Zahide Sunal, Ph.D.

 Department of Psychology and Counseling University of Texas at Tyler
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EDUCATION

Ph.D.	Counselor Education and Supervision (CACREP-Accredited)
	Old Dominion University, Norfolk, VA, Summer 2020
M.C.	Clinical Mental Health Counseling (CACREP-Accredited)
	Arizona State University, Tempe, AZ, Spring 2016
B.A.	Psychological Counseling and Guidance
	Ankara University, Ankara, Turkey, Spring 2012

ACADEMIC POSITION

Assistant Professor

University of Texas at Tyler

RESEARCH EXPERIENCE

Process and Outcome Research Lab (PORL)

Old Dominion University, Norfolk, Virginia

- Collaborating on research projects, manuscripts, and grant proposals with master's and doctoral students as well as faculty under the supervision of Dr. Gulsah Kemer.
- Working as the coordinator of the Perception Analyzer Operation Team.
- Developing and conducting research using Perception Analyzer technology, via collaborations with ODU College of Health Sciences, School of Community and Environmental Health Department for the Operation Smile Project.
- Collaborating with the practicing counselor trainees at an integrated behavioral healthcare community agency, The Ambulatory Care Clinic, to develop a community-based research project, seek external funding, and write a grant project.
- Mentoring master's students interested in conducting research and pursuing a doctoral degree.
- Mentoring doctoral students in navigating through doctoral program and constructing their research agenda.
- Presenting at local, regional, and national conferences.

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Fall 2016 - Present

Fall 2020 - Present

Graduate Research Assistant

Old Dominion University Norfolk Virginia

Old Dominion University, Noriok, Virginia	
Supervisor: Dr. Gulsah KemerSpring 2017 – Fall 2018	
• Worked on the Psychometric Properties of Consultation Skills Scale manuscript.	
Supervisor: Dr. Kristy CarlisleSummer 2017- Fall 2017	
• Worked on the Ethiopian immigrants' beliefs about physical act	ivity manuscript.
Supervisor: Dr. Jeffrey MoeFall 2016 – Spring 2017	
• Conducted literature reviews, contributed to interprofessional ec development research projects.	lucation, and flourishing scale
Supervisor: Dr. Kaprea JohnsonFall 2016 – Summer 2017	
• Conducted literature reviews and contributed to interprofessional	al collaboration research.
• Assisted with counseling students' experience in interprofession manuscript.	al training environments
Supervision Interest Network MemberSpring 2018 – Present	
Association for Counselor Education and Supervision (ACES)	
• Collaborating on a content analysis focusing on the multicultura	l supervision competencies.
Research Team MemberFall 2014 – Fall 2015	
Ege University, Izmir, Turkey	

Ege University, Izmir, Turkey

• Conducted Consensual Qualitative Research (CQR) data coding on Counselor Training and Supervision Practices in Turkey.

PEER REVIEWED PUBLICATIONS

Published

- Kemer, G., Sunal, Z., Li, C., & Burgess, M. (2019). Clinical supervisors' descriptions of effective and less effective supervision. *The Clinical Supervisor*, 38(1), 116-134.
- Kemer, G., Moe, J., Hoquee, K., Goodman-Scott, E., Sunal, Z. & Li, C. (2019). Further validation of the Consultation Skills Scale (CSS): Relationships between consultation skills, supervisory working alliance, and interprofessional collaboration. *The Professional Counselor*, 9(3), 226-237.

Under review

- Sunal, Z., Kemer, G. (Under review). Counselor Education Doctoral Students' Research Self-Efficacy: A Holistic Perspective. *Counselor Education and Supervision*.
- Pope, A., **Sunal, Z.,** Zimmerman, B., & Gantt, A. (Under review). Experiences of Bilingual & Multilingual Counselors: Advantages, Challenges, & Training Implications. *Journal of Counseling and Development*.

Kemer, G., Li, C., Attia, M., Chan, C., Chung, M., Li, D., & Sunal, Z. (Under review). Multicultural Supervision in Counseling: A Content Analysis of Peer-Reviewed Literature. *Counselor Education and Supervision*.

