flynn, M. K., **Berkout, O.V.,** Kurz, S. (2016). Weight-related psychological inflexibility among Hispanic college students: Initial validation of the Acceptance and Action Questionnaire for Weight-related Difficulties. Presented at the 14th World Conference for the Association for Contextual and Behavioral Sciences, Seattle, WA.

11. **Berkout, O.V.** & Flynn, M.K. Examining the Psychometric Properties of the Acceptance and Action Questionnaire-II in a Hispanic Sample. (2014). Presented at the 12th World Conference for the Association for Contextual and Behavioral Sciences, Minneapolis, MN.

12. **Berkout, O.V.,** Hamblin, R. J., Fondacaro, K. M., Harder, V. & Capuzzi, D. (2014). Reaching a Diverse Refugee Population: Treatment Engagement Among Individuals Receiving ACT Informed Interventions. Presented at the 12th World Conference for the Association for Contextual and Behavioral Sciences, Minneapolis, MN.

13. Flynn, M.K., **Berkout, O.V.,** & Onato, L. Examination of the Psychometric Properties of Weight-related Adaptations of the Acceptance and Action Questionnaire in a Hispanic Sample. Accepted at the 12th World Conference for the Association for Contextual and Behavioral Sciences, Minneapolis, MN.

14. **Berkout, O.V.,** Kellum, K., Gross, A. M., & Wilson, K. G. (2012). To be the bad man: Perspectives on persistent social deviance. Presented at the 10th World Conference for the Association for Contextual and Behavioral Sciences, Washington, DC.

POSTER PRESENTATIONS

1. James, K.K., Flynn, M.K., **Berkout, O.V.,** & Kurz, S. (2016). Weight-related psychological inflexibility among Hispanic college students: Initial validation of the Acceptance and Action

Questionnaire for Weight-related Difficulties. Presented at the 14th Association for Contextual Behavioral Science World Conference. Seattle, WA.

2. **Berkout, O.V.** & Kolko, D. J. (2015). Understanding children's experience of physical force: Stress, emotion, and parenting skill contributors. Presented at the 15th Annual Department of Psychiatry Research Day, University of Pittsburgh, Pittsburgh, PA.

3. Huh A., Kolko D.J., and **Berkout, O.V.** (2015). Pediatrician characteristics related to referral and on-site treatment for pediatric behavioral health problems. Presented at the 15th Annual Department of Psychiatry Research Day, University of Pittsburgh, Pittsburgh, PA.

4. Darden, M. C., Chin, E., **Berkout, O.,** Drescher, C., Trent, L., Khor, K. L, Seak, R., Loo, A., Romeo, S., & Johnson, L. (2013). Factor Structure and Other Psychometric Properties of the General Self Efficacy Scale in a Malaysian Sample. Poster to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

5. Allen, S., **Berkout, O.V**. & Gross, A. M. (2012). When I feel your pain: Perspective taking and relational aggression among young adults. Poster presentation at the 10th annual meeting of the Association for Contextual Behavioral Science, Washington, DC.

6. Rueff, W. T., **Berkout, O. V.,** Gross, A. M., Young, J. N., & Prins, N. (2011). Evaluations of sexuality: Impact of relationship context and traditional gender roles. Poster presentation at the 45th annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

7. **Berkout, O.,** Schnetzer, L., Heiden, L., Hight, T., Damon, J., & Young, J. (2010, November) *Relationship between loneliness and psychopathology in a large sample of children and adolescents*. Poster presentation at the 44th annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

8. **Berkout, O.,** Kim, E., Heiden, L., Hight, T., Damon, J., & Young, J. (2010, November) *Relationship between suicidality and aggressive behavior in a large adolescent sample.* Poster presentation at the 44th annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

9. Kolivas, E., **Berkout, O.**, & Gross, A.M. (2009, November). *The sexual experiences survey: Endorsement consistency across old and new versions*. Poster presentation at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY

STUDENT RESEARCH SUPERVISED

Hall, H. Gender differences in recognition of ADHD symptoms. In Progress

Tinsley, D. Predictors of brief Acceptance Based and Cognitive Behavioral Based intervention response. Master's thesis chaired. 2018

Munoz, E. Feminist Identity and the Personal Epistemologies of Latina College Students. Master's thesis committee. 2018

Lewis, A.J. The influences of religiosity and mental health stigma on help-seeking behaviors among African American college students. Master's thesis committee. 2018

Barnes, S. Negotiation for meaning: Views on sexual consent in relationships. McNair Scholar project supervisor. 2018

APPOINTMENTS & POSITIONS

Advisory Board Member	Antonio E. Garcia Arts & Education Center	2016-2017
Awards Committee Member	Association for Contextual Behavioral Science	2017-present