In Progress

- Sunal, Z. (In progress). Research Self-Efficacy in the Training Context.
- Kemer, G., Li, C., & Sunal, Z. (In progress). A conceptual and psychometric review of supervision process and outcome instruments.
- Giresunlu, Y., & Sunal, Z. (In progress). Counselors' Role in Integrated Behavioral Healthcare Teams.
- Sunal, Z., & Giresunlu, Y. (In progress). Counselor Education Doctoral Students' Mentoring experiences.
- Sunal, Z., & Carlisle, K. (In progress). Meta-analysis of internet based cognitive behavioral therapy on mental health problems.
- Sunal, Z. (In progress). Small object use in supervision: An exploratory study.
- Burgess, M., Wilson, G., Kemer, G., Li, C., & **Sunal, Z**. (In progress). School counseling supervisors' supervision cognitions: A concept mapping study.

PEER-REVIEWED PRESENTATIONS

National

- Giresunlu, Y & **Sunal, Z**. (2019, October). Counseling Supervision at Integrated Behavioral Health Settings. Education session presented at the Association for Counselor Education and Supervision Bi-annual Conference, Seattle, WA.
- Li, C., Kemer, G., Sunal, Z., & Giresunlu, Y. (2019, September). A Conceptual and Psychometric Review of Process and Outcome Supervision Measures. Education session presented at the annual meeting of the AARC 2019 Assessment and Research Conference, San Antonio, TX.
- Dominguez-O'Hare, V. & **Sunal, Z.** (2019, March). Women's Experiences Coming Out After Marriage. Roundtable session presented at the ACA 2019 Conference & Expo in New Orleans, LA.
- Sunal, Z., Li, C., Burgess, M., & Kemer, G. (2017, October) Supervisors' Descriptions of Effective and Less Effective Supervision Sessions. Beginning Counselors and Supervisors: First Supervision Experiences. Education session presented at the Association for Counselor Education and Supervision Conference, Chicago, IL.
- Burgess, M., Sunal, Z., Li, C., Giresunlu, Y., Killen, R., Kalafsky, S., & Kemer, G. (2017, October). Beginning Counselors and Supervisors: First Supervision Experiences. Education session presented at the Association for Counselor Education and Supervision Conference, Chicago, IL.
- Li, C., Sunal, Z., & Zhang, Y.C. (2015, October). Experiences of international students in a master of counseling program. Roundtable session presented at the annual meeting of the Association for Counselor Education and Supervision, Philadelphia, PA.

Regional and State

- Sunal, Z., & Giresunlu, Y. (2020, October). Faculty-Student Mentorship in Counselor Education and Supervision. Roundtable session submitted for Southern Association for Counselor Education and Supervision Conference, Baltimore, MD.
- Kemer, G., Colburn, A., Ramaswamy, A., Robert, T., Attia, M., Chung, M., Li, C., Li, D., & Sunal, Z. (2020, October). A content analysis of multicultural supervision literature. Education session submitted for Southern Association for Counselor Education and Supervision Conference, Baltimore, MD.
- Sunal, Z. (2020, February). Graduate Student's Research Self-Efficacy. Education session presented at Virginia Association of Counselor Education and Supervision Annual Conference, Norfolk, VA.
- Sunal, Z., & Giresunlu, Y. (2020, February). Let's Talk About Faculty-Student Mentorship. Education session presented at Virginia Association of Counselor Education and Supervision Annual Conference, Norfolk, VA.
- Sunal, Z., & Giresunlu, Y. (2019, February). International Counselor Trainee's Counseling Self-Efficacy. Education session presented at Virginia Association of Counselor Education and Supervision Annual Conference, Hampton, VA.
- Sunal, Z., & Giresunlu, Y. (2019, February). Tripartite Model Review of the Five Core Areas of Counselor Educator Identity. Education session presented at Virginia Association of Counselor Education and Supervision Annual Conference, Hampton, VA.
- Sunal, Z., Giresunlu, Y. & Li, C. (2019, February). An Example of Research Training Environment Includes Gelso's 10 Ingredients- Process and Outcome Research Lab (PORL). Education session presented at Virginia Association of Counselor Education and Supervision Annual Conference, Hampton, VA.
- Giresunlu, Y., & Sunal, Z. (2019, February). Integrated Behavioral Health for Counseling Profession. Education session presented at Virginia Association of Counselor Education and Supervision Annual Conference, Hampton, VA.
- Kemer, G., Sunal, Z & Li, C. (2018, October). Psychometric Properties of the Consultation Practice Proficiency Scale (CPPS). Education session presented at the Southern Association for Counselor Education and Supervision Conference, Myrtle Beach, SC.
- Sunal, Z., & Li, C. (2018, February). Small Object Use in Supervision: An Exploratory Study. Education session presented at Virginia Association of Counselor Education and Supervision Annual Conference, Lynchburg, VA.
- Sunal, Z., & Li, C. (2018, February). A Glance to Self-Help Support Groups. Education session presented at Virginia Association of Counselor Education and Supervision Annual Conference, Lynchburg, VA.
- Li, C., & Sunal, Z. (2018, February). What Supervisors Can Do to Help Supervisees to Talk More in Supervision? Education session presented at Virginia Association of Counselor Education and Supervision Annual Conference, Lynchburg, VA.
- Sunal, Z., Li, C., & Burgess, M. (2017, February). How to Define the Expert Site Supervisor? Education session presented at Virginia Association of Counselor Education and Supervision Annual Conference, Norfolk, VA.

- Sunal, Z., & Ramrakhiani, S. (2017, February). 'International' Supervision. Education session presented at Virginia Association of Counselor Education and Supervision Annual Conference, Norfolk, VA.
- Ramrakhiani, S., & **Sunal, Z.** (2017, February). Transformative Cross-Cultural Adult Learning Theory in Counselor Education. Education presented at Virginia Association of Counselor Education and Supervision Annual Conference, Norfolk, VA.
- Ramrakhiani, S., & Sunal, Z. (2017, February). Interprofessional Experience and Telehealth in Counselor Education. Education session presented at Virginia Association of Counselor Education and Supervision Annual Conference, Norfolk, VA.

International

- Li, C., Kemer, G., & **Sunal, Z.** (2020, July). How to teach supervision. Roundtable session submitted to the 14th Annual International Interdisciplinary Conference on Clinical Supervision (IICCS) in Chicago, IL.
- Li, C., Kemer, G., & **Sunal, Z.** (2020, July). Supervisory Style. Roundtable session submitted to the 14th Annual International Interdisciplinary Conference on Clinical Supervision (IICCS) in Chicago, IL.
- Giresunlu, Y. Sunal, Z., & Kemer, G. (2020, July). Counselor Trainees' Experiences in Integrated Behavioral Health Supervision (IBH): A Q-Methodology Approach. Poster presentation submitted to the 14th Annual International Interdisciplinary Conference on Clinical Supervision (IICCS) in Chicago, IL.
- Sunal, Z., Li, C., Burgess, M., O'Hare, V. N., & Kemer, G. (2017, June). Descriptions of Expert Site Supervisors. Education session presented at the Thirteenth International Interdisciplinary Conference on Clinical Supervision, Garden City, NY.
- Li, C., **Sunal, Z.,** & Kemer, G. (2017, June). Clinical Supervision for International Students: Challenges and Strategies. Roundtable session presented at the Thirteenth International Interdisciplinary Conference on Clinical Supervision, Garden City, NY.
- Kemer, G., Li, C., & **Sunal, Z.** (2017, June). University and Site Supervision Practices: How complementary they should be? Roundtable session presented at the Thirteenth International Interdisciplinary Conference on Clinical Supervision, Garden City, NY.

GRANT WRITING EXPERIENCE

- Sunal, Z. (2019). Counselor Education Doctoral Students' Research Self-Efficacy: A Concept Mapping Approach. Virginia Association for Counselor Education and Supervision Graduate Student Development Grant. (\$500; Funded).
- Sunal, Z. (2019). Counselor Education Doctoral Students' Research Self-Efficacy: A Concept Mapping Approach. Southern Association for Counselor Education and Supervision Research Grant. (\$500; Not funded).
- Sunal, Z. (2019). Counselor Education Doctoral Students' Research Self-Efficacy: A Concept Mapping Approach. Association for Assessment and Research in Counseling Donald Hood Student Research Grant. (\$500; Not funded).

- Sunal, Z. (2019). Counselor Education Doctoral Students' Research Self-Efficacy: A Concept Mapping Approach. American Counseling Association Foundation Grant Program. (\$400; Not Funded).
- Kemer, G., Pope, A, & Sunal, Z. (2019). *Technology in Supervision*. Old Dominion University Center for Learning and Teaching's 2019 Faculty Innovator Grant Awards (\$1000; Not funded).
- Giresunlu, Y., **Sunal, Z.,** Kemer, G. (2019). *Supervision in Integrated Behavioral Health*. Virginia Counselor Association Foundation. (\$1,000; Not funded).
- Johnson, K. (2017). Master's level counselors and clinical supervisors' experiential training in integrated behavioral care settings. Health Resources Service Administration (HPRS) 2017 Behavioral Health Workforce Education and Training (BHWET; HRSA-17-1070). (\$1,440,000; Funded).
 - Assisted Dr. Johnson with writing and editing the HPRS 2017 Behavioral Health Workforce Education and Training (BHWET; HRSA-17-1070) grant.