CLINICAL EXPERIENCE

Clinician at Western Psychiatric Institute & Clinic, University of Pittsburgh, School of Medicine	-Received training in Alternatives for Families a Cognitive Behavioral Therapy (AFC-CBT), an intervention for high conflict families, and provided clinical service	2015-2016
Assessment Consultant at the University of Vermont, Department of Psychiatry	-Provided consultation to the Howard Center Family Assessment Program -Gathered & interpreted data on child, adolescent, and family function, providing integrative reports based on quantitative assessment information	2013-2014
Therapist at the University of Vermont, Department of Psychiatry	-Provided individual and family therapy grounded in the Vermont Family Based Approach, a framework which integrates evidence based treatment with behavioral interventions aimed at supporting physical function	2013-2014
Therapist at the University of Vermont, Department Psychology	-Provided culturally informed Acceptance and Commitment Therapy (ACT) based treatment to refugees from Somalia, Bhutan, Bosnia, and Iraq, as well as a number of other countries. -Worked to form connections with community agencies serving refugees	2013-2014
Group Co-Leader at University of Vermont, Department Psychology	-Co-led Somali-Bantu Women's Adjustment Group focused on application of ACT based group intervention	2013-2014
Therapist at Communicare	-Provided evidence-based individual therapy to adult clients presenting with mood, anxiety, and anger related difficulties.	2012

Community Mental Health Center		
Adult Therapist at Region IV Community Mental Health Center	-Provided evidence-based individual therapy to adult clients struggling with anxiety disorders, depression, and personality disorder diagnoses.	2010-2011
Behavioral Consultant at Desoto County Public Schools	-Conducted functional behavior assessments (FBAs) in public schools -Created behavior plans responsive to the needs of teachers, school administrators, children, and families	2009-2010

WORKSHOPS, PRESENTATIONS, & CLINICAL TRAINING ACTIVITIES

Presenter	*Acceptance and Commitment Therapy: A third wave cognitive behavioral approach*	Presentation for mental health providers organized by Bayview Behavioral Hospital and the Texas A&M Corpus Christi Student Counseling Center, Corpus Christi, TX 2019
Presenter	*Anxiety and depression in the workplace*	Presentation for the Young Business Professionals Association of Corpus Christi, Corpus Christi, TX 2019
Presenter	*What is this thing called ACT?*	Workshop presented to Texas A&M Corpus Christi Student Counseling Center clinicians. Texas A&M Corpus Christi, Corpus Christi, TX 2019
Presenter	*Introduction to Acceptance and Commitment Therapy*	Workshop offered to Master's level graduate students in clinical psychology. Texas A&M Corpus Christi, Corpus Christi, TX 2018
Workshop Assistant	*Listening with ACT Ears, Seeing with ACT Eyes: Experiential Case Conceptualization* preconference workshop with Kelly G. Wilson	10th annual meeting of the Association for Contextual Behavioral Science, Washington, DC 2012

TEACHING EXPERIENCE

U = Undergraduate G = Graduate * Taught both online and in-person

Assistant Professor at the University of Texas at Tyler	G Applied Therapy II	2020
Assistant Professor Texas A&M Corpus Christi	G Introduction to Psychotherapy	2020
	G Personality Assessment	2017-2019
	U Abnormal Psychology*	2016-2019
	U Forensic Psychology	2018-2019
	U Introduction to Clinical Psychology*	2018-2019
Graduate Instructor University of Mississippi	U Introduction to Psychology	2012-2013

TECHNICAL SKILLS

SPSS
Mplus
Python

COMMUNITY INVOLVEMENT & SERVICE TO THE PROFESSION

Awards Committee Member for Association for Contextual and Behavioral Sciences	2017-2020
Vice President Association for Contextual Behavioral Science Research in Practice Special Interest Group	2019-current
Vice President Women in Machine Learning and Data Science Corpus Christi	2018
Organizer Python to Save the World Corpus Christi	2018
Program Committee Association for Contextual and Behavioral Sciences	2012

AD HOC REVIEWER

- *Frontiers in Psychology* 2019
- *Journal of Latinx Psychology* 2019
- *Journal of Contextual Behavioral Science* 2019, 2020
- *Personality and Individual Differences* 2019
- *Aggressive Behavior* 2019
- *International Journal of Public Administration* 2017
- *Child Maltreatment* 2015

- *Clinical Case Studies* 2015
- *Journal of Abnormal Child Psychology* 2014, 2016
- *Behavior Research and Therapy* 2013
- *Behavior Therapy* 2012
- *Psychology of Violence* 2011
- *Clinical Psychology Review* 2011
- *Journal of Family Violence* 2011

PSYCHOLOGY DEPARTMENT COMMITTEES & COUNCILS

University of Texas at Tyler

Diversity Committee	2020

Texas A&M Corpus Christi

Departmental Oral Exam Grader Texas A&M Corpus Christi	2017-2019
Comprehensive Exam Grader Texas A&M Corpus Christi	2018-2020
Comprehensive Exam Redesign Committee Texas A&M Corpus Christi	2019
Graduate Admission Committee Texas A&M Corpus Christi	2017, 2019
Professional Assistant Professor Search Committee Texas A&M Corpus Christi	2017-2018
Coordinating Board Response Working Group Texas A&M Corpus Christi	2018
Master's Program Redesign Research Group Texas A&M Corpus Christi	2018

COLLEGE LEVEL COMMITEES & SERVICE

Awards Committee, 2019-2020 Chair Texas A&M Corpus Christi	2018-2020

UNIVERSITY LEVEL COMMITTEES & SERVICE

Island Days Texas A&M Corpus Christi	2017, 2019
Research Computing Committee Texas A&M Corpus Christi	2019-2020
Community Panel Interview for Counsellor at University Counselling Center Texas A&M Corpus Christi	2019

PROFESSIONAL REFERENCES

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