TEACHING EXPERIENCE

University of Texas at Tyler

Master's Level Counseling Courses

Instructor

COUN 5292: Helping Relationships and Clinical Interviewing Fal	ll 2020-Present
COUN 5296/5297: Internship I & II Fal	ll 2020-Present
Old Dominion University	
Doctoral Level Counseling Courses	

Co-Instructor

٠	COUN 820: Counselor Education Teaching and Practice	Fall 2019
•	COUN 846: Advanced Counseling Supervision	Spring 2019
٠	COUN 848: Multicultural Counselor Education and Supervision	Spring 2019
٠	COUN 670: Introduction to Counseling Supervision	Fall 2018
٠	COUN 670: Introduction to Counseling Supervision	Summer 2017
Mas	ter's Level Counseling Courses	
Co-l	Instructor	
٠	COUN 633: Counseling and Psychotherapy Techniques	Fall 2019
٠	COUN 670: Introduction to Counseling Supervision	Fall 2018
٠	COUN 631: Counseling for Lifespan Development (Online)	Summer 2018
٠	COUN 633: Counseling and Psychotherapy Techniques	Spring 2018
٠	COUN 650: Theories of Counseling and Psychotherapy	Fall 2017

Instructor HMSV 491: Family Guidance Spring 2020 HMSV 344: Career Development and Appraisal Fall 2019 HMSV 491: Family Guidance Fall 2018 HMSV 346: Diversity Issues in Human Services Spring 2017 • Co-Instructor HMSV 468: Internship in Human Services Summer 2019 HMSV 440W: Program Development, Implementation, and Funding Fall 2018 ٠ HMSV 441: Non-Profit Fund-Raising in Human Services (Online) ٠ Summer 2018 HMSV 440W: Program Development, Implementation, and Funding Spring 2018 ٠ HMSV 491: Family Guidance (Online) Summer 2017 ٠

• COUN 670: Introduction to Counseling Supervision

HMSV 346: Diversity Issues in Human Services

Undergraduate Human Services Courses

Group Supervision

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- Providing group supervision to nine counseling master's students during their internship.
- Providing group supervision to seven counseling master's students during their skills training.

CLINICAL SUPERVISION EXPERIENCE

Triadic and Group Supervision

Provided triadic and group co-supervision of supervision to twelve doctoral level supervisors while each of them provide supervision to two counseling master's students.

Individual and Triadic Supervision

Provided individual and triadic supervision to five counseling master's students during their practicum training.

Individual and Group Supervision

- Provided individual and triadic supervision to three counseling master's students during their advanced counseling skills training.
- Provided group supervision to six counseling master's students during their advanced counseling skills training.

Individual Supervision

Provided formative and summative feedback on skills, professionalism, and counselor dynamics to three counseling master's students during counseling skills training.

Summer 2018 – Fall 2018

Fall 2020

Fall 2016

Spring 2019

Spring 2017

Fall 2016

Summer 2017

CLINICAL EXPERIENCE

Intern Counselor	Summer 2018
Chesapeake Regional Healthcare Behavioral Health Services, Chesape	eake, VA
• Conducted individual talk therapy.	
Intern Counselor	Spring 2018
New Vita Neurotherapy, Virginia Beach, VA	
• Conducted individual talk therapy.	
• Trained in and conducted neuro therapy under supervision.	
Group Leader	Fall 2017
Old Dominion University, Norfolk, VA	
• Facilitated an interpersonal process group for 10 human services weeks.	s undergraduate students for 11
Intern Counselor	Fall 2015 – Spring 2016
Counseling Services, Arizona State University	
• Conducted individual, group, and couples' therapies under super	rvision.
Group Co-Leader	Fall 2015
As part of CPY 691 Group Intervention course, Arizona State University	sity
• Co-led a group of six graduate students under supervision.	
Intern Counselor	Fall 2015
Arizona State University Welcoming Outreach, Tempe, AZ	
• Provided information and consultation about Counseling Service	es for freshmen.
Intern Counselor	Fall 2015
Arizona State University LGBTQI Outreach, Tempe, AZ	
• Provided information and consultation about Counseling Service	es for LGBTQI individuals.
Practitioner Counselor	Summer 2015
Counselor Training Center, Arizona State University	
• Provided counseling to seven clients with problems that included issues under supervision.	d: depression, anxiety, relational
Intern Counselor	Spring 2012
Kecioren RAM [Guidance and Research Center], Ankara, Turkey	
• Observed and wrote reports on the diagnosis of learning disab	vility and mental disabilities under

• Observed and wrote reports on the diagnosis of learning disability and mental disabilities under supervision.

Intern Counselor

Abidinpasa Primary School, Ankara, Turkey

• Conducted family seminars.

Intern Counselor

Family Court of Justice, Ankara, Turkey

- Interviewed families who were in the process of divorcing to provide documentation to the family court.
- Observed home life and prepared reports for decisions regarding custody of children.

Intern Counselor

Mobil High School, Ankara, Turkey

Administered and interpreted career-counseling tests to high school students.

SERVICE, LEADERSHIP AND ADMINISTRATIVE EXPERIENCE

Southern Association for Counselor Education and Supervision

Emerging Leader

- Over a two-year period, engaging in approximately 40 hours of service via the SACES 2020 conference and on committees, interest networks, review panels, and SACES 2022 conference planning
- Participating in quarterly small group mentoring experiences
- Having the opportunity to participate in large group experiences held concurrent with ACES 2021 and SACES 2022 conferences

Counselor Education and Supervision Program, Old Dominion University

Assistant Director of Admission

Created applicant packages through the graduate admissions database as well as contacting the applicants with incomplete packages and assisting with the assignment of faculty reviews.

Graduate Program Director Assistant

- Communicated with the potential applicants for the master's and doctoral programs.
- Created the listserv for the master's and doctoral program alumni.
- Created and edited yearly first-year doctoral students' cohort booklet.
- Created and edited the recruitment flyers for master's, Ed.S., and doctoral programs.

Doctoral Peer Mentor

• Provided mentorship to first- and second-year doctoral students.

CHS Research Days: Brownbag Series Organizer

Initiated and organizing the Spring series of the CHS Research Days.

Fall 2011 – Spring 2012

Spring 2011

Fall 2018 – Summer 2020

Fall 2018 – Summer 2020

Fall 2020 – Present

Fall 2017- Summer 2020

Spring 2019- Summer 2020

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Job Search Committee Member	Fall 2018 – Spring 2019
• Served in the Faculty Search Committee for the tenure-track and	lecturer of counseling positions.
Graduate Administrative Assistant	Fall 2017 – Spring 2018
• Worked on the HMSV students' internship applications and assign	gnments.
Job Search Workshop Organizer	Fall 2016
Counselor Education and Supervision Program, Old Dominion U	Jniversity.
Chi Sigma Iota Honors Society Omega Delta Chapter, Old Domin	ion University
CSI National Counselor Examination Review- Presenter	Spring 2018
Presented the Multicultural and Social Justice Counseling Comp	etencies Workshop.
Newsletter Editor	Fall 2017 – Spring 2018
• Served as the Chi Sigma Iota Newsletter editor.	
Membership Chair	Fall 2017 – Spring 2018
• Recruited and administered the new members.	
• Editor for the Chi Sigma Iota Newsletter.	
• Organized the new member initiation ceremony.	
Southern Association for Counselor Education and Supervision	
Conference Proposal Reviewer	Spring 2020
Reviewed conference proposals for 2020 Southern Association f Supervision Conference.	or Counselor Education and
Virginia Association for Counselor Education and Supervision	
Conference Proposal Reviewer	Fall 2019
Reviewed conference proposals for 2020 Virginia Association for Supervision Annual Conference.	or Counselor Education and
Association for Counselor Education and Supervision	
Supervision Interest Network Member	Spring 2018 – Present
• Working in the Counselor Education and Supervision (ACES) Standing committee member.	upervision Interest Network as a
Conference Volunteer	October 2015
• Worked for the ACES Conference: Leadership for Culturally Re registration and program management for Career Link.	levant Pedagogy and Practice
Graduate and Professional Student Association, Arizona State Un	iversity
Travel Grant Reviewer	Spring 2015 – Fall 2016
• Reviewed and evaluated grant applications.	

International Student Concerns Committee Member

Advocated for and provided support and services for the international graduate students of Arizona ٠ State University.

Master of Counseling Program, Arizona State University

Peer Mentor

• Provided information and mentoring to three first-year counseling master's students.

Volunteer

- Served at Advocacy & Psychology 101, Arizona Psychological Association Workshop.
- Served at Master of Counseling Program Internship Fair as one of the organizing members.

Arizona Association of Family and Conciliation Courts (AzAFCC)

Conference Volunteer

Served at the Sedona Conference with the theme of "Tomorrow is here: Confronting the Challenges of the Modern Family."

ATTENDED PROFESSIONAL DEVELOPMENT WORKSHOPS

2020	Designing Your Online/Hybrid Content Area Course, ACES Webinar Series 2020
2019	Trauma Informed Teaching in Counselor Education, ACES Webinar Series 2019.
2018	Working from a Conceptual Clinical Supervision Framework: Integrated Behavioral Health (IBH) Example, Old Dominion University, Norfolk, VA.
2018	Microaggressions and the Intersection of Persons of Color, LGBTQ Identities, and People with Disabilities: Implications for Counseling Webinar, Old Dominion University, Norfolk, VA.
2018	NVivo 12 in Action: Introduction to Content Analysis with NVivo , Old Dominion University, Norfolk, VA.
2018	NVivo 12 in Action: Using SPSS to Discover New Insights, Old Dominion University, Norfolk, VA.
2018	NVivo 12 in Action: Teaching Students to Succeed with NVivo , Old Dominion University, Norfolk, VA.
2018	Critical Incident Stress Management (CISM) Group and Individual Training , International Critical Incident Stress Foundation (ICISF), Virginia Beach, VA.
2018	Psychological First Aid Online, The National Child Traumatic Stress Network, Online.
2016	Perception Analyzer Training, Old Dominion University, Norfolk, VA.
2015	Advocacy & Psychology 101, Arizona Psychological Association, Tempe, AZ.
2015	Writing Effectively: Avoiding Plagiarism. Arizona State University, Tempe, AZ.
2014	NVivo Software Training. Arizona State University, Tempe, AZ.

Fall 2015 – Spring 2016

Fall 2015 – Spring 2016

Fall 2015

Fall 2015

- 2015 Graduate Writing Workshop: **Introduction to the Literature Review**. Arizona State University, Tempe, AZ.
- 2015Graduate Writing Workshop: Planning for the Long Term Developing
Work/School/Life Balance and Routine. Arizona State University, Tempe, AZ.
- 2012 Love and Romantic Relationships Activity, Hacettepe University, Ankara, Turkey.
- 2011 **Positive Psychology Training Seminars**, Ankara University Guidance and Psychology Counseling Unit, Ankara, Turkey.
- 2010 **Sexual Health Training Workshop**, Psikolojik Danismanlik ve Rehberlik Dernegi PDR-DER (Guidance and Psychology Counselor Association), Ankara, Turkey.

PROFESSIONAL MEMBERSHIPS

American Counseling Association (ACA)	2015 – Present
Association for Assessment and Research in Counseling (AARC)	2019 - Present
Counselors for Social Justice (CSJ)	2019 - Present
Association for Counselor Education & Supervision (ACES)	2015 – Present
Southern Association for Counselor Education & Supervisions (SACES)	2016 - Present
Western Association for Counselor Education & Supervisions (WACES)	2014 - 2016
Chi Sigma Iota, Counseling Honor Society (CSI)	2016 - Present
National Center for Faculty Development and Diversity (NCFDD)	2016 - Present
Virginia Counselors Association (VCA)	2016 - Present
Association for Lesbian, Gay, Bisexual & Transgender Issues in Counseling	2017 - Present

HONORS, GRANTS, AWARDS & FELLOWSHIPS

2020-2022	Emerging Leader Fellow, Southern Association of Counselor Education & Supervision
2019	CSI Outstanding Research Award, Old Dominion University
2019	VACES Graduate Counseling Student Development Grant
2018	CSI Outstanding Doctoral Student Award, Old Dominion University
2018	CHS Professional Development Scholarship, Old Dominion University
2018	Dean's Travel Grant, Darden College of Education, Old Dominion University
2017	Dean's Travel Grant, Darden College of Education, Old Dominion University
2017	The Group Foundation for Advancing Mental Health tuition scholarship to attend the 2017 75th Anniversary Annual Meeting in New York City
2015	Travel Grant, College of Letters and Sciences, Arizona State University
2015	Travel Grant, College of Letters and Sciences, Arizona State University

- 2014 2016 Masters Fellowship, Republic of Turkey Ministry of National Education, approx.: \$150,000
- 2012 2014 Language Education Fellowship, Republic of Turkey Ministry of National Education, approx.: \$50,000
- 2011 2012 Spring Semester Honor Student, Ankara University
- 2009 2011 Spring Semester Honor Student, Ankara